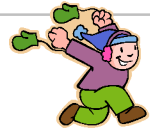


January 2012

RAM O GRAM



Special Articles of Interest:

- January Health Awareness
- Carolina Hurricanes-PTA Night
- Staff Birthdays
- Reflections District Entries

Upcoming Events

- | | |
|-------|--|
| 2 | School Resumes |
| 10 | PTA Board Meeting 5:30 |
| 16 | Student Holiday-Martin Luther King Holiday |
| 23-24 | Student Holiday |

JANUARY Staff Birthdays:

- | | |
|------------------|--|
| 2 nd | Lisa Eichelberger-Media Coordinator |
| 6 th | Erica Melchiorre-Technology |
| 9 th | Andrea Boenker-4 th Grade |
| 9 th | Valerie Trombley-1 st Grade |
| 16 th | Jennifer Hall-Nurse |
| 17 th | Robin Dudash-Kindergarten |
| 21 st | Pamela Gaskins-EC TA |
| 24 th | Patricia Lytle- 5 th Grade |
| 24 th | Michelle Herr- K-2 Guidance |

President's Letter

Dear RES Families:

Happy New Year and welcome back! I hope that you all had a blessed holiday season with plenty of rest. Not to mention, some quality family time.

Just in the past month we have all been very busy here at RES and I want to say thank you to those of you who have shown your support throughout the school year thus far. The Salvation Army Food Drive was a BIG hit, as always and I have to say that we continue to be amazed at the support and generosity that our families here show to others that are in need.

We collected over 180 toys for the Toys for Tots with the Marine Corps this year. That means that we supplied over 180 children with a toy for Christmas that might not have received a gift this year. Now if that doesn't touch your heart...

Our children participated in our first Holiday Shoppe, The Penguin Patch, and seemed to thoroughly enjoy themselves. It was so great to see the excitement on the kids faces when they knew they had just picked out and purchased something for a loved one all by themselves! Although this was our first attempt at a holiday shop and we had a few corks along the way, I believe it was a success! To those of you who volunteered, I THANK YOU! I know that it was a lot of hard work and some of you put in a lot of time and it is VERY much appreciated. We could not have done it without you! And to you Silent Partners that have donated funds, you truly helped out as well. You gave several children the opportunity to shop when they otherwise might not have been able to do so.

So as we start 2012 I am confident that we will continue to succeed as a great school and PTA, because we have a great community here at RES! Please stay tuned for upcoming events in the next few months and remember that we can always use your help! "The more the merrier!"

*Your 2011/2012 RES PTA President,
Tina Marie Boykin*

Box Tops

Due to the short month in December we will not be posting the top winners. Please continue to clip, clip, clip and help school earn money!! Thank you for your continued support.



Carolina Hurricanes NC PTA Night



The Carolina Hurricanes and North Carolina PTA have teamed up for another year of Canes hockey! PTA members, friends, and family can receive discounted tickets for the February 4 game against the Los Angeles Kings. Tickets are available on a first-come, first-served basis and are subject to availability. Offer expires online at 7 p.m. on Monday, Jan. 30



Happy New Year!!



RES PTA Board Members 2011-2012 School Year

Principal- Dorlisa Johnson-Cowart

President- Tina Boykin

Vice President- Shauna Macon

Secretary- Christine Nunn

Treasurer- Sandy Jones

Volunteer Coordinator- Kathleen Stuckey

E-MAIL:

Volunteer4res@gmail.com

We're on the Web!

See us at:

<http://www.orgsites.com/nc/respta/>

Ram O Gram Editor-
Shauna Macon

Ram O Gram Co-Editor
Rhonda Hayes



"Climbing to New Heights"



Remember to continue to clip your box tops and turn them in!!!! Please help us, help our school to earn money!

January Health Awareness

Who Have You Been Kissing?

Mononucleosis (mono) kissing disease is becoming more prevalent in younger children. The average age was 15-17 years old but that age is decreasing. Mono is called kissing disease because the transmission is typically by saliva. Because mono is transmitted by saliva you should avoid kissing, sharing drinks/utensils/toothbrushes. WASH YOUR HANDS to help prevent transmission otherwise.

Normally mono starts with significant fatigue and then the other symptoms follow. These symptoms are fatigue, sore throat, fever, body aches and/or headaches. Mono often has exudates (white/yellow patches) on the tonsils. The spleen and many lymph nodes are also often enlarged. Mono is often mistaken for strep throat however it is a viral illness. Mono is caused by the Epstein-Barr virus or cytomegalovirus. The mistake can cause quite an uproar if it is treated with penicillin. A pink rash that appears almost like measles can occur with the use of penicillin in the presence of mono. Mono can however be accompanied by strep pharyngitis. If strep is present, it does require antibiotics. Many providers who suspect mono with strep will give other antibiotics than penicillin based to prevent the rash.

Treatment of mono is simply symptom based such as: warm salt water gargles for the sore throat; Motrin and Tylenol for fever and body aches; and finally staying hydrated with water, sports drinks and popsicles. Spleen enlargement is common in mono. Due to the potential spleen enlargement, contact sports are not recommended. The risk with contact sports is spleen rupture. Any other activities and sports are safe. If your child has a fever he/she should not be in school and is considered contagious. Be prepared because the spleen may stay enlarged and fatigue may persist for several months.

Neil Boykin, RN, BSN, MSN, FNP-BC

This article is meant only to be a guide and is not to be considered medical advice. Contact your health care provider for more information.

NC PTA Reflections

Please join me in congratulating four RES students whose artwork has made it to the next level of judging for the NC PTA Reflections program. Winners will be announced in March. I am honored that we have so many talented students at our school!



1. Callie Stoke- Kindergarten
2. Isabella Pettit- 3rd Grade
3. Gianna Pettit- 3rd Grade
4. Jennifer Sieredzki's- 4th Grade

"Sooner or later all the people of the world will have to discover a way to live together in peace..." – Martin Luther King Jr. 1929-1968



"I have a Dream"

