
6a. Show what to do for "hurry" cases of stopped breathing, _____

serious bleeding, _____

and internal poisoning. _____

6b. Prepare a personal first-aid kit to take with you on a hike. _____

6c. Demonstrate first aid for the following:

● Object in the eye _____

● Bite of a suspected rabid animal _____

● Puncture wounds from a splinter, nail, and fishhook _____

● Serious burns (second-degree) _____

● Heat exhaustion _____

● Shock _____

● Heatstroke, _____

dehydration, _____

hypothermia, _____

and hyperventilation _____

7a. Tell what precautions must be taken for a safe swim.

7b. Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place. _____

7c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. _____

Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, _____

and explain why and how a rescue swimmer should avoid contact with the victim. _____

8a. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health. Discuss your participation in the program with your family. _____

8b. Explain the three R's of personal safety and protection.

9. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life. _____

10. Participate in a Scoutmaster conference. _____

11. Complete your board of review. _____

Notes

Alternate requirements for the Second Class rank are available for Scouts with physical or mental disabilities - [click here to learn more](#). The requirements for Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however, these ranks must be earned in sequence.

Online Resources: (Use any Internet resource with caution and only with your parent's or guardian's permission.)

Boy Scouts of America: ► scouting.org ► [Guide to Safe Scouting](#) ► [Age-Appropriate Guidelines](#) ► [Safe Swim Defense](#)
 ► [Scout](#) ► [Tenderfoot](#) ► [Second Class](#) ► [First Class](#) ► [Rank Videos](#) ► [Safety Afloat](#)

Merit Badge Books: www.scoutstuff.org Please don't post workbooks on your site. Please instead post links to these:
 MeritBadge.org: <http://meritbadge.org/wiki/index.php/MBW> -or- usscouts.org: <http://www.usscouts.org/mb/worksheets/list.asp>

Requirement Resources

These resources and much more are at: http://meritbadge.org/wiki/index.php/Second_Class_Rank

BSA Skill Lesson Videos

1a. Map & Compass:

- **REI Videos:** [Parts of a Compass](#) - [Topographic Maps](#) - [Map to Compass](#) - [Compass to Map](#) - [Triangulation](#) - [Declination](#)
- [REI:Navigation Basics](#) - [How a Compass Works](#)
- **Topographical Maps** [Free US Geological Survey](#) - [Topozone.com](#) - [Google Satellite, Street, and Terrain Maps](#)

1b. Hiking

- **Hiking Lesson Videos:** [Planning](#) - [Footwear](#) - [Blisters](#) - [Gear](#) - [Cold Weather](#) - [Warm Weather](#) - [Layering](#) - [Clothing](#) - [Food](#) - [Hydration](#) - [Socks](#)
- Hiking Links: [Leave No Trace](#) - [Essentials](#) - **Amer. Hiking Soc.:** [Safety](#) - [Food](#) - [Cold](#) - [Myths](#) - [Footwear](#) - **REI:** [Compass](#) - [Day Hike](#) - [Food](#) - [Hydration](#) - [Insects](#) - [Layering](#) - [Lightweight](#) - [Navigation](#) - [Rain](#) - [Socks](#) - [Sun](#) - [Hot/Cold](#)

2c, 2d. **Prepare a fire:** Can be completed by earning the [Totin' Chip](#) and the [Firem'n Chit](#).

