



Take Me To Your Leaders

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"For where two or three come together in My name, there I am with them." Matthew 18:20

this issue

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Mission Specialists: All Around Us

Today, we had hoped to hear from two speakers on marriage, but have heard at the last moment that they cannot attend due to serious illness. As this goes to print, I do not know if we have found gracious, willing speakers to stand in for us on the topic.

However, we can still surround ourselves with people who have been successful at marriage and listen to what they say. Here I will let you "listen" to two other people who succeeded in their marriages. They have very different stories that balance each other well.

The first is a woman who came from a loving, close family and created a loving, close family of her own. I will let her share some of the wisdom that she received and that she passed along.

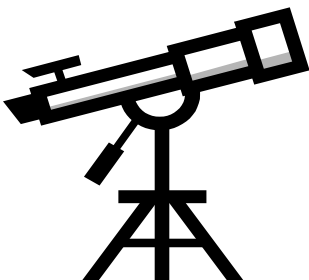
The second is a man, the son of divorce, who determined to make his marriage succeed where his parents' did not. I like his story because it offers hope for those who do not have a solid background and training in marriage from childhood on. But listen to both these people, and consider what they have to say.

The first person I'll write about is my own grandma, "Mamaw." When I was a new bride, she gave me the some of best marital advice out of anyone at the ceremony. She was uniquely qualified to do so,

because she found sixty-seven years with her husband to be not enough years together and mourned him deeply.

I called her on a birthday at the hospital with him in deteriorating health, facing death. I told her that I knew it wouldn't be a good birthday for her, but she told me, "Any day with John is a good day."

A friend who witnessed this second-hand told me that they had found a rare love that few of us could hope to find, that
- continued on page 5



MOPportunities

Tupperware business:

Lori Settles

loristupperware@insightbb.com,

www.my.tupperware.com/

[lorissetles](http://lorissetles.com)

859-492-3299

Karen Tallon Photos

504 Rosemont Garden

Lexington, KY 40503

Karentallon.com

(859) 333-9154

Mary Kay Consultant

Jessica Holbrook

jessholbrook914@hotmail.com

(859) 325-0174

(859) 368-0882

If you, as a MOPS mom, have a home-based business, you can advertize it here for free.

Contact Cathy Cramer at

accstc@yahoo.com or

(859)263-9362

Website for Moms

www.dairycouncilofca.org/

Go to "Tools" and then select

"My Fitness Planner"

Free personalized workout advice



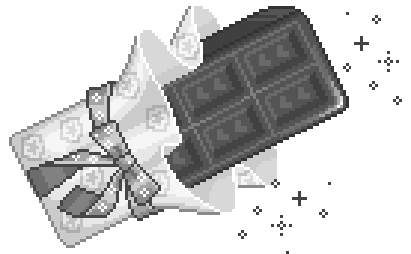
Mission Updates

To make sure you get all updates and reminders on special events and other MOPS happenings, join our website at

<http://groups.yahoo.com/group/tcccmopsmoms/>

This will enable us to send notices directly to your own email. Once you have joined the group, you can send an email to our entire MOPS group, simply by emailing

tcccmopsmoms@yahoo.com



Registration Form + Fee = Sweet Treats

Planning on joining MOPS for the year? You can pay for the whole year at once (\$74) or pay for MOPS International Membership and Fall Semester Fees now (\$49) and pay the Spring Semester Fees (\$25) in January. Please make checks payable to TCCC MOPS.

Please ask for scholarship help if the cost presents a financial hardship. We want everyone to have the opportunity to be a part of MOPS.

When you turn in your registration form and money you will receive a welcome bag with a sweet treat.

Contact Elizabeth Skinner, Finance Coordinator at nicad-liz@windstream.net or 255-0229



Out of This World

Events for Kids around Town (Not associated with MOPS)

Michael Berenstain (Author of **The Berenstain Bears** Series) will be at Crossroads Christian Church (Andover) on Thursday, **November 12** from 12-1pm for preschool ages. Bring a sack lunch and the family as you enjoy a reading of the new "**Give Thanks**" Berenstain Bears book as well as a drawing demonstration, book signing and more! The newest series is available NOW for purchase at the Crossroads Bookstore. This will be **FREE** event! For more information, e-mail jkoerner@xroadschurch.org

Nicholasville Rd. **Chic-Fil-A** is starting a Toddler Time, Mondays 9:30-10:30 with Bible stories and singing.

