



On the Path



The Newsletter of the Southern Maryland Emmaus Community

November, 2010 Walk In the Light Volume 10 Issue 5

Greetings!

The Board Retreat is scheduled for November 5-6 at Camp St. Charles. We will be in prayer as to how serve the community and build up our gatherings. I'd like to thank all of you who responded by answering the survey sent out through the PPOC's, given out at the Gathering, at your Reunion Groups, and taken off the webpage. A special thanks to Pat Knowland for getting it out on the Web Page so quickly for us.

Also, on November 13, several of the new Board members, along with a couple of the "old timers" will be heading to DE for training from our Nashville office. Board members are required to have training once during their three-year term. So, if you say 'yes' to serving on the Board, don't be surprised when you are told that you have to attend some training. It is done in one day and may entail some travel. We'll be leaving about 5:30 a.m. to get to the training site by 8:30 a.m. We are asking for your prayers for safe travels.

Our next several Gatherings will be held at Mt. Zion UMC, 27108 Mt. Zion Church Rd., Mechanicsville, MD. Come and join us there. Just follow Rt. 5 through to Rt 235. It will be on your left as you go south. Coming up from the south, of course, it will be on your right. It's a lovely church in a lovely location.

I look forward to seeing you on November 20 for our Fourth Day Seminar beginning at 4:00 p.m. followed with a potluck meal at 6:00 p.m. and a mini-gathering at 7:00 p.m.

Community Gathering

November 20 at Mt. Zion
United Methodist Church
Potluck at 5:00 Gathering at 6:00

GIVE THANKS is the theme
of the November Gathering

The November Gathering will immediately follow the Fourth Day Seminar which begins at 4:00 p.m.

If you need child care for the November Gathering, please contact Janet Goodwin at janet.goodwin1@gmail.com or phone 301-737-4070.

Special Focus

Giving Thanks!
Turkey will be provided.
See Page 9 for details



See GREETINGS pg. 9





Spring Walks - 2011 - West River

Men's Walk # 39 - May 5 - 8 Women's Walk # 40 - May 19 - 22

Make plans to attend the community events for each walk:
Thursday - Sponsor's Hour - 7:00 p.m. Saturday - Candlelight - 8:00 p.m.
Sunday - Closing - 4:00 p.m.

This Week: 11/1/2010

Emmaus Community Stats

157 Weekends in
31 States and
2 Countries
42 Women's Weekends and
115 Men's Weekends



Sign up to pray for
our walks (and others)
online at:
www.3dayol.org

Pilgrim and Team Applications and this newsletter may be downloaded from the
web at www.somdemmaus.org
CLICK on "Document, Lists and Newsletters"



Recurring Events of the Southern Maryland Emmaus Community Next Gathering November 20, 2010 (following the Fourth Day Seminar)

5:00 p.m. Fellowship & Potluck Dinner 6:00 p.m. Gathering
Mt. Zion United Methodist Church
27108 Mt. Zion Church Road, Mechanicsville, MD.

4th Day Seminars

Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar date will be November 20, 2010, 4:00 p.m. at Mt Zion United Methodist Church in Mechanicsville. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Mary Ulrey, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Mary. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Co-ed - monthly first Wednesday - 6:00 p.m.

Bowie UMC - Old Town Bowie
Co-ed - weekly at 4:15 p.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Wednesday - 5:30 p.m. at Panera's

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.

Good Shepherd UMC, Waldorf
Men Wednesday 6:30 p.m.
Women Monday 7:30 p.m.
Women Tuesday 7:30 p.m. (not at church
call 301-645-5370 for directions)
Women Wednesday 6:30 p.m.
Women Tuesday 8:45 a.m. (not at church
call 301-645-6414 for directions)

La Plata UMC, La Plata
Women Tuesday 1:00 p.m.

Lexington Park UMC, Lexington Park
Co-ed Tuesday 7:30 a.m. Bob Evans
Co-ed Thursday 11:30 a.m. (home setting)

Living Springs Christian Fellowship, Bowie
Co-ed Tuesday 6:00 p.m.

Naval Air Station, Patuxent River
Men Wednesdays 11:30 a.m.

