



Dr. Carol Payne, Principal

# Anniston Paw Prints

Volume 3, Issue 12


October 13, 2009

*"The future belongs to those who believe in the beauty of their dreams."* ~Eleanor Roosevelt  
Anniston Character Trait of the Month - Confident

**Dates to Remember:**  
OCT 15 – Report Cards  
OCT 23 – Make-up School Pictures

### Principal's Notes

WOW! *Camp Wannaread* was a blast! Thank you so much, parents, teachers and assistants, for encouraging your students to attend and helping out on the playground! It is my sincere hope other students will be encouraged to read more the next nine weeks.



Speaking of the second Reading Celebration, the theme is *The Polar Express*. The Reading Celebration will be held **Wednesday, December 16**.

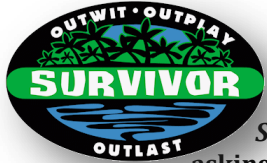
*[Reminder: Check your child's binder for the handout with details of this event.]*

**ATTENTION PARENTS!!!**  
WE ARE STILL COLLECTING AND NEED MANY MORE ITEMS AS WE COLLECT FOR OUR MILITARY HEROES IN AFGHANISTAN. PLEASE SEND DONATIONS!!!

**Kindergarten: Games**  
1<sup>st</sup> Grade: Stationery  
2<sup>nd</sup> Grade: Food  
3<sup>rd</sup> Grade: Items for Men  
4<sup>th</sup> Grade: Items for Women  
5<sup>th</sup> Grade: Miscellaneous

**Collection Begins:**  
*Thursday, October 1, 2009.*

**Collection Ends:**  
*Thursday, October 29, 2009.*



## "Survivor"- Red Ribbon Week

Red Ribbon Week 2009 is coming up next week, October 19 through 23. The theme will be based on the reality TV show *Survivor*. Below is the Schedule for each day and what we are asking students to wear as we all join in our fight against drugs.

- Monday - "Drugs are strong but so are you; Fight Drugs!"  
✓ **Wear Green- We will create Tribes!**
- Tuesday - "Don't get 'HOOKED' on drugs!"  
✓ **Wear fish shirts/ khaki- Classes will create drug free fish for Anniston Island!**
- Wednesday - "Wild about being Drug Free!"  
✓ **Wear animal print- Wild About Being Drug Free cap contest!**
- Thursday - "It makes 'cents' to be Drug Free"  
✓ **Wear- Blue Roar Shirts- Bring in your spare change for St. Jude's Survivors!**
- Friday - "I'm a Survivor, I'm Drug Free!"  
✓ **Wear Red- Survivor Rally!**



## NURSES'S NOTES

Our Wellness committee is sponsoring a **"Biggest Loser"** contest here at Anniston. The details are outlined on the back of this edition of **Paw Prints**. This contest is open to all adults in the Anniston learning community. This includes faculty, staff, parents and administration. Our mission is to serve as role models for our children and learn how to manage our weight. If you are interested, please come by the library at 2:45 on October 13th. The contest starts on October 14th but you are welcome to join at anytime during the first 3 weeks. Check out Dr. Payne's incentive for playing! Hope to see you there!



## Music News

The 4<sup>th</sup> grade students did an outstanding job on their program "Songs of America." The 1<sup>st</sup> graders are currently working on their Thanksgiving program that will be held on Thursday, November 12, 2009 at 6:00 p.m. here in the gym. Please mark this date on your calendar and stay tuned for more details. We have been studying the Percussion Family in class, one instrument at a time, since the beginning of school. Last week, 2<sup>nd</sup> through 5<sup>th</sup> grade had the chance to try out our new barred instruments that were purchased new this year through a MS Power Grant. We learned the names of the different barred instruments (xylophone, metallophone, and glockenspiel), proper mallet technique, and practiced different note values and rhythm patterns through improvisation. The students were able to try out each instrument by taking turns and moving from instrument to instrument. We are so thankful to have these in our classroom! See what you know about this family of instruments.

**Percussion Instrument Trivia Question:** *This instrument is the only common one which is named for its shape.*

Please tell me your answer in class or send me an email with your class' answer to [nancie.simmons@gulfportschools.org](mailto:nancie.simmons@gulfportschools.org). *Music is everywhere, so have fun looking for it!* ~Mrs. Simmons

# The Biggest Loser at Anniston

**Mission:** Role Modeling! To make health important to children, they must first see that it is important to us!

- The first weigh in will be Wed., Oct. 14th
- The last weigh in will be Wed., Feb. 17th
- There will be a \$10 entry fee.
- You must weigh in once a week.
- \$2 fee for every missed weigh in.
- \$1 fee for every 1 pound gained (i.e. gain 3#s; owe \$3).
- \$1 fee if weight stays the same.



Teachers' **extra incentive:** Dr. Payne is rewarding those of you that have decided to be Healthy role models for our children by offering a "one hour free, off campus lunch" during the school year as well as a chance to win one of 2 \$25 gift certificates to Edgewater Mall. ☀️

## Rules:

- You must be paid up!
- You must complete the 15 week program!
  - Each participant will get their own personal folder to carry with them to keep things confidential.
  - Parents are invited to join in on the contest for the big pot at the end!
- You must weigh in once a week!
  - There will be 2 weigh in times a week one in am / pm.



For more info on *The Biggest Loser* television program check out....

[www.nbc.com/the-biggest-loser/](http://www.nbc.com/the-biggest-loser/)

