

# In the Loop

## Footprints of Faith

By Tessy Fuller

I gazed at the clouds drifting by the window and wondered if I could somehow contain the fluffy apparatus into my pocket. I imagined the face of my curious two-year old daughter as I placed it into her upturned hands. I envisioned that bringing home a cloud in my pocket would somehow make up for the time I would be without her.

As my husband and I prepared for our two week mission trip to Ecuador the "What ifs" continually plagued my mind. I wrestled with guilt, wondering if I was being selfish? What if something happened to us? What would she do without her parents?

Fear threatened to grip my heart. I started to question if I had made the wrong decision to go on this trip. My thoughts were riddled with worries that seemed to be blocking the door God had opened for us.

After spending a lot of time in prayer it dawned on me that this decision was critical on how I would choose to live my life. What kind of legacy did I want to leave behind? Her beautiful brown eyes watch me constantly. Her little mouth imitates my words. Would I want her to live her life in fear of the unknown or let God lead her on a marvelous adventure? As a mother, I knew I had a very important role in setting the



tone for this decision.

Before we left, I wrote the following words to her in a letter that I plan to keep and give to her on her graduation day. "I am about ready to leave for Ecuador on a mission trip, which is part of the journey God has lead me on. I am going to miss you so much. I feel

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## Meet our Mentor Moms

Our featured speaker today is our very own mentor mom, Anne Layton. She was born on a farm in

Harrison County near Cynthia, KY. She grew up with two older brothers and she was the only daughter.

She and her husband came to Lexington in 1958. We can turn to Anne if we need some marriage advice – she and

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## Mentor Moms, cont from page 1

her husband have been married 53 years! They have a son, Mark, and two daughters, Dana and Laura. Mark is married to Carla, lives in Garrard County and is a firefighter with LFUCG and has Elizabeth, 13 and Emily, 11. Dana is married to Sean, lives in Indiana, and has Daniel, 11 and Leah, 9. Laura is married to Rick, lives in Owensboro, has Will, 12, Anna, 10 and Luke, 8.

Anne has a long history with MOPS. She helped

with childcare the first year of MOPS at TCCC. Then the next year she was asked to be a Mentor Mom. So this is the beginning of her 8<sup>th</sup> year in MOPS! Each year Anne loves seeing all the young moms coming to be a part of our group. It is an exciting time, and she is awed at the gifts and talents these young women possess. Many years ago Anne copied this quote and keeps it in her notes from year to year: "I feel my purpose as a MOPS Mentor is the

challenge of teaching, role model, counselor, friend, advisor to MOPS group and steering, caring, listener, and sharing Jesus."

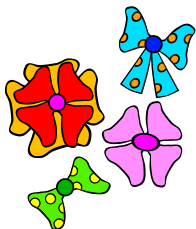
Her address is 2869 Runnymede Way. Her phone number is 859-278-1883 and email address is layton36@insightbb.com.

Please feel free to contact Anne if you need advice, support, listening, or just a friend!

*Please see The Magic of Growing on page 3 for Anne's notes for today.*

Thank you Mentor Moms!!

Thank you to Teresa Geyling for donating a door prize! Please look for her table on display today.



## MOPportunities

### Embroidery

Shannon Dunn 312-5988, sdunn14@hotmail.com

### MaryKay

Theresa Stanley 227-7115, theresastanley@marykay.com

### Southern Living at Home

Kristin Dyson 523-3820, queenof1010@yahoo.com

### Tastefully Simple

Daelena Potter 254-7858, dpotter@insightbb.com

### Arbonne Skin Care

Robin Baskette 278-8150, rbaskett@yahoo.com and Carla Washnock 231-0325, cwashnock@windstream.net

### Hair bows

Teresa Geyling 225-0986, t\_geyling@yahoo.com and Megan Hayden 254-3357, megan.hayden@qx.net

### Silpada Jewelry

Norma States 859-879-8181, nsstates@windstream.net

### Uppercase Living

Teresa Geyling 225-0986, t\_geyling@yahoo.com

### Discovery Toys

Ann Combs 271-8197, macombs2@hotmail.com

### Custom Hat Racks

Cheri Eastwood 543-2210, cherjess@insightbb.com

# Computer land

This year we can stay in touch with an online directory and the Tates Creek Christian Church MOPS Yahoo group.

