



## CATHOLIC DAUGHTERS OF THE AMERICAS

P.O. Box 243953  
Anchorage, Ak 99524-3953

February 2009

Anchorage Court Website: <http://www.orgsites.com/ak/cda1866>

National website: <http://www.catholicdaughters.org/>

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality, and the advancement of human rights and human dignity for all."

### COURT OFFICERS:

Regent:

Linda Fleener  
P.O. Box 220006  
Anchorage, Ak 99522  
243-5688

Vice Regent:

Marilyn McMorrow  
243-7992

Treasurer:

Joan Alles  
349-7151

Financial Secretary:

Dona Boschee  
646-4626

(contact to make membership changes)

Recording Secretary:

Susan Truskett  
272-6910

Court Chaplain

Rev Daniel Hebert  
349-8388

Legislative Chairperson:

Ann Curro

349-3772

Newsletter:

Arlene Romer  
337-1343

Prayer cards & request

Eileen Kramer  
297-7757 or 297-7776

Phone Commettee

Cyndy Schoendaller 345-0135  
Carrie Haskel 243-4438  
Betty Johnson 243-7893  
Geri Kottre 561-8736  
Dottie Prescott 276-1297



## Current Events.

**Feb 11th** monthly meeting, 7pm, St. Benedicts. Program is, "Stroke: Learn the signs", presented by Christie Artuso, MA, RN, CCRN, PCCN, she is director of neuroscience services at Providence and is working to make the signs of stroke as well-known as the signs of a heart attack. Christie's goal is to reach as many Alaskans as possible with her message. "Do you know the signs of stroke and how to identify whether your family member or friend is having one?" ask Christie. "Knowing the signs and being informed can make a life-changing difference"



## Feb 25th, Ash Wednesday Taking Stock of Our Spiritual Life

In the Roman Catholic Church, Ash Wednesday is the first day of Lent, the season of preparation for the resurrection of Jesus Christ on Easter

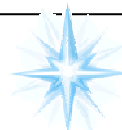
"Remember, man, that thou art dust, and to dust thou shalt return"

Check your parish bulletins for time and information.



SEE LOOKING AHEAD ON THE NEXT PAGE

### Message from Our Regent



Dear Sisters,

Al and I had a good visits in Utah and Texas in December. It is good to be back in Alaska where the winter temperatures are consistent, Cold!

Our January day time meeting at the Senior Center was well attended. Daylight and good company made for a warm & happy gathering. I am so proud to be a part of CDA. You are the heart and hands of our court.

Now is a good time for you to do something for your family members or a friend. February 11, after our regular meeting, Christie Artuso, director of neuroscience services at Providence Alaska Medical Center will present information about stroke-- the signs, what to do and the exciting new technologies available for recovery Plan to attend, we look forward to seeing everyone at this meeting.\.

In Unity and Charity, *Linda*

STILL LOOKING FOR A  
VOLUNTEER FOR OUR  
ANNUAL WOMEN'S DAY  
OF PRAYER. IF YOU ARE  
INTERESTED CALL LINDA ...  
NUMBER ABOVE.

IS THE SPIRIT CALLING YOU?

OUR PRAYER DAYS  
HAVE BEEN VERY  
SUCCESSFUL AND SPIRITUAL  
UPLIFTING.

**DEADLINE: FEB. 28TH,  
ITEMS FOR THE RAFFLE.**

If you know someone that might be interested in donating anything for our annual raffle fund raiser, call Arlene Romer at 337-1343. Last year was a huge success, thanks to all those generous donations, the generous people who sold and bought tickets. Lets do it again.

**March 1, 2pm** OLG RCIA dessert reception served by CDA, Mary Rapp will be chairperson

**April 1st** Chrism Mass

**April 14th** Tuesday instead of Wednesday. CSS Pregnancy Supprrt Baby Boutique Shower

**Easter is April 12th.**

**Reception of new members at Holy Spirit Center is to be changed to May 30th**

**Did you pay your dues?**

Remember your dues are from July to June of each year. They are due in July of each year Thank you to those who have already paid your dues. Some are paid ahead. If your label is highlighted, your dues are now Due. Check the date on your label

\$20.00 a year and call Dona Boschee if you have any questions about your dues 646-4626.

**Are you having a Birthday this Month?  
On behalf of all the members, we wish you a very Happy Birthday.**

February Birthdays that we know of are;



**Carrie Haskell  
Marlene Lynn  
Kathryn Tubb  
Geri Kottre**

**Birthday's are a Gift from God! Open your Present.**  
Help us update our birthdays. If me missed your birthday, let us know or if you know of someone's birthday also.