Little Dipper (Moppet Children)

This month's lesson is "Learning to Share". Our Bible verse for today is "God wants you to share" (adapted from Luke 3:11).

Children will be learning about the story of Elijah and the widow and how God blessed them because the widow shared what she had with Elijah.

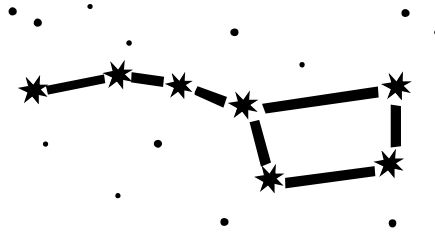
Children will also make puzzles and share them with their friends. They will sing the song below to the tune of "Twinkle, Twinkle, Little Star."

How I, how I love to share
With my neighbors every-
where.
It pleases Jesus when I do.
It makes us happy, me and
you.
How I, how I love to share
With my neighbors every-
where.

Germ Prevention

For a list of 5 germy habits you should break

<http://shine.yahoo.com/channel/health/5-germy-habits-you-should-probably-try-to-break-513645/>



Shoebboxes

Every year, our MOPS group has a tradition of donating Operation Christmas Child shoeboxes of gifts for impoverished children.

They can be donated at our next MOPS meeting in November, so that they can be shipped all over the world to needy children.

If your child is old enough to help pick out toys or art supplies, this is a good project to introduce your children to living globally and caring for others in need. Sometimes, it can be fun to include a picture of your child in the box with the gifts to the recipient child.

For rules as to what kinds of gifts can be donated, (no breakables, toy weapons, food, American emblems, etc.) check out

<http://www.samaritanaspurse.org/index.php/OCC/index/>

Stellar Commendations

Special thanks go to:

Lori Settles Tupperware business for the door prizes last month.

Body Structure-Medical Fitness Facility for the Comprehensive Fitness Package.

Picture People for the 3 picture Frames and 25% coupons

Trade Secret for the coupon for free lip therapy and gift certificate

Merle Norman for the trial size facial products

Bath & Body Works for coupons

WalMart for the gift certificate

Special Thanks to the **Rockin' Rockets Pink Group** for today's brunch.



Good Friends

In kindergarten your idea of a good friend was the person who let you have the red crayon when all that was left was the ugly black one.

In first grade your idea of a good friend was the person who went to the bathroom with you and held your hand as you walked through the scary halls.

In second grade your idea of a good friend was the person who helped you stand up to the class bully.

In third grade your idea of a good friend was the person who shared their lunch with you when you forgot yours on the bus.

In fourth grade your idea of a good friend was the person who was willing to switch square dancing partners in gym so you wouldn't have to be stuck do-si-do-ing with Nasty Nick or Smelly Susan.

In fifth grade your idea of a good friend was the person who saved a seat on the back of the bus for you.

In sixth grade your idea

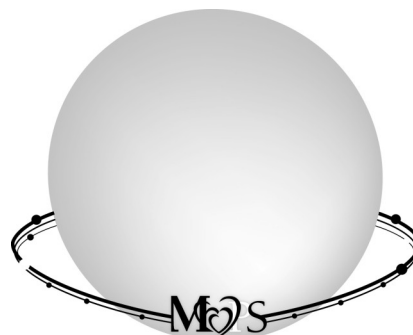


of a good friend was the person who went up to Nick or Susan, your new crush, and asked them to dance with you so that if they said no you wouldn't have to be embarrassed.

In seventh grade your idea of a good friend was the person who let you copy the social studies homework from the night before that you had forgotten to do.

In eighth grade your idea of a good friend was the person who helped you pack up your stuffed animals and old baseball but didn't laugh at you when you finished and broke out into tears.