Olivet UMC, Lusby
Monthly on first Monday
6:30 p.m. at Tony De May's home

Shiloh UMC, Bryans Road
Co-ed Tuesdays 6:30 p.m.

Waters Memorial UMC, St. Leonard
Pastors Tuesday 1:00 p.m.

www.somdemmaus.org

Visit our website. No need to register at our new website as no personal information is maintained.
Our webmaster is Pat Knowland



On the Path

Deadline for next issue is January 3, 2011. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via-e-mail to the following address: dbrennan6@verizon.net. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.

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On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published bi-monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of the United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Prayer Coordinator

**Rick Pitonyak
communications
@somedemmaus.org**



Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community members.

AGAPE Support	Dale Merkle	Newsletter	Dan Brennan
Child Care	Janet Goodwin	Communications*	Rick Pitonyak
Community Historian	Connie Wells	Prayer Vigil Coordinator	Sara Martin
Event Coordinator	Carol Barton	Registrar	Cathy Lavoie
Comm. Spiritual Director	Steve Larsen	Reunion Group	Mary Ulrey
Entertainment	Dan Brennan	Team Selection Coord.	Sheila Hanson
Facility Representative	Rick Pitonyak	Fourth Day Seminar	Brenda Smith-Thomas
Sponsorship	Mary Ulrey	Pilgrim Selection	Ed Priest/Cathy Lavoie
Supply	Diane Walker	Music Director	Karen Smith
Comm. Lay Director	June Fauber	Prayer Requests	Everett Baker

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

Living Your Beliefs

The Walk to Emmaus is designed to build up the body of Christ as manifested in congregational life and the Christian community. The walk itself educates and gives us common language but why don't we stop there? It is a great experience and could stand alone but living a Christian life is a journey. A journey where we grow in our faith in an intentional way and that is where reunion groups play an important role.

The reunion group format is prescribed and the service sheet (provided on the walk and available at gatherings) is the model. It is geared for one hour and, according to the Emmaus manual, should be followed. By using the service sheet, all reunion groups worldwide follow the same pattern.

There is a written prayer to open and a prayer of thanksgiving to close. This is the order recommended by the international office for Emmaus. 1. Review the service sheet. It covers our continued spirituality, study and action. 2. Answer the question, at what moment this past week did you feel closest to Christ? 3. At what moment did you feel you were responding to God's call to be a disciple? 4. Was your faith tested this week? 5. Talk about a future plan of action. 6. List any reunion group activities planned. 7. Pray for special needs or individuals. 8. Close with prayer.

Emmaus emphasizes that our spiritual life should include morning devotion, prayer life, worship attendance, Communion and spiritual retreat. As for study, reading of the scriptures on a daily basis is a necessity. It also suggests the reading of religious publications and that we should be regular attendees of worship, Bible study, and Sunday School.

