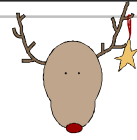


December 2011

# RAM O GRAM



## Special Articles of Interest:

- Food Drive
- December Health Awareness
- Staff Birthdays
- Attractions Dining Winners

## Upcoming Events

- |       |                                |
|-------|--------------------------------|
| 7-12  | Penguin Patch Holiday Shop     |
| 13    | PTA Board Meeting 5:30         |
| 15    | Salvation Army Food Drive Ends |
| 16    | Early Release                  |
| 19-30 | Winter Break                   |

## DECEMBER Staff Birthdays:

- |                  |  |
|------------------|--|
| 3 <sup>rd</sup>  | Bonnie Johnson- EC TA                  |
| 7 <sup>th</sup>  | Gina Craig- Kindergarten               |
| 13 <sup>th</sup> | Tami Elias- Cafeteria                  |
| 15 <sup>th</sup> | Abby Salas- 3 <sup>rd</sup> Grade      |
| 16 <sup>th</sup> | Jennifer Batten- 4 <sup>th</sup> Grade |
| 16 <sup>th</sup> | Fredalyn Gonzalez- Kindergarten TA     |
| 21 <sup>st</sup> | Pamela Gaskins- EC TA                  |
| 24 <sup>th</sup> | Jeanne Cyr- 1 <sup>st</sup> Grade TA   |
| 28 <sup>th</sup> | Evelyn Hurba- B.L.A.S.T                |

## President's Letter

Dear Riverwood Families,

Our Holiday events are just around the corner!! This year we are doing something new and exciting, a Holiday shop. Our Penguin Patch Holiday Shop is scheduled for December 7th-9th. During this time your child will have the opportunity to shop for family and friends, with price points ranging from \$.25 to \$10. We are so excited to give the students the opportunity to purchase gifts for their families!! If you have not received your information from your teacher please contact them now.

Christmas is all about giving and we have been doing some giving here at RES! The TOYS FOR TOTS drive has now ended and I know some little boys and girls are going to be very happy on Christmas morning. Thank you for your generosity this season! That's truly what this holiday season is all about.

I can't THANK you all enough for the support you have given our school and the PTA with the Attractions Dining fundraiser! We are still wrapping up some loose ends but I can tell you we did very well, all due to your support! We have a terrific school here at RES!

Remember, it's never too late to join the PTA! I know that some people think that you have to volunteer a lot of hours or be at the school all of the time in order to be a member of the PTA, but that is not the case. Here at RES we are like one big family and we want you to be a part of it too. Joining the PTA gives you a chance to be more involved in the activities that go on around your child's school. It also gives you an opportunity to decide how funds are raised and how they are spent so that they may better serve your child's education and it's a chance to meet new friends! I could go on and on because there are so many reasons! So sign up today and become a part of our RES family!

Many Blessings this Christmas Season,  
*Tina Boykin*  
2011/2012 RES PTA President

## Box Tops

### November Top 3 collectors:

1. Mattie Holland, Ms. Salas' class – 307
2. Abby Sealey, Ms. Nolan's class – 282
3. Landon Story, Ms. Olive's class - 277

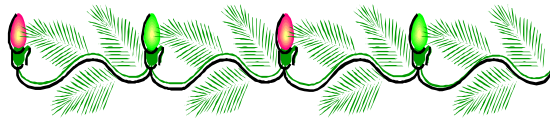
### November Top 3 Classes

1. Spradling - 483
2. Olive - 355
3. Salas - 320

## Salvation Army Food Drive

The Salvation Army can food drive has been a huge success thus far. Please continue to send in your non-perishable food items and drop them off in the appropriate bins. The food drive will end on December 15<sup>th</sup>. Thank you for your support in helping those who are less fortunate!





## RES PTA Board Members 2011-2012 School Year

Principal- Dorlisa Johnson-Cowart

President- Tina Boykin

Vice President- Shauna Macon

Secretary- Christine Nunn

Treasurer- Sandy Jones

Volunteer Coordinator- Kathleen Stuckey

E-MAIL:

[Volunteer4res@gmail.com](mailto:Volunteer4res@gmail.com)

We're on the Web!

See us at:

<http://www.orgsites.com/nc/respta/>

**Ram O Gram Editor-  
Shauna Macon**

**Ram O Gram Co-Editor  
Rhonda Hayes**



*"Climbing to New Heights"*



Remember to continue to clip your box tops and turn them in!!!! Please help us, help our school to earn money!

## December Health Awareness

### It's here!

Influenza (Flu) can put a damper on the holiday season. A previous issue of the RAM O GRAM spoke of an ounce of prevention being worth a pound of cure with the flu vaccine. If you have not been vaccinated be on the lookout because the Flu is here in North Carolina. There are three positive cases of Influenza in the Triangle area, according to the latest report I received on December 3, 2011. Symptoms of flu are similar to several other diseases so watch out for the things listed below, or it may take you by surprise.

Symptoms include fever, chills, fatigue, body aches, cough, runny nose, headache or a combination of all. More common in children is a combination of those symptoms plus nausea, vomiting and/or diarrhea. Symptoms often have a rapid onset and are hard hitting. The body aches are often very intense and sometimes debilitating. Tamiflu and Relenza are the medications that can be obtained for the treatment of flu but by prescription only. If you are seen by a healthcare provider within the first 72 hours of the onset of your symptoms, one of these two medications can help to decrease the impact of these symptoms.

Home treatment is the key to prevention of potential complications. Stay well hydrated by drinking plenty of water, broths, and sports drinks. For children electrolyte replacements (Pedialyte) may be necessary. Get plenty of rest. Cover all sneezes and coughs. Wash your hands (for at least two verses of happy birthday) every time you cough or sneeze. Avoid contact with those that can get sick easily. Do not go to work or school until you have been fever free (less than 100°F or 37.8°C) for at least 24 hours.

Seek immediate medical attention if you have any confusion, shortness of breath, chest pain, persistent vomiting, or any other concerning symptoms.

Many blessings this flu season and have a wonderful disease free holiday.

~Neil Boykin, RN, BSN, MSN, FNP-BC

This article is meant only to be a guide and is not to be considered medical advice. Contact your health care provider for more information.

## ATTRACTIONS DINING



### WINNERS

### GRAND PRIZE \$50.00

Place	Name	Amount	Grade - Teacher
1 <sup>st</sup>	Jakob Allen	\$280.00	4 <sup>th</sup> Grade - Mrs. Boenker
2 <sup>nd</sup>	Kyndall Collins	\$205.00	3 <sup>rd</sup> Grade - Methot
3 <sup>rd</sup>	Reagan Hunt	\$190.00	4 <sup>th</sup> Grade - Nolan
	Kayla Daniels	\$190.00	5 <sup>th</sup> Grade - Lytle
	Jordan Bruce	\$190.00	1 <sup>st</sup> Grade - Trombley
4 <sup>th</sup>	Mattie Holland	\$180.00	3 <sup>rd</sup> Grade - Salas
	Jenna Radcliff	\$180.00	5 <sup>th</sup> Grade - Kas
5 <sup>th</sup>	Caleb Locklear	\$170.00	2 <sup>nd</sup> Grade - Parker



### TOP SELLING CLASS

Pizza Party or Ice Cream Party

**Phillips- \$935.00**