In ninth grade your idea of a good friend was the



person who would go to a party thrown by a senior so you wouldn't wind up being the only freshman there.

In tenth grade your idea of a good friend was the person who changed their schedule so you would have someone to sit with at lunch.

In eleventh grade your idea of a good friend was the person who gave you rides in their new car, convinced your parents that you shouldn't be grounded, consoled you when you broke up with Nick or Susan, and found you a date to the prom.

In twelfth grade your idea of a good friend was the person who helped you pick out a college/university, assured you that you would get into that college/university, helped you deal with your parents who were having a hard time adjusting to the idea of letting you go.

At graduation your idea of a good friend was the person who was crying on the inside but managed the biggest smile one could give as they congratulated you.

Good Friends
Cont. from page 4

Now, your idea of a good friend is still the person who gives you the better of the two choices, holds your hand when you're scared, helps you fight off those who try to take advantage of you, thinks of you at times when you are not there, reminds you of what you have forgotten, helps you put the past behind you but understands when you need to hold on to it a little longer, stays with you so that you have confidence, goes out of their way to make time for you, helps you clear up your mistakes, helps you deal with pressure from others, smiles for you when they are sad, helps you become a better person, and most importantly loves you!



Mission Specialists

Continued from page 1

Mamaw did not consider caring for him that long a burden, but still a treasured blessing.

That friend's comment surprised me because I have seen such love in several places in my family. Not guaranteed, and certainly not taken for granted. But it exists here and there, and some of it, I think is due to the example and the advice that she had given us.

Now I know that some people try their hardest to make a relationship work and then face the deepest grief of losing someone, not to death, but to divorce. I cannot blame them for things I don't know or understand. I just know that my grandparents had found a way to make a rare lifetime love a reality. Here are four sayings that I remember she has given us.

1. "Never let anything come between you." As newlyweds, honestly, we laughed about this, but thought about it too. What sorts of things might come between people? Schedules? Goals? Habits? Resentments? Fatigue? Something else?

If something does start to come between you, then that something needs to be ad-

dressed together. Even if it's something that can't be resolved completely, (like fatigue or illness), then at least you can face it together and make progress on handling the issue.

2. "I never wanted to push John into saying something he'd regret, or that I'd regret." Yes, problems need to be overcome, but they should be addressed with respect. There is such a thing as going too far. I have heard it said that parents should verbally "fight fair" in front of their kids. I think parents should just verbally "fight fair."

3. "If you see that he's angry, you stay calm," Mamaw told me, pointing her finger at me. "And if you see that she's angry, you stay calm," she said, pointing at my husband. "Only let one of you be angry at a time."

Honestly, my husband does better at this than I do. If I see that he's angry, I can remain calm for a little while, but if it's more than momentarily, I do tend to snap back. We have a strange sort of relationship, though, where this actually works, and he's actually thanked me about it for holding him accountable, even when I know within myself that I have not been tactful.

I think it would be wiser, by far, to follow the principle, "*A gentle answer turns away wrath, but a harsh word stirs up anger.*" - Proverbs 15:1, NIV

4. At my youngest sister's wedding, all the guests had a chance to speak well wishes or advice on camera. My Mamaw told her, "Always

keep Jesus Christ at the center of your lives, and He will help you along life's road." It is true, so very true, and there isn't time or space here to count all the ways that I have found this to be true.

Now I will introduce you to a second person who succeeded in marriage. He started out as the child and grandchild of divorce and so he had to overcome ingrained tendencies and patterns he had seen played and replayed before him. He did this successfully, and as of this writing, he has been married for almost 42 years.

Most people see their parents make mistakes, resolve not to repeat them, but then end up just like their parents or worse. This man analyzed his parents' marriage and came up with seven things he refused to have in his own marriage. He talked about them with his wife before they married, and they have stayed true to their convictions. They have stayed true to their plans regarding them.

1. Don't joke about divorce. He saw his parents joke about divorce long before they considered it as a possibility. But, divorce is not a joke and it should not become entrenched in our minds as a possibility.