Once you register for MOPS, you will receive an email invitation to join the TCCC MOPS Yahoo group.

You can continue to use your current email ad-

dress; you do not need to have a yahoo email account in order to join.

Keep in mind that if you hit 'reply' to a message, you will reply to the entire MOPS Yahoo group.

The Yahoo group will

have the directory, the calendar, and other essential communications.

If you do not have a computer or wish to have a paper copy of the directory, please contact

Cathy Cramer.



*If you have not registered to be a part of the TCCC Mops Yahoo group, please register soon so you won't miss out on important announcements and special events!*

## This Month 's Recommended Websites

[www.lookybook.com](http://www.lookybook.com) – preview books online

[www.lfucg.com/envcom/littercard.asp](http://www.lfucg.com/envcom/littercard.asp) Use this site to report a litterbug! LFUCG will mail a notice reminding drivers of the \$500 fine for littering/illegally dumping.

[www.bouncegreeting.com/index.html](http://www.bouncegreeting.com/index.html) – for \$10 you can lift someone 's spirits in a way you never thought before.

[www.3aday.org](http://www.3aday.org) a site about healthy and nutrition

[www.cooksillustrated.com](http://www.cooksillustrated.com) an awesome site full of recipes and 'how to' videos  
( coordinated by Cooks illustrated magazines )

*Have a website you would like to share with other moms? Please email [celenakeeney@yahoo.com](mailto:celenakeeney@yahoo.com) with the web address and brief description.*

# The Magic of Growing

## Mom Growth

- Be teachable
- Create your own personal growth plan
- Hang out with people who stretch you
- Take Risks
- Know when to ask for help
- Turn crisis into opportunity

## Family Growth

- Expect and embrace change
- Give lots of wiggle room
- Learn to work through conflict together
- Practice forgiving each other
- Embrace mistakes
- Talk, Talk, Talk
- Growth through crisis
- Enlarge your family circle
- Celebrate Growth

## Service Tent

Looking for a way to help serve others this holiday season? We have two ways, Operation Christmas Child as well as the Step-by-Step Dinner.

Most of you are probably familiar with Operation Christmas Child, a project of Samaritan's Purse.



You may pick up one of the Operation Christmas Child Shoe Box brochure ( Located on the tables ) and follow the instructions inside. In short, you fill a shoe box ( or a plastic shoe box – sized Sterilite container ) full of presents for a needy child. Specific instructions, as well as a label, are in the brochure. Please return the labeled shoe box at our next MOPS meeting on Tuesday, November 11, 2008.



The Step-by-Step dinner will be held at Immanuel Baptist Church at 6 pm on Thursday evening, November 20 2008. This program is for single moms, and our MOPS group will provide the dinner. A sign up sheet for menu items will be passed around at today's meeting. Questions? Contact Carla at [cwashnock@windstream.net](mailto:cwashnock@windstream.net)

*Thanks to the Pink Discussion Group for provided brunch this morning!  
Next month, November, the Yellow D-Group will provide brunch.*

## First Aid Tent

It's that time of the year for flu shots! The Health Department is offering shots by appointment, walk-in flu shots, and community flu-shot clinics. The cost is \$25 and Medicaid, Medicare B, cash, checks, and credit cards are accepted. Visit [www.lexingtonhealthdepartment.org](http://www.lexingtonhealthdepartment.org) for location and hours.