**PRAYER AND MASS CARDS**

**Pray in thanksgiving for all our answered prayers. (prayers are listed on our website during the month and when prayers are requested. see top of our newsletter for our website)**

**Those asking for prayers in the month of January are:**

Please remember in your prayers Ann Curro who had surgery

Joann White's great grandnephew Tyler had brain surgery last Wednesday at St. Jude Hospital in Memphis where tissue was taken from his tumor for a biopsy. His parents were informed on Friday that the tissue was not "suitable" and Tyler will have to undergo another surgery tomorrow, January 21 to get better tissue. Please keep him and his parents in your prayers.

Leila Nelson's son John Strauss. John has been in the hospital for 3 weeks with advanced MS and was home 5 days when he returned to the hospital. He was completely numb Friday night but has some feeling back but is very weak. Leila's address is 13926 Lake Otis Parkway, Anchorage, AK 99516

Mary Monaghan has been under the weather lately with some health issues. Please remember her in your prayers. Mary's address is 2401 Telequana Drive, Anchorage, AK 99517

please add Chris Tadda in your prayers He was in Mat Su hospital for pneumonia and needs a 'procedure' to clear the rest of the sediment ? out of his lung. It doesn't seem to be draining completely and they may need surgery

Please remember Pat Nightingale in your prayers for healing of leg infection. Pat would love to receive a card from you. Her address is 2426 Redwood Street,, Anchorage, AK 99508

**Continue praying for:**

Please remember Sheila Burgh in your prayers who suffers from ongoing pain and discomfort with various health problems. Sheila is one of the first members of Catholic Daughters when it was established in Anchorage.

Kathy Jellich is requesting prayers for her sister, Janice Jusala. Janice has very aggressive cancer

Continue praying for our members who are confined to their homes with illness or injuries.

Pray for our troops for their dedication and protection. And to help bring our troops safely Home.

Pray for our new adopted child in India

Seema Vishwanath

Please pray for all the souls of the faithful departed in your prayers. Continue praying for the victims of disasters of the world



*Touched by Angels*



*The Lord is faithful to all his promises and loving toward all he has made.*

**Pro-Life News:**

Obama, signed a bill revoking Mexico City Policy for Abortion, which go into effect Jan 22, 2009. Attached is the newsletter from the Catholic Bishops Website. Please read through to be informed.

Did you get a chance to Watch EWTN, ch122 on cable, for the March for Life in Washington.

There also will be an ad in the March for Life Book in Washington for our CDA court

For Pro-Life Issues  
Ann Curro 349-3772  
pbear1@gci.net

## RECIPE OF THE MONTH

Bakes Alaska

How many of us here in Alaska has actually made this dish.

Sent to us by our Region Director from the celebrating America's Love of Food, relishmag.com

Our recipe created by Chef Kirsten Dixon at Alaska's Winterlake Lodge, is a simplified version using purchased pound cake as the Base.

1 (11 oz) pound cake  
1 pint vanilla ice cream 1/2 c. sugar  
2 egg whites 2 Tbl water  
1/2 tsp cream of tartar  
1/2 tsp vanilla extract

1. cut pound cake lengthwise to make 1/2 inch thick slices. Cut 8 circles from slices using a 3 inch round cookie cutter. Place a scoop of ice cream on 4 rounds. Top each scoop of ice cream with the remaining rounds of cake. Press down lightly and, using a knife, smooth away any ice cream that has pressed out the sides. Place on a baking sheet and cover with plastic wrap. Freeze at least 15 min. greased cooking sheet.

2. fill a large saucepan with 1 inch of water. Bring to a simmer. In a double boiler or a metal bowl that will fit over the saucepan, place sugar, egg whites, water and cream of tartar. Set bowl over simmering water and beat with a handheld mixer at low speed, 3 to 5 minutes, until a instant - read thermometer registers 140F.

3. Increase speed to high and continue beating 3 minutes. Remove bowl from heat and beat until cool, about 4 minutes, when peaks form, beat in vanilla, cover with plastic wrap and refrigerate at least 15 min.

4. when ready to assemble, preheat the boiler, remove cakes from freezer, and quickly spread with meringue, swirling to make peaks, Place cakes under boiler, as close to the flame as possible to brown the meringue tips, about 1 minute. Serve immediately . Serves 4.

