

Name: _____

Date: _____

Mass Etiquette Worksheet

Write True or False in the spaces provided.

- _____ 1- When we enter and leave Church we should do it reverently and respectfully.
- _____ 2- When we enter and leave Church, genuflect toward the Tabernacle.
- _____ 3- You can chew gum at Church and still receive Holy Communion.
- _____ 4- Those who are non-Catholic may come up to receive Holy Communion.
- _____ 5- Only those Catholics who are not in mortal (serious) sin and who have fasted for one hour are welcome to receive Holy Communion.
- _____ 6- Those who are non-Catholic or who cannot receive Holy Communion they may come up to receive a blessing.
- _____ 7- You should make a reverential bow as you step up to receive both the Body and Blood of Christ.
- _____ 8- A profound bow will suffice if one is physically incapable of genuflecting.
- _____ 9- If you are ill, you should not receive from the chalice.
- _____ 10- When the minister says, "Body of Christ" or "Blood of Christ", the response is a clear "Amen!" (which means "I believe!" or "So be it!")
- _____ 11- You do not have to consume the Body of Christ immediately.
- _____ 12- Candies, breath mints, lozenges does not break the fast.
- _____ 13- For no important reason you may leave Mass any time after receiving Holy Communion.
- _____ 14- Cell phones should be turned off during Mass.
- _____ 15- Dress modestly and appropriately to Mass.
- _____ 16- For no important reason you can deliberately arrive late for Mass because it is not considered a sin.
- _____ 17- Leaving church before the last hymn ends is inappropriate.
- _____ 18- Respect for the Eucharist demands that we kneel on our knees without leaning back on the pew.
- _____ 19- If you are ill or disabled, it is acceptable to sit instead of kneeling.
- _____ 20- You do not have to shake hands during the Sign of Peace. It is permissible to politely say, "Peace be with you," without shaking hands.

Answers:

1- True

2- True

3- False- Chewing gum does not break the fast, but it is disrespectful of the Sacred Liturgy and once the juice is swallowed the fast is broken. http://www.ewtn.com/expert/answers/communion_dispositions.htm

4- False

5- True

6- True

7- True

8- True

9- True

10- True

11- False

12- False- The Eucharistic fast is before Holy Communion, not the Mass. It is a fast from food and drink; water is alright, as is medicine. The moral theology tradition teaches that to be food it must be a) edible, b) taken by mouth, and c) swallowed. In addition to breakfast, lunch and dinner, candies, breath mints, lozenges and anything that is put into the mouth to be dissolved or chewed meets these conditions once the dissolved contents are swallowed.

http://www.ewtn.com/expert/answers/communion_dispositions.htm

13- False

14- True

15- True

16- False

17- True

18- True

19- True

20- True