For even more convenience, you can experience a drive through flu shot. Paragon Family Practice is offering a drive-through clinic at Keeneland Race Course on Monday,

October 20, 2008 between 6 am and 7pm. Cost \$20.00. Cash and credit care accepted; Medicare and Medicaid can be processed on site. Contact [klowery@paragonfamilypractice.com](mailto:klowery@paragonfamilypractice.com) for more information.

The University of Kentucky is also hosting a drive through clinic at the soccer field on Alumni drive Oct 15 and 16, 7:30-3:30. Cost \$25.00

As always, please discuss all vaccines with your doctor!

October is National Breast Cancer Awareness Month!

Two great websites are the <http://nbcam.org> and [www.komen.org](http://www.komen.org) for the Susan G. Komen for the cure website.

Both sites have lots of helpful information on self screening, mammograms and early detection.



## Footprints of Faith, *cont from page 1*

compelled to write you this letter to let you know how much you mean to me. I also want you to understand why this decision to go to Ecuador is so important. I love you with every essence of who I am. From the very first movement in my tummy I vowed to be the best mother I could be. In a few months you will be turning two. You're at the stage where you imitate everything. This provides times of laughter and moments of self-reflection as I see myself mirrored in what you say and do. I know through my every action I am setting an example for you to follow, even if I am unaware of it at times. We all have a choice on how to live and I am choosing a life that is uncertain at times, but one that God intended us to have. A life of service to Him. I am going to help others that have much less than we do. We have been blessed with so much and I feel I

need to give back. I hope I am giving you the best example to follow and that is to live life to the fullest by seizing divine moments on the journey God lays before you."

Tears flowed down my cheeks as I penned each word. With every tear that fell I knew I had made the right choice. I would not let fear reign in my heart. I would not let divine moments God intended for me to have slip into oblivion.

Footprints of faith would be my legacy to her. The years will pass quickly and so will the opportunities to teach her. One day she will leave my home and set out on her own journey. When she gets to this point, I hope I have marked a trail with my life that will inspire her to follow God's direction at every turn.

I am a 28 year old mother of a three year old daughter, Aleigh and one year old twins Ryan and Avery. I

have been married to my husband, a youth pastor, for almost seven years. I love being a mom and serving God in our home church where I teach Sunday School for the 2's and 3's class.



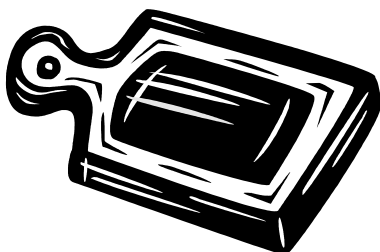
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## Fun and Games

Woodcraft is offering a class called "The Feminine touch" It is a beginning woodworkers class at this



really neat new store over close to Man O' War and Palumbo. In two classes you will make a nice real wood cutting board. The cost is \$65, I believe, for time and materials, which if you have priced the real ones in the store you know this is reasonable. If you are interested please let me know. They have a class sched-

uled for Oct. 23<sup>rd</sup> and Oct. 25<sup>th</sup>, but said that if we had a small group of Moms interested (5 or 6) that we could schedule our own class. I think this would be fun and would make an awesome Christmas gift. Please email me for more information [megan.hayden@qx.net](mailto:megan.hayden@qx.net).

# MOPPET'S Reading Corner

**God Loves Me More Than That** by [Dandi Daley Mackall](#)

Synopsis: As your child revels in each lively rhyme and engaging illustration from this delightful picture book, they'll learn that God loves them deeper than a wishing well, wider than a semi-truck, louder than thunder, and softer than a kitten's sneeze. Each question, presented with charming child-like faith will help your child grasp the great love of God through comparisons and descriptions they can easily understand. In short, they'll discover that His love is bigger, wider, higher, and deeper than anything they could imagine!



**God's Great Big Love For Me: 3:16 - Preschool Edition** by [Max Lucado](#), [Laura Logan](#) (Illustrator))

Synopsis: With colored beads built right in, this board book is the perfect to teach the verse and meaning behind John 3:16 to preschool children.