Recipe courtesy of Winterlake Lodge in Alaska. .

## NATIONAL NEWS

**MEMORARE FOR MEMBERSHIP-** Evelyn Saxton, National Chairman Spiritual Enhancement Believing that through the intercession of the Blessed Virgin Mary, our Patroness, we may obtain assistance in those things for which we ask, let us pray faithfully for the increase in membership of the Catholic Daughters of the Americas that we need to keep our organization vitally alive and growing. For this intention we pray;

**Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of Virgins, my Mother. to you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen.**

**ANNUAL CDA LECTURE - MARCH 15, 2009 -**

**OPPERATION MORNING STAR**

**NATIONAL JCDA SUNDAY - FEBRUARY 22**  
**JCDA CELEBRATES THE CLOSING OF THEIR 82N**  
**ANNIVERSARY YEAR .**

**SEE YOUR SHARE MAGAZINE AND LOOK TO THE**  
**NATIONAL WEBSITE FOR MORE INFORMATION .**

**TWELVE REASONS WHY YOU SHOULD BE A CATHOLIC**  
**DAUGHTER.**

- To unite with 105,000 women in the largest Catholic Organization situated throughout the USA, Puerto Rico, Virgin Islands, Guam, Mexico, Dominican Republic and Saipan.
- To gain an opportunity for personal leadership development
- to do work in the community and your parishes.
- to help promote the Quality of Life
- to have available to yourself and family, scholarships on all levels of education
- To help build future leaders through our Junior Catholic Daughter program
- To help promote the teachings of the Holy Father
- To reap the benefits of our many different insurance programs.
- To receive SHARE, a quarterly magazine which has received several Catholic Press Association awards.
- To enjoy a variety of spiritual, social and cultural activities.
- To be able to get involved in the legislative agendas.
- to enjoy the friendship of many other Catholic women across the country.

DONT FORGET THE 2009 EDUCATION CONTEST  
NATIONAL - STATE- OR LOCAL LEVEL  
INFORMATION WAS IN YOUR LAST NEWSLETTER UNDER  
NATIONAL NEWS.

**DON'T FORGET:**  
**FEBRUARY 14TH IS**  
**VALENTINES DAY**



*Hope your day is beary special...  
just like you!*



Your are cordially invited to a Baby Shower.

For Susan Truskett and her newly adopted little Girl, Markie.

Feb 21st, at 11am,

It will be a Potluck  
Brunch



RSVP



CALL Marilyn at 243-7992

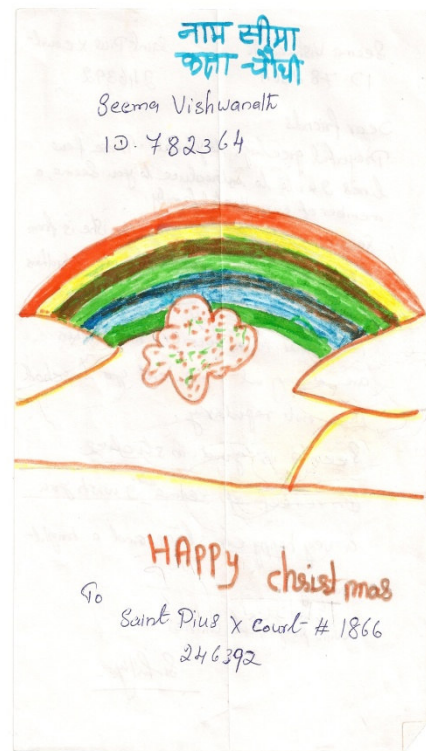
3630 W. 79th Av, off  
Jewel Lake Rd

If you are interested in donating to a group gift, call Marilyn also.



Seema Vishwanath  
 ID: 78 2364  
 Saint Pius X Court-  
 246392

Dear friends,  
 Prayerful greetings to you all. These few lines I write to introduce to you Seema, a member of our Hostel family.  
 Seema is studying in class H. She is from a far away interior village. She has 3 brothers and she is the only girl in the family.  
 Her father is a farmer. Her brothers are staying at home and go to school but not regularly.  
 Seema is good in studies.  
 On behalf of Seema<sup>also</sup> I wish you a very happy Christmas and a bright New year.  
 With prayerful wishes  
 Sincerely  
 Seema



A letter from our newly adopted child. See picture in prior newsletter.

Coming up in April is another financial Review that is required by all courts. More information later and if you are interested in helping with this review, contact Linda.

*Pictures from the Past*



Do you recognize any of these ladies