

Donation – Cara Filler Presentation to West Fargo Schools – 2009



WF Exchange Club President Kevin Skoog with Cara Filler and representatives of the WF Police Department.