**That's How Much God Loves You!** (Board book) by [Chris Shea](#) (Illustrator)

Synopsis: God loves many things in so many different ways, but most of all, God loves you.

\*\*These books are available at amazon.com and possibly other sources, but are not listed at any of our local libraries.

*Please check out our library cart (located in the hallway by the food). Feel free to borrow a book and return it next month. We have a selection of books for children, and mom too!*

## ONLINE

I have found a really neat site, well, actually a blog, which provides reviews of Christian books for preschoolers where the books are reviewed by moms. I hope you take a peek.

<http://ccbreview.blogspot.com/search/label/Preschoolers>

You may browse books and reviews by age level, rating or topic or by date posted or search for a title. The reviewer moms describe their work like this: "We're Christian moms who not only love books, but love helping our kids learn to love books! This blog is a labor of love, started because we couldn't find a comprehensive website of Christian children's picture book reviews."

I like that they tell a little about each story, but also let you know what they liked and/or did not like about the book. Then you can use that bit of information to help decide if that is a book you would like to find.

Happy Reading!

Have you read **3** books to your child today?

# KiddieLand

This month, the children in Moppets are learning about God and how much He loves them. With several activities using motions, songs, and pictures, the children are learning that God made us, the world around us and gave us His only Son, Jesus because He loves us so much.

Two important verses for today include:

John 3:16 – *For God so loved the world that He gave his one and only Son, so that everyone who believes in Him will not perish but have eternal life,*

and

1 John 4:7b – *Love comes from God.*

All the children are learning the sign for **love** in the songs and verses by crossing the arms over the chest.

The songs we are singing include:

“God Made the World.” (to the tune of *John Jacob Jingleheimerschmidt*)

**God made the world for you and me.** (point up for God, point to you and me)

**Because He loves us so.** (cross arms on chest for love)

**He created birds in trees** (flap hands)

**And flowers with some bees.**

**Oh yes,** (big nod)

**God made the world for you and me.** (point up for God, point to you and me)

“Jesus Loves Me”

**Jesus** (point up)

**Loves** (cross arms over chest)

**Me** (point to self)

**This I know** (point to head)

**For the Bible** (form open book with hands)

**Tells me so** (point to self)

**Little ones** (put hand out and down like your hand is placed on a child’s head)

**To Him belong** (point up)

**They are weak** (look weak)

**But He is strong** (make strong arms)

**Yes** (nod head)\*

**Jesus** (point up)\*

**Loves** (cross arms over chest)\*

**Me** (point to self)\*

\*repeat three times

**The Bible** (form open book with hands)

**Tells me so** (point to self)



# October 2008



- MOPS regular meetings are 9am-11:15am on the second Tuesday of each month, September through May.
- Oct 23 Mom's Night Out at TCCC 6:30-8:30 pm. Bring your scrap-booking, craft projects, or games and spend time with other Mom's chatting and getting stuff done!
- October 28 Bi-water Farm. 10:00am Come to this awesome farm for a very nice hayride, petting zoo and pumpkin picking. If we have a group of 15 or more, the cost is only \$6 child, \$7 adult. This will include a hayride and a pumpkin for the kids, as well as the petting zoo. If we have less than 15, admission goes up a dollar.
- Oct 23/25 Woodcraft woodworkers class- see note in Newsletter on page 5 under 'Fun and Games.'

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14 MOPS meeting	15	16	17	18
19	20	21	22	23 Mom 's Night Out	24	25 Wood-craft *
26	27	28 Bi-water Farm	29	30	31	

# November 2008

November 5 Amerisport Gymnas-tics 10am- 11am. Join us for some open gym time for crawling through age 5. Run around and get some of the sillies out for only \$5 a child.

Also don't forget to plan a play date with your Discussion Group! It is a great way to get to know Mom's and their kids a little better in a smaller group setting.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Gym-nastics	6	7	8
9	10	11 MOPS meeting	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



Better Moms Make A Better World