

# On the Path



The Newsletter of the Southern Maryland Emmaus Community

August, 2009 Walk In the Light Volume 9 Issue 4

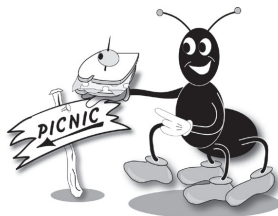
## Emmaus Community-Wide Picnic A Great Success

It was a perfect day for a picnic- blue skies, a slight breeze, hot coals for cooking, all the picnic staples including watermelon, chips, salads, and a great mix of community members, family and friends to share the afternoon together! They came in cars, vans and on motorcycles! There were people new to the community, as well as those who have been members for a longer time. New friendships were started and many laughs shared.

Everyone agreed that the location was great! Gilbert Run Park offered lots of activities which picnic attendees took advantage of, including hiking, various games, and first aid. Door prizes were announced every hour or so giving many an opportunity to beautify their homes with flowers or special DeColores things

. Chrysalis Steering Committee members decorated our site with a colorful banner and shared grilled hot dogs. A special thanks to everyone who attended and made it such a great success, as well as to the picnic planning committee- Chester Willett, Janet Goodwin and June Fauber.

This was our first annual picnic, and we're looking forward to the Second in 2010! Please check future newsletters for more details and plan to attend! More fun can be expected! (Oh, and we won't be sending the ants an invitation!)



**Chrysalis Update - Page 8**

## Community Gathering

The next community wide gathering will be held on August 15, 2009 at Calvary UMC in Waldorf, Maryland, starting at 5:00 p.m. with a pot luck dinner, fellowship, music, and a gathering. Don't forget to wear your agape!

Monthly Local Gatherings are suspended for the duration of 2009 in favor of community wide events.

Watch this space for changes in gatherings for coming months.

## New Board of Directors

There have been many changes to the community Board of Directors as a result of the recent elections, and the expiration of terms for other board members. You can see those changes reflected on pages 4 and 5 of this issue. The community wishes to thank all those departing members for their service, and congratulate those who remain and are joining the board this year.





## Fall Walks - 2009 - West River

**Men's Walk # 33 - November 5 - 8**

**Women's Walk # 34 - November 12 - 15**

Make plans to attend the community events for each walk:

Thursday - Sponsor's Hour - 7:00 p.m.

Saturday - Candlelight - 8:00 p.m.

Sunday - Closing - 4:00 p.m.

**This Week: 8/3/2009**

### Emmaus Community Stats

60 Weekends in

19 States and

2 Countries

22 Women's Weekends and

38 Men's Weekends



Sign up to pray for  
our walks (and others)  
online at:  
[www.3dayol.org](http://www.3dayol.org)

Pilgrim and Team Applications and this newsletter may be downloaded from the  
web at [www.somdemmaus.org](http://www.somdemmaus.org)  
CLICK on "Document, Lists and Newsletters"

## Recurring Events of the Southern Maryland Emmaus Community

### Special community-wide Gathering For August 15, 2009



5:00 p.m. Fellowship 6:00 p.m. Potluck Dinner

7:00 p.m. Worship

Calvary United Methodist Church

Waldorf, Maryland

### 4th Day Seminars

4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar date is November 21, 2009, 4:00 p.m. at Calvary United Methodist Church in Waldorf. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



## Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Mary Ulrey, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Mary. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro  
Co-ed - monthly first Wednesday - 6:00 p.m.

Calvary UMC, Waldorf  
Men Tuesday - 7:15 p.m.  
Women Saturday - 5:00 p.m. at Panera's

First UMC, Laurel  
Men Saturday - 7:00 a.m.  
Women Saturday - 8:30 a.m.

Good Shepherd UMC, Waldorf  
Men Wednesday 6:30 p.m.  
Women Monday 7:30 p.m.  
Women Tuesday 7:30 p.m. (not at church  
call 301-645-5370 for directions)  
Women Wednesday 6:30 p.m.  
Women Tuesday 8:45 a.m. (not at church  
call 301-645-6414 for directions)

La Plata UMC, La Plata  
Women Tuesday 1:00 p.m.

Lexington Park UMC, Lexington Park  
Co-ed Tuesday 7:30 a.m. Bob Evans  
Co-ed Thursday 11:30 a.m. (home setting)

Living Springs Christian Fellowship, Bowie  
Co-ed Tuesday 6:00 p.m.