2. Whenever his father wanted to resolve an issue, his mother would say, "I don't want to talk about it." So, their son decided that he wanted a marriage where problems and misunderstandings were discussed, and hopefully, resolved. I have found this to be important in other family relationships and friendships as well. Don't let things fester.

3. Another common

phrase that his mother said when she was angry was, "Don't touch me." So, their son decided that he wanted a marriage where they never got so angry they would not touch each other.

4. A major factor in the dissolution of his parents' marriage was substance abuse. In particular, his father's state led him to make inappropriate, embarrassing comments.

Their son decided that even small amounts of alcohol would have no place in his home. This may seem a bit extreme, but in an era where families are so fractured and healthy homes are greeted with skepticism, his home and marriage still are genuinely loving and a haven to all who know them well.

5. Another aspect of the alcohol abuse was that it also led to inappropriate flirting. The son flirts with one woman and one woman only: his wife.

6. He felt like his father did not take much time for him, and so he resolved to spend time with his own children, creating a family bond. This he did before it became a popular thing for fathers to do.

He routinely played sports, board games and card games with his children, read to them, fixed their bikes, made up stories or told memories, watched TV with them and made earthquakes for their baby dolls. He was present for every birthday, every sports game, and cheered them on at every milestone.

Since you come to



MOPS, I know that you are a dedicated mother and that you probably already do most of these types of things with your children, or will when they are old enough. But also encourage your husbands to build relationships with your children, both with and without you.

7. He always wanted church to be a part of their family life. His parents did not do this, although one was a Christian. He is thankful for the foundation that she laid, and yet he wishes that he had grown up in a strong church community, and that he had been able to worship regularly with his family. Those are rich, strengthening experiences that his children have regularly had.

Now I will add my own bit of advice to theirs: find older couples in healthy marriages and surround yourselves with them. Listen to them. Observe them. Think about what you see and hear. Learn.

Even more than that, ask your Heavenly Father about your marriage, and listen, open to His Word, expecting answers. He is, after all, the One Who designed us for marriage.
- Cathy Cramer, *Publicity*



w0001b028 fotosearch.com

Free or Cheap Kids Meal Deals—Tricia Hensley

SUNDAY

Cici's Pizza, Harrodsburg Rd, Winchester Rd & Kohl's Plaza - Nicholasville, Kid's Buffet \$1, 3 years & under always eat for free

Tropical Smoothie Café, 1060 Chinoe Rd #112 - Kroger Center, Free Kids Combo w/purchase of Adult Combo

Tumbleweed Mexican Café, 3231 Nicholasville Rd, Free Kids Meal w/each purchase of Adult Meal

Tumbleweed Restaurant, 3101 Clays Mill Rd, Free Kids Meal w/each purchase of Adult Meal

Steak 'n Shake, 1832 Alysheba Way, for every \$9 spent by an adult, one child eats free

MONDAY

Applebee's, Five Locations, One free meal with every adult meal purchase. Additional kids' meals are \$1

Buffalo Wild Wings, 1080 S Broadway #104 & 3090 Old Todds Rd, 5p-8p, Kids 12 and under \$.99

Caddyshack2, 3650 Boston Rd - Millpond Ctr, Family Sports Bar & Grill, Kids eat free

Chick-fil-A Hamburg, 2nd/4th Mondays 5p-7p - Kids meal free w/each purchase of adult value meal

IHOP, 2306 Palumbo Dr, Kids 12 and under eat free (drink not included) w/purchase of each adult entrée, 4p-8p

Logan's Roadhouse, 1250 S Broadway, 1908 Pavilion Way & 140 Rojay Dr, Kids eat for \$2.99

Max & Erma, 1848 Alysheba Way - Hamburg, Kids eat free all day

Ruby Tuesday, 2101 Harrodsburg Rd & 1808 Alysheba Way, Kids 10 and under eat free w/each paid adult entrée

Smashing Tomato, 3801 Mall Rd #195 & 2200 War Admiral Way #160, Kids eat for \$1.99, 6p-8p

TGI Fridays, 1916 Pavilion Way & 144 Rojay Dr, Kids 3 and younger eat free

TUESDAY

Beef O'Brady's, 3735 Palomar Centre Dr & 129 Towne Center Dr #127 (Off Leestown Rd), One free Kids Meal per adult, 4p - 8p