- **Fire Starting Videos:** [Build a Fire](#) - [Site](#) - [Kindling](#) - [Wood](#) - [Flint & Steel](#) - [BlastMatch](#) - [Steel Wool](#) - [Fire Piston](#) - [Magnifying Glass](#) - [Log Cabin](#) - [Tee Pee](#) - [Dangers](#) - [Safety](#)
- 'Other links: [Firem'n Chit](#) - [Fire Safety](#) merit badge [Campfire building](#)

2e, 2f., & 2g. Cooking:

- **Outdoor Cooking Lesson Videos:** [Food Selection](#) - [Food Quality](#) - [Stoves](#) - [Utensils](#) - [Water Purification](#) - [Leave No Trace](#)
- **Outdoor cooking links:** [Scoutstuff.org](#) - [Scoutorama](#) - [USScouts.Org](#) - [MacScouter](#) - [RecipeSource.com](#) - [CampRecipes.com](#) - [Scouter.net](#) - [Foil-Cooking](#) - [Cub Scout Cookbook](#) - [NetWoods.com](#) - [Scout Camp Cooking](#) - [The Trailside Cookbook](#) - [Buckskinner Cookbook](#) - [Ol' Buffalo Outdoor Cooking Page](#)
- **Dutch Oven Cooking:** [From IDOS](#) - [USScouts.Org](#) - [MacScouter](#) - [dutchovencookware.com](#)
- **Other cooking links:** [Cooking Merit badge](#) - [Leave No Trace](#) - [Stove Safety](#)

3. [Flag Ceremonies](#)

4. [Service Projects](#)

5. [Ecology Resources:](#)

- **General Resources:** [American Museum of Natural History](#) - [Discover Magazine](#) - [Environmental Protection Agency](#) - [Int. Assn. of Fish and Wildlife Agencies](#) - [Nat. Climatic Data Center](#) - [Nat. Geographic Society](#) - [Nat. Park Service](#) - [U.S. Fish and Wildlife Service](#) - [American Meteorological Society](#) - [American Zoo and Aquarium Association](#) - [The Discovery Channel](#) - [Nat. Fish and Wildlife Foundation](#) - [Nat. Oceanic and Atmospheric Admin](#) - [Nat. Wildlife Federation](#)
- **Conservation Resources:** [Soil and Water Conservation Merit Badge resources](#) - [Conservation and Resource Center](#) - [Leave No Trace Center](#) - [Wildlife Conservation Society](#)
- **Bird Resources:** [Bird Study Merit Badge resources](#)
- **Fish Resources:** [Fishing Merit Badge Requirement resources](#) - [American Fisheries Society](#)
- **Insect Resources:** [Insect Study Merit Badge resources](#)
- **Mammal Resources:** [Mammal Study Merit Badge resources](#)
- **Reptile & Amphibian Resources:** [Reptile and Amphibian Study Merit Badge resources](#) - [Frog Songs](#)

6. First Aid:

6a. [Choking](#) - [Bleeding](#) - [Poisoning](#)

6b. [First Aid Kit](#)

6c. [Object in Eye](#) - [Bites and Stings](#) - [Puncture Wounds](#) - [Burns](#) - [Heat Exhaustion](#) - [Shock](#) - [Heat Stroke](#) - [Dehydration](#) - [Hypothermia](#) - [Hyperventilation](#)

- Your handbook is your primary reference. See [First Aid Skills](#) for step-by-step instructions and lesson video links.
- **See also:** [First Aid Merit Badge Pamphlet](#) - [First Aid Kit](#) - [Emergency Kit](#) - [Guide to Safe Scouting](#) - [Physical](#)

7. Swimming:

7a [Diving](#) (has feet-first entries as well) - [Safe Swim Defense](#)

7b [Swimming Strokes](#) - [Swimming Turns](#)

7c [Reach, Throw, Row, Go](#)

- Your handbook is your primary reference. See [Swimming Skills](#) for step-by-step instructions and lesson video links.
- **See also:** [Swimming](#) & [Lifesaving](#) Merit Badge Pamphlets - [Guide to Safe Scouting](#) - [Safe Swim Defense](#) - [Safety Afloat](#)

9: What does [Scout Spirit](#) really mean? (It's not what you do in your troop!)

10: [Scoutmaster Conference](#) - Explains that you don't "pass" a Scoutmaster Conference and how to [appeal](#).

11: [Board of Review](#) - What can they ask? How long can it be? Is the [uniform](#) really required? How do you [appeal](#)?