Naval Air Station, Patuxent River  
Men Wednesdays 11:30 a.m.

Olivet UMC, Lusby  
Monthly on first Monday  
6:30 p.m. at Tony De May's home

Shiloh UMC, Bryans Road  
Co-ed Tuesdays 6:30 p.m.

Waters Memorial UMC, St. Leonard  
Pastors Tuesday 1:00 p.m.

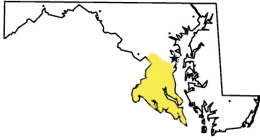
[www.somdemmaus.org](http://www.somdemmaus.org)

**Visit our website.** No need to register at our new website as no personal information is maintained.  
Our webmaster is Pat Knowland



## On the Path

**Deadline for next issue is October 1, 2009.** The preferred method of submission is as an MSWord document file or a WordPerfect file sent via-e-mail to the following address: dbrennan6@verizon.net. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



## Southern Maryland Emmaus - Leadership & Service



**Board of Directors**

*Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.*

Dale Merkle <i>Comm. Lay Director</i>	301-645-6091	Rdcmerk01!@aol.com
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John Carns <i>Treasurer</i>	301-645-4534	carns@comcast.net
Elizabeth Harrell <i>Past Comm. LD</i>	410-535-9608	lunchladyesh@hotmail.com
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Ed Priest <i>Registrar/Pilgrim Selection</i>	301-475-2077	priest1@md.metrocast.net
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Ken Horne <i>Chrysalis</i>	410-551-6115	thekidfrog@comcast.net
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Mary Ulrey <i>Asst. Team Selection</i>	410-326-6446	mulrey@sysplan.com
Vacant <i>Asst. Spiritual Director</i>		
Shelley Wilson <i>Music Director</i>	301-373-8996	shelley@logcabinstudios.tv
Chester Willett <i>Agape Coordinator</i>	301-934-3667	cwillet@khov.com
Rick Pitonyak <i>Asst. Agape Coord.</i>	301-579-6811	Sirpitster@aol.com

## On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published bi-monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of the United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

**Prayer Coordinator**

**Cathy Lavoie**

**lavoie20602@aol.com**



## Southern Maryland Emmaus - Leadership & Service

*Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community members.*

AGAPE Support	Chester Willett	Newsletter	Dan Brennan
Child Care	Janet Goodwin	Communications*	Everett Baker
Community Historian	Jan Drass	Prayer Vigil Coordinator	Sara Martin
Event Coordinator	Vacant	Registrar	Ed Priest
Comm. Spiritual Director	Chris Owens	Reunion Group	Elizabeth Harrell
Entertainment	Dan Brennan	Team Selection Coord.	Sheila Hanson
Facility Representative	June Fauber	Fourth Day Seminar	Elizabeth Harrell
Sponsorship	Elizabeth Harrell	Pilgrim Selection	Ed Priest/Cathy Lavoie
Supply	Diane Walker	Music Director	Shelley Wilson
Comm. Lay Director	Dale Merkle	Prayer Requests	Cathy Lavoie

*\*Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

### It's *Still* Your 4th Day

Regardless of when we experienced our own personal Walk to Emmaus, it's important to remember that it is *still* our 4th Day. Each of us should think back to our weekends, and our 4th Day Seminar, and try to remember how we felt during that period. Are we still excited about Christ? Are we still yearning to do His work? Have we followed through on the promises and dreams we shared with the community at the closing of our weekend?

It helps when we share. It helps when we can hear and read about how others are using their 4th Day. Why not take a moment to write a short note that can be shared with your brothers and sisters which describes your walk today. It can even help to hear about our struggles and challenges as we strive to be more like Christ in our daily lives.

As Editor of the newsletter, I would love to share your stories with the community. Page 3 tells you how to get the stories to me.

De Colores, The Editor

## **CiSM**

Chrysalis in Southern Maryland

Ages 15 to 23

The first weekend Flights for CiSM are getting close and now is the time for the entire Emmaus Community to support our new Caterpillars!

We are in need of your prayers and Agape!

Totals for per flight are  
30 team and 24 Caterpillars.

The dates for the first boys flight will be Oct. 15 - 18.  
We are in need of your prayers and support.