Bellacino's Pizza, 4371 Harrodsburg Rd, Kids 10 & under eat free w/each adult meal, 5p - 8p

Caddyshack2, 3650 Boston Rd - Millpond Ctr, Family Sports Bar & Grill, Kids eat free

Chick-fil-A Harrodsburg Rd, Kids meal free w/each purchase of adult value meal, 5:30 - 7p

Denny's, 1949 Nicholasville Rd & 1880 Newtown Pike, Two kids meals free, 4p-10p

Fazoli's, 7 locations, Kids' meals are 99 cents w/ purchase of adult entrée, 5p - 8p

Gold Star Chili, 4 locations, Kids 10 and under eat free w/purchase of an adult meal

Golden Corral, 185 E New Circle Rd & 110 Retail Rd, Kids 3 and younger eat for \$1.99

Logan's Roadhouse, 1250 S Broadway, 1908 Pavilion Way & 140 Rojay Dr, Kids eat for \$2.99

Lonestar Steakhouse, 2555 Nicholasville Rd, Kids eat free with purchase of adult entrée

Moe's Southwestern Grill, 141 Rojay Dr & 535 S Upper St, Kids eat free w/each adult combo purchase

Old Chicago Pizza, Hamburg, Kids make own pizza for \$1.99 4p-9p

Penn Station, 4 locations, Order one adult meal and get a free Kids Meal, After 5p

Perkins, 2401 Richmond Rd, Kids eat free all day

Ruby Tuesday, 2101 Harrodsburg Rd & 1808 Alysheba Way, Kids 10 and under eat free w/each paid adult entrée

Texas Roadhouse, 3029 Richmond Rd, Kids 12 and under eat free

TGI Fridays, 1916 Pavilion Way & 144 Rojay Dr, Kids 3 and younger eat free

Tony Roma's, 161 Lexington Green Cir, Kids 12 & under eat free w/each paying adult

Zaxby's, 1772 Sharkey Way, 104 Sand Lake Dr & 531 W New Circle, Kids eat free w/adult entrée purchase, 6p-8p

WEDNESDAY

Caddyshack2, 3650 Boston Rd - Millpond Ctr, Family Sports Bar & Grill, Kids eat free

IHOP, 2306 Palumbo Dr, Kids 12 and under eat free (drink not included) w/purchase of each adult entrée, 4p-8p

Logan's Roadhouse, 1250 S Broadway, 1908 Pavilion Way & 140 Rojay Dr, Kids eat for \$2.99

Ruby Tuesday, 2101 Harrodsburg Rd & 1808 Alysheba Way, Kids 10 and under eat free w/each paid adult entrée

THURSDAY

Caddyshack2, 3650 Boston Rd - Millpond Ctr, Family Sports Bar & Grill, Kids eat free

Captain D's, 167 E. Reynolds Rd, 125 N. Mt Tabor Rd & 245 NW New Circle Rd, Up to 2 Free Kids Meals w/Adult entrée at reg. price

Chick-fil-A Nicholasville Rd, Kids meal free w/each purchase of adult value meal, 5:30 - 7p

El Chico, 3010 Lakecrest Cir - Beaumont Ctr, Kids eat free all day

Ruby Tuesday, 2101 Harrodsburg Rd & 1808 Alysheba Way, Kids 10 and under eat free w/each paid adult entrée

FRIDAY

Cici's Pizza, Harrodsburg Rd, Winchester Rd & Kohl's Plaza - Nicholasville, Kid's Buffet \$1, 3 years & under always eat for free

SATURDAY

Cici's Pizza, Harrodsburg Rd, Winchester Rd & Kohl's Plaza - Nicholasville, Kid's Buffet \$1, 3 years & under always eat for free

Hooters, 3101 Richmond Rd - Kroger Plaza, Kids eat free from until 5pm

Lonestar Steakhouse, 2555 Nicholasville Rd, Kids eat free with purchase of adult entrée, 11a - 4p

Steak 'n Shake, 1832 Alysheba Way, for every \$9 spent by an adult, one child eats free

Upcoming Missions

Upcoming MOPS Events: Denise Bauer

Monday, October 5 – Moms & Kids

Playdate at 10:00am at TCCC in Critterland.

