

November 2011

RAM O GRAM



Special Articles of Interest:

- Food Drive
- Family Dinner Night
- November Health Awareness
- Staff Birthdays
- Toys for Tots

RES PTA Food Drive

NOV. 1, 2011 – DEC. 15, 2011

Riverwood Elementary PTA is pairing up with the Salvation Army this year in hopes to collect food to give to families this holiday season. Please bring your canned foods, dry goods and baby items to school and drop them off in the designated barrels inside the front of the school! THANK YOU FOR YOUR SUPPORT!



McDonald's Spirit Night

Please come out and support our school at the McDonald's Spirit Night on Thursday, Nov. 10, 2011 from 5-8 pm. Spirit Night will be held at the newly remodeled McDonald's in Clayton on Hwy 70. We hope to see you there!!!!



Upcoming Events

- 1 United Way food drive starts
- 8 PTA Board Meeting 5:30 – 6:30
- 10 Mc Donald's Family Dinner Night
- 10 Early Release
- 11 No School
- 15 Fall Pictures
- 21 Nat'l Family Week
- 23 No School
- 24 Thanksgiving Holiday- No School

Box Tops

October Top 3 collectors:

1. Erin Jones, Mrs. Craig's class – 334
2. Mia Thompson - Ms. Olive's class – 259
3. Emily Raynor- Ms. Olive's class - 220

Zaxby's Spirit Night-Update

Thank you to the families that came out to the RES Zaxby's spirit night. Our school made \$500.00!! Ms. Stocks' class was rewarded an ice cream party as her class had the most participants to come out.



Toys for Tots

Semper Fidelis (Always Faithful) The US Marine Corps lives by this creed. It is the **RES PTA's** pleasure to be involved this year with the Marine TOYS for TOTS drive. We will have drop off boxes available in our school Nov. 14th – Dec. 2nd. Many children want to know the joy of having Santa Clause visit them this year. These toys could make a difference in a child's life.

Please send in or drop off new, unwrapped toys in the designated box marked with the label above, to help make a needy child's Christmas special!!!



NOVEMBER Staff Birthdays:

- 4th Kelly Mullins
Cafeteria
- 6th Thomas Coughlin
PE
- 13th Erin Haskins
3rd Grade
- 14th Ashley Blevins
Art
- 20th Jennifer Vogel
5th Grade
- 21st Tracy Tant
5th Grade
- 26th Ginger Worrell
4th Grade



RES PTA Board Members
2011-2012 School Year

Principal- Dorlisa Johnson-Cowart

President- Tina Boykin

Vice President- Shauna Macon

Secretary- Christine Nunn

Treasurer- Sandy Jones

Volunteer Coordinator- Kathleen
Stuckey

E-MAIL:

Volunteer4res@gmail.com

We're on the Web!

See us at:

[http://www.orgsites.com/nc/
respta/](http://www.orgsites.com/nc/respta/)

Ram O Gram Editor-
Shauna Macon

Ram O Gram Co-Editor
Rhonda Hayes



"Climbing to New Heights"



Remember to continue to clip your box tops and turn them in!!!! Please help us, help our school to earn money!

November Health Awareness

CREEPY CRITTERS

Bed bugs (*Cimex lectularius*) have become a rapidly growing pandemic. Bed bugs have traditionally been thought of as being associated with filth however of late that is not the case. Bed bugs have been found most recently in some of the most prestigious hotels in the country. As many of you will be traveling for the holidays I feel compelled to inform you of this problem.

Bed bugs can be found hiding in a variety of places. They can be found around the bed near the piping, seams and tags of the mattress and box spring, and in cracks on the bed frame and head board. In heavily infested rooms they can be found in chairs and couches seams, between cushions, in curtain folds, in drawer joints, in electrical receptacles, under loose wall paper and hanging pictures.

When traveling you should be on the lookout for some of the following things to prevent infestations of these little hitch hikers. In hotel rooms, use luggage racks to hold your luggage rather than setting it on the bed or floor. Check for blood stains on your sheets or pillowcases. Check the mattress and headboard before sleeping for rusty or reddish stains between mattresses and box springs. Once you return home, unpack directly into a washing machine and inspect your luggage carefully.



If you do find yourself itching and scratching, you may have picked up this little fellow. The bites are often red with a darker spot in the middle and very itchy. They tend to bite in a linear or cluster pattern. The bites are normally found on the face, neck, arms or any skin that was exposed while sleeping. There are prescriptions to kill the bugs on the skin. It is very important to treat the house and clothes once you eradicate them on the skin. You are better off to prevent being bitten by these nasty little guys. Vigilant surveillance while traveling is the best prevention.

Night, Night, Sleep Tight Don't Let the Bed Bugs Bite!!!

~Neil Boykin, RN, BSN, MSN, FNP-BC