See *BELIEFS* pg. 8



Southern Maryland Emmaus - Prayer Points of Contact

Bowie UMC	Mary Browne	BrowneBUMC@aol.com	301-262-4023
Calvary UMC	Dawn Townsend	dawn5babe@gmail.com	301-843-3315
Cedar Grove UMC	Jacque Benjamin	Jacque.benjamin@gmail.com	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Ed Plotts	ewpjr@comcast.net	410-535-2992
Dahlgren UMC	Robert Kertesz	cardinalpilot177@comast.net	301-259-2933
Clinton UMC	June Fauber	jfauber610@hotmail.com	301-292-5483
Corkran UMC			
Faith Bible Church	Wendy Headrick	wbheadrick@usa.net	301-475-3278
First Saints Community Church	Wendy Headrick	wbheadrick@usa.net	301-475-3278
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Glenn Dale UMC	Kay Smith	Zincdr@aol.com	301-262-0694
Good Shepherd UMC	Linda Flanagan	waldorfangel@gmail.com	301-645-1375
Bethel UMC	Jan Holmes	Janmhol@verizon.net	410-798-8393
Indian Head UMC	Sarah Miller	sarahlundmiller@aol.com	301-743-2490
La Plata UMC	Bonnie Thompson	bonbri@comcast.net	301-934-4321
Leonardtwn Baptist Church	Wendy Headrick	wbheadrick@usa.net	301-475-3278
Living Springs	Don Richardson	dcdaddy@peoplepc.com	
Lexington Park UMC	Kathie Wright	kaatrobjas@verizon.net	301-862-4048
Marbury Baptist Church	Denise McConnell	dmconnell@earthserve.com	301-743-6995
Mt. Zion UMC	John Carns	john.carns@mantech.com	301-645-4534
New Life Wesleyan Church	Dona Batten	gsuslivi@comcast.net	301-752-3795
Olivet UMC	Bob Bohn	bkbohn@comcast.net	410-326-0645
Providence/Ft. Washington UMC	Rich Weaver	rhythmuitar1@hotmail.com	301-843-2194
St. Paul UMC (Lusby)	Everett Baker	everett_baker@verizon.net	410-326-6234
Shiloh UMC	Peggy Ireland	peggy@nam.org	301-375-9678
Smithville UMC	Kathy Massaro	snjwalk93@comcast.net	410-257-1953
South Potomac Church	P.J. Pitonyak	LadyPJay@aol.com	301-579-6811
Trinty UMC	Laura Yax	lkyax@comcast.net	410-535-4665
Trinity Baptist	Vacant		
Waters Memorial UMC	Nancy Massie	watersumc@hotmail.com	

You Thought About Teaming, But . . .

Maybe you felt you were too shy, especially to give a talk or to pray out loud. Maybe you felt you were unsure of your abilities. Maybe you felt you wouldn't know anyone. Maybe you felt you didn't have enough knowledge to lead others. Or maybe you felt your spirituality wasn't strong enough.

The purpose of Emmaus is to inspire, challenge, and prepare our local church members for Christian action in our homes, churches, workplaces, and communities. Emmaus is designed to empower and equip Christians to effectively be Christ's hands and feet in the world and to grow in a deeper commitment as disciples of Jesus Christ.

An Emmaus team represents a mixture of members who are one in Christ. As a member of an Emmaus team you assume the identity and role of Christian servants expressing God's love in spirit and deed through your assigned tasks. You work together within the discipline of selfless love celebrating and using the gifts of each member – the Body of Christ.

Team members learn to express their servanthood in ways that glorify Christ and not themselves. Team members learn to develop the quality of hospitality as preparations are made to welcome and accept all pilgrims in fostering a community in which we are all brothers and sisters in Christ. Team members practice agape love as time is spent with God and is open to His will to love with genuine acts of agape. Team members learn insight, good judgment, and understanding to discern the needs and feelings of others. Team members are focused on Jesus and open to new and personal disciplines. Team members are challenged to learn more about Jesus. Team members will have the opportunity to deepen their knowledge, to practice faithfulness, and to develop a closer relationship with Jesus Christ.

The unconditional love of team members and their commitment to Christ will help lead and guide pilgrims toward a deeper love and understanding of Jesus. Team members serve as Jesus would – on the Walk, in our homes, churches, workplaces, and communities.

If you have thought about teaming and would like to experience a deepening commitment as disciples of Jesus Christ, please consider serving on an Emmaus Walk in 2011.

Team applications can be downloaded from the Southern Maryland Emmaus website at www.somdemmaus.org. Click on "Documents, Lists, and Newsletters" on the left-hand side of the website. You can mail your completed team application to:

SOUTHERN MARYLAND EMMAUS
P.O. BOX 1242
LEONARDTOWN, MD 20650

Please note attending a 4th Day Seminar is not mandatory to serve on an Emmaus team and applications will need to be signed by your pastor. Thank you for thinking about teaming.

Your humble servants,

Sheila Hanson and Shelley Wilson

Team Selection Committee

18 Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. 19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." Matthew 28 (NIV)



Christian action is our hands and feet in action; living our beliefs. We are commanded to “Go into all the world and preach the Good News,” says the Bible. But where better to start right where you are. The means of grace suggests we should first do no harm, then to do all the good we can and to attend to the ordinances of God. Emmaus urges members to work daily to be better known and loved in their own family, on the job, at their home church, in the Emmaus community, in a reunion group fellowship and in the Christian society as a whole.

