



MOPS BUCKET

the HOME factor—BEGIN HERE, GO THERE

“...he lives with you and will be in you.”- John 14:17

HAPPY NEW Year!



MOPS meeting:
January 11th
9:30- 11:30 am

JANUARY 2008

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WELCOME HOME: THE PLAY ROOM

A New Year- A New You!
Happy New Year, Ladies! We pray you had a great Christmas! Thanks to everyone who came to our December meeting. We had a great time exchanging ornaments and talking about the REAL meaning of Christmas! Thanks Missy Spahn and Jo Ann Fortson for sharing!
January 11th will be our next

MOPS meeting. At this meeting we will be talking about A New You! We have asked a local physical trainer to come in a give us some tips on becoming healthier while showing us some exercises we can do at home! Be sure to wear comfortable clothes so we can try out our new moves!



WELCOME MAT- INTRODUCING MOPS MOMS

Introducing Lela Hartsaw! Lela is married to Mike and they have two children, Emily (Emmy), 3, and David, 9 weeks. In her spare time, Lela enjoys paper crafts, cooking and bargain hunting!
What is one fact about yourself that most people don't know? It's a miracle that I'm a mom. We had three miscarriages before a year of testing revealed that I have a rare blood clotting disorder called Thrombophilia. Luckily, I was able to endure

twice-daily injections of Heparin to thin my blood enough to sustain a healthy pregnancy... twice.
What did you do before becoming a mom? Sleep whenever I wanted. Run out to the store any time I wanted. I basically took my freedom for granted! As for my previous career? I was a Graphic Designer turned Assisted Living

Activities Coordinator who took her freedom for granted.
What is one piece of advice you would give to another mom? Baby-sit a three-year-old with a cold hyped-up on antihistamines and a newborn with colic AT THE SAME TIME for 24-hours while recovering from major surgery, before committing to being a mom.
continued on next page...



TRIVIA QUESTION!

The Scottish tune *Auld Lang Syne* is a very common song sung after the stroke of midnight. What is the literal translation of the song's *Auld Lang Syne*?

- A. Old Long Ago
- B. Always Remembering You
- C. Another Year Passes
- D. Here We Go Again

Hint: Wikipedia has a translation!

Please e-mail your response to wbbcmops@gmail.com for a chance to be entered for our next raffle at our next meeting.

HOUSEKEEPING-

BIRTHDAYS AND ANNIVERSARIES

- January:**
Jan 6- Jill Garrott
Jan 14- Heather Gillen
Jan 16- Victoria Woodworth
Jan 27- Margaret Kotchey

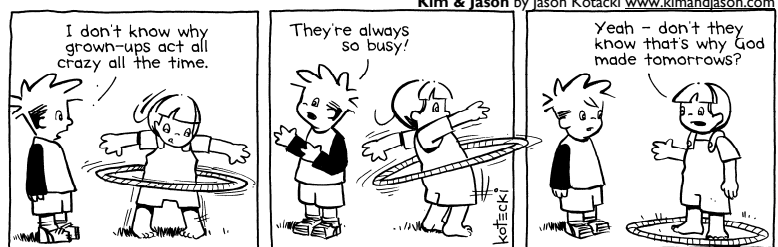
FAMILY BULLETIN BOARD: YOUR FRIENDLY REMINDER!

Chefs: *Backyard Bombshells* (DG Leader- Jamee Burch)

Housekeepers: *Bedroom Beauties* (DG Leader- Margaret Kotchey)

THANKS FOR HELPING OUT, LADIES!

Kim & Jason by Jason Kotacki www.kimandjason.com





THE BACKYARD

- FUN ^{and} Recreation FOR mom!

West Bradenton Baptist CHURCH

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Meeting Times

MOPS

2ND FRIDAY MORNING
9:30—11:30 a.m.

PLAYGROUP AT LEWIS PARK

EVERY THURSDAY MORNING
9:30a.m.—UNTIL

THE Kitchen corner

So quick, simple and delicious!

Savory Baked Cranberry Chicken

Submitted by Grace Hager

- 1 (4lbs.) fryer chicken, cut-up
- 2 tbsp. Wesson oil
- 2 tbsp. minced onion
- 1 can (16 oz.) whole cranberry sauce
- 1 can (8 oz.) Hunt's tomato sauce
- 2 tbsp. red wine vinegar
- 1 tbsp. brown sugar
- 1 tsp. garlic salt
- 1/2 tsp. black pepper

In 13x9x2-inch baking dish, arrange chicken pieces and season,

Whole Foods Market Sarasota Mellow Mondays 5–8 p.m. at , What a great way to start your week. Come to the Specialty Department for a relaxing cheese tasting. call 955-8500, FREE

Women's Resource Center Book Club- 1pm or 7pm, 1926 Manatee Ave W, Bradenton, call for book selections, 747-6797 FREE

Make & Take class the first Thursday of each month from 6:30 - 8:30. Providers and parents can get craft ideas to take home to use with their children. This is for adults only register with Jackie at 745-5949 Ex 3110 , class size is limited to 20. FREE

DIVA night at Espresso Yourself in Bradenton - MORE INFO SOON! this is not a free event, but it sure is fun!

Get Down Downtown—the Third Thursday of each month is ! Old Main Street, Bradenton, 6-10pm, FREE,

if desired. Set aside. In saucepan, heat oil and sauté onion until slightly translucent. Stir in remaining ingredients and simmer 10 minutes. Pour sauce over chicken and cover tightly. Bake chicken at 350°F for about 1.5 hours. Serves 4-6.

I DON'T HAVE ANYMORE RECIPES. IF YOU WANT TO CONTINUE THIS SECTION- I NEED YOUR RECIPES!!!
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----- Trish Graham -----
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Experts were gracious with paper towels and a Mickey Mouse sticker for Miss Em. I was mortified (and had wet feet).

If you were to finish the sentence, "The best thing about being a parent is...", what would you say? ...watching your little ones sleep.

What is your favorite thing to do when you have "me" time? I love to sit in a Starbucks because I adore the aroma or browse a bookstore (preferably one with a Starbucks) or as of late, I just love a nap!
What is something that you have learned as a mom that you could not have learned any other way? I have learned that I am selfish. I may have always known this, but to what extent, I was clueless. Having children changes you in every way.

LELA HARTSAW

What is one thing that you have learned the most from your parent? Always smell the lunch meat before you make the sandwich. My dad always did this. It's a good practice.

What has been your craziest experience with your kids in public? When Emmy was a little over a year old, I took her with me to Home Depot to buy some paint. I thought I was so on top of it by putting her in a fresh diaper before going into the store... well, while we waited in line at the paint counter I felt something splashing onto my flip-flopped feet! Emmy was sitting in the shopping cart and peeing all over the floor! Turned out her diaper was not on quite right! The Paint