Agape may be left at Gatherings, or given to a member of the Chrysalis Steering Committee

Thank you for your support



## Southern Maryland Emmaus - Prayer Points of Contact

If your church is not listed, please volunteer to be the Prayer POC. Send your name, e-mail address, and telephone number to [dbrennan6@verizon.net](mailto:dbrennan6@verizon.net)

Bowie UMC	Helen McProuty	<a href="mailto:hmcprouty@verizon.net">hmcprouty@verizon.net</a>	301-262-0762
Calvary UMC	Dawn Townsend	<a href="mailto:dawn5babe@gmail.com">dawn5babe@gmail.com</a>	301-843-3315
Cedar Grove UMC	Jacque Benjamin	<a href="mailto:Jacque.benjamin@gmail.com">Jacque.benjamin@gmail.com</a>	410-257-2595
Emmanuel Baptist	Dick Fogg	<a href="mailto:upper12_4us@peoplepc.com">upper12_4us@peoplepc.com</a>	410-257-5015
Emmanuel UMC	Ed Plotts	<a href="mailto:ewpjr@comcast.net">ewpjr@comcast.net</a>	410-535-2992
Dahlgren UMC	Robert Kertesz	<a href="mailto:cardinalpilot177@comast.net">cardinalpilot177@comast.net</a>	301-259-2933
Clinton UMC	June Fauber	<a href="mailto:jfauber610@hotmail.com">jfauber610@hotmail.com</a>	301-292-5483
Corkran UMC			
Faith Bible Church	Wendy Headrick	<a href="mailto:wbheadrick@usa.net">wbheadrick@usa.net</a>	301-475-3278
Faith UMC (Rockville)	Cindy Matter	<a href="mailto:cindymatter03@aol.com">cindymatter03@aol.com</a>	301-926-7830
First UMC (Laurel)	Dave Meixner	<a href="mailto:themeixners@comcast.net">themeixners@comcast.net</a>	301-498-1728
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Bethel UMC	Jan Holmes	<a href="mailto:Janmhol@verizon.net">Janmhol@verizon.net</a>	410-798-8393
Indian Head UMC	Sarah Miller	<a href="mailto:sarahlundmiller@aol.com">sarahlundmiller@aol.com</a>	301-743-2490
La Plata UMC	Bonnie Thompson	<a href="mailto:bonbri@comcast.net">bonbri@comcast.net</a>	301-934-4321
Leonardtwn Baptist Church	Wendy Headrick	<a href="mailto:wbheadrick@usa.net">wbheadrick@usa.net</a>	301-475-3278
Living Springs	Don Richardson	<a href="mailto:dcdaddy@peoplepc.com">dcdaddy@peoplepc.com</a>	
Lexington Park UMC	Kathie Wright	<a href="mailto:kaatrobjas@verizon.net">kaatrobjas@verizon.net</a>	301-862-4048
Marbury Baptist Church	Denise McConnell	<a href="mailto:dmconnell@earthserve.com">dmconnell@earthserve.com</a>	301-743-6995
Mt. Zion UMC	John Carns	<a href="mailto:john.carns@mantech.com">john.carns@mantech.com</a>	301-645-4534
New Life Wesleyan Church	Dona Batten	<a href="mailto:gsuslivs@comcast.net">gsuslivs@comcast.net</a>	301-752-3795
Olivet UMC	Bob Bohn	<a href="mailto:bkbohn@comcast.net">bkbohn@comcast.net</a>	410-326-0645
Providence/Ft. Washington UMC	Rich Weaver	<a href="mailto:rhythmuitar1@hotmail.com">rhythmuitar1@hotmail.com</a>	301-843-2194
St. Paul UMC (Lusby)	Everett Baker	<a href="mailto:everett_baker@verizon.net">everett_baker@verizon.net</a>	410-326-6234
St. Paul's UMC (Leonardtwn)	Wendy Headrick	<a href="mailto:wbheadrick@usa.net">wbheadrick@usa.net</a>	301-475-3278
Shiloh UMC	Peggy Ireland	<a href="mailto:peggy@nam.org">peggy@nam.org</a>	301-375-9678
Smithville UMC	Kathy Massaro	<a href="mailto:snjwalk93@comcast.net">snjwalk93@comcast.net</a>	410-257-1953
South Potomac Church	P.J. Pitonyak	<a href="mailto:LadyPJay@aol.com">LadyPJay@aol.com</a>	301-579-6811
Trinty UMC	Laura Yax	<a href="mailto:lkyax@comcast.net">lkyax@comcast.net</a>	410-535-4665
Trinity Baptist	Karen SMith	<a href="mailto:musicladykaren@yahoo.com">musicladykaren@yahoo.com</a>	301-274-2504
Waters Memorial UMC	Nancy Massie	<a href="mailto:watersumc@hotmail.com">watersumc@hotmail.com</a>	