The Prayer to the Holy Spirit which opens the model reunion group is a Fourth Century prayer of the Catholic Church and was used as a prayer of celebration and was explained as follows (*selection of the prayer and the following descriptions by Reverend Wood, the first National Director of Emmaus*):

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

This is biding [*sic*] the Holy Spirit to warm our hearts, like the two disciples on the road to Emmaus had their hearts strangely warmed when Jesus explained the scriptures to them.

Send forth Your Spirit and they shall be created.

This refers to the creative spirit, breath of God, that brooded over the waters in creation. It is the Spirit that God breathed into Adam as the breath of life. For people of God today, it is their continued Walk of salvation.

And you shall renew the face of the earth.

Renewal will take place when God’s Spirit comes upon all of creation and restores God’s created order.

The prayer continues:

O God, who by the light Of the Holy Spirit did instruct the hearts of the faithful.

It is the light of the Holy Spirit, as Jesus was called the Light, that instructs our hearts. Jeremiah talks of this when he gives a message from God that says, ‘I will write it upon their hearts.’ Jesus said that he would send a comforter (the Holy Spirit) to teach us the meaning of everything.

Grant that by the same Holy Spirit we may be truly wise and ever enjoy your consolations.

It is the Holy Spirit that brings us to the moment of sanctification where we enjoy God’s kingdom. It was the hope of every good Hebrew to achieve the status of sitting under his camphor tree while contemplating the scriptures. This was the kingdom for them.

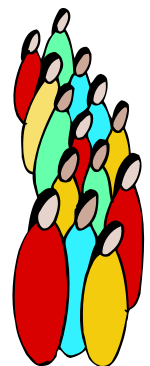
The prayer concludes with:

Through Christ our Lord, Amen.

All New Testament prayers are evoked in the name of Jesus Christ.

There is no doubt, praying this prayer at each reunion group gathering brings those present into a oneness of fellowship.

Healthy reunion groups and good sponsorship are vital to the health of the Emmaus Community and will be a focus of the Southern Maryland Emmaus Community. It is the responsibility of a sponsor to make sure his or her Pilgrim attends the Fourth Day Seminar and to help them get connected to a reunion group. The future success and growth of the church may well depend on the continued establishment of the small group idea. People are more comfortable in small groups. Where a man or woman might feel overwhelmed in a large group and not speak out, the small group tends to allow even the most shy person to take part. This small group concept - people meeting in homes, in work places, in parks, or wher-



ever - during the week to listen to each other and to study and pray together. This is the Fourth Day and should be the most vital aspect of our weekend.

Acts 2:46-47 (NRSV) say "46 Day by day as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, 47 praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved."

Are you in a reunion group? We will be working on some ideas to get new reunion groups started and old groups revitalized. Stay tuned for more information.

November Gathering

by Carol Barton

"Always GIVE THANKS to God the Father for everything. GIVE THANKS to him in the name of our Lord Jesus Christ." Ephesians 5:20

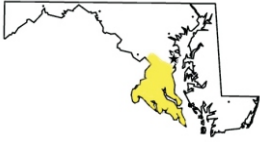
GIVE THANKS is the theme of our November Gathering to be held 20 November at 5:PM at Mt. Zion United Methodist Church, 27108 Mt. Zion Church Road in Mechanicsville, MD. We have much to be thankful; God is good! The turkey will be provided so please bring a favorite Thanksgiving dish to share with the community. The Gathering will follow the 4th Day Seminar so please come, consider inviting a friend and join us as we take time to GIVE THANKS for all our many blessings!

GREETINGS from Pg. 1

If you have not gone to a Fourth Day Seminar please consider attending this one. And, if you sponsored a Pilgrim in one of the last Walks, bring that person to the Fourth Day Seminar. In order to be able to Sponsor a person on a Walk, you must have attended a Fourth Day Seminar. It is also highly recommended that you attend this Seminar in order to Team. Along with this training, we will sing and praise the Lord and commune together. It's a win-win day! So, come on out and Praise Our God!!



YSIC,
June M. Fauber
WV #54
Table of Cornerstone of Christ
Community Lay Director



“Walk in the Light” - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

1005 Norfolk Drive
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Time Sensitive Material