Monday, October 12th – Moms Night Out

Looking for a great way to get to know each other while having lots of fun and some yummy snacks? Join us for BUNCO – no experience necessary!! BUNCO is an easy game you can learn quickly. We'll meet at TCCC at 7:00pm. If you like, bring either a snack or dessert to share! If we don't have enough moms for BUNCO, we'll just make it a regular game night.



Saturday, October 17 – Family event

Join us at 6:00pm for an evening of fun for the whole family. You bring something for our Potluck dinner and we'll bring the ice cream! TCCC – Fellowship Hall on the Lower Level.

Wednesday, October 21 – Moms & Kids

STRANGER DANGER! Join us as at 10:30am at TCCC as one of Lexington's finest talks with our kids. Weather permitting the police officer will have their cruiser available for "inspection" by the kids. Bring a picnic lunch if you like and we'll go to Kirklevington Park after the program for some playtime & lunch.

Tuesday, October 27 – Moms Night Out - LOCATION CHANGE

Cajun anyone? Let's meet at Joe's Bologna's on West Maxwell Street at 6:30 for some yummy dinner. Can't you just taste their breadsticks???!!!!!

Thursday, October 29 – Moms & Kids

We'll meet at Lexington Gymnastics at 10:00am and let the kids have some fun bouncing around. **\$4.00 per child, plus discount if we have more than 10 kids**

Wednesday, November 4 - Moms & Kids Tentative—Psychologist discussion with moms

Playdate at 10:00am at TCCC in Critterland.

Monday, November 9 — Moms Night Out

Looking for a great way to get to know each other while having lots of fun and some yummy snacks? Join us for BUNCO – no experience necessary!! BUNCO is an easy game you can learn quickly. We'll meet at TCCC at 7:00pm. If you like, bring either a snack or dessert to share!

Friday, November 13 — Moms and Kids

Let's hope for just a little more warm weather and plan to meet at Woodland Park at 10:30 for some playtime, bring a picnic lunch if you like. Bad weather back-up plan is the play area at Fayette Mall.

Monday, November 16 — Moms and Kids

Ready to take a trip to the moon? We'll travel (by car, hehe) to the Hummel Planetarium on EKV's campus and join them at 10:45am for "Larry Cat in Space." This program is designed for children Preschool age through second grade. Therefore, older siblings are welcome for this fun adventure! Cost is \$2.50 per child, \$4.00 per adult. Visit <http://www.planetarium.eku.edu/Programs/LarryCatInSpace.htm> for more information on this program. RSVP are needed, payment in advance.

Wednesday, November 18 — Moms Night Out

Let's take some time for ourselves, before the holidays begin! Join us for an evening of fun. We'll start out at 6:30pm with appetizers at P.F. Chang's (or coffee and dessert if you prefer) and then head into the mall for an old fashioned scavenger hunt! Prizes will be awarded to the winners! Teams will be made once sign-ups are done. If you have a preference who is on your team just let me know! If you want to join in for just the scavenger hunt feel free (just let me know!)

Stardate October 2009

Sun Mon Tue Wed Thu Fri Sat

				1	2	3
4	5 Critterland 10:00 AM	6	7	8	9	10
11	12 Bunco 7:00 PM	13 MOPS 9:00 AM	14	15	16	17 Potluck 6:00 PM
18	19	20	21 Stranger 10:30 AM	22	23	24
25	26	27 Joe Bologna 6:30 PM	28	29 Lex Gym 10:00 AM	30	31

November 2009

Sun Mon Tue Wed Thu Fri Sat

1	2	3	4 Critterland 10:00 AM	5	6	7
8	9 Bunco 7:00 PM	10 MOPS 9:00 AM	11	12	13 Woodland Park 10:30	14
15	16 Hummel 10:45 AM	17	18 Scavenger Hunt 6:30	19	20	21
22	23	24	25	26	27	28
29	30	31				