# BAKELESS BAKE SALE

## For Chrysalis In So Md (CiSM)

*A BAKELESS BAKE SALE.....*

*Just what is that, you say?  
Why, it's something sure  
To brighten your day!*

*These days are so busy  
And it takes time to bake,  
Brownies, pies or cookies,  
Or even a cake.*

*You'd be surprised if you counted the cost,  
Of material, heat and the time you've lost!  
Cooking for sale is extra work,  
Yet nobody really wishes to shirk.*

*So we've thought of a plan that's truly grand  
And feel quite sure you'll understand.  
Decide what you'll bake, maybe a pie or cake.  
Count the cost of ingredients, plus time to make.*

*Place the "DOUGH" in the envelope you see,  
After you seal it, please send it to me.  
Without fuss or bother, you've done your part  
We're sure you will give with a willing heart.*

\*~\*

*Please put your money in the envelope marked "BAKE SALE" and mail it to:  
CiSM  
P.O.Box 25  
Leonardtown, MD 20650*

*by September 30, 2009 at the latest please.*

*Please make checks payable to: "CiSM"*

MANY, MANY THANKS from So Md Emmaus and Chrysalis in So Md



## Chrysalis in Southern Maryland (Cism)

Ages 15 to 18

Flight #1 for CiSM will be the guys, to be held on the weekend of Oct. 15-18. The girls flight has been rescheduled for the spring or 2010.

Now is the critical time for the entire Emmaus Community to concentrate its support for this first team and our new Caterpillars! What a great opportunity we have to sponsor youth from our churches for this very special event for the spiritual formation of our youth! (You think you had a great Walk – youth who have been on a Flight almost unanimously say “it was the best thing I ever did”.)

We are in need of your prayers and Agape as well! Totals for per flight are 30 team and 24 Caterpillars. We also request your prayers in support of the Chrysalis Steering Committee, the Flight team and potential Caterpillars. Agape may be sent to Jane Elliot the Chrysalis Agape Chairperson, Butch Barton, the Agape Coordinator for the Flight, left at Gatherings, or given to a member of the Chrysalis Steering Committee.

Also, mark you calendars for two fantastic events which the total community is encouraged to attend: Friday night candlelight service and Sunday afternoon closing!

Thank you for your support

Ken Horne

### *The Chrysalis Weekend*

#### *Day One*

Faith

A Day of Dying to Christ

Symbol: Caterpillar

#### *Day Two*

Hope

A Day of Rising with Christ

Symbol: Chrysalis

#### *Day Three*

Love

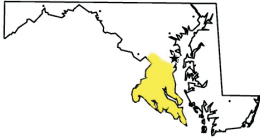
A Day of Flying with Christ

Symbol: Butterfly

## What Is Chrysalis?

Before it becomes a butterfly, a caterpillar goes through a growth stage during which it is called a "chrysalis." On the surface it may not look like much is happening, but the delicate chrysalis process changes the fuzzy caterpillar into an awesome butterfly with wings of intricate designs and intense colors. The chrysalis process symbolizes how Christ can transform you into something beyond your dreams. It happens when you grow beyond yourself, opening your life to Jesus' power and love.

"Chrysalis" is the name chosen for the youth and young adult version of The Walk to Emmaus, its parent movement, because it symbolizes the spiritual growth that is essential between adolescence and adulthood. That growth is as crucial for youth as the cocoon is for the caterpillar. It is that precious time of nurturing a person's faith for discipleship.



“Walk in the Light” - Southern Maryland Emmaus  
Visit us on the web at [www.somdemmaus.org](http://www.somdemmaus.org)

"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:  
[www.somdemmaus.org](http://www.somdemmaus.org)

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## On the Path

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La Plata, Md. 20646

Time Sensitive Material

