

I confess to almighty God
and to you, my brothers and sisters,

that I have greatly sinned,
in my thoughts and in my words,

in what I have done and in what I have failed to do,

through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,

and you, my brothers and sisters,
to pray for me to the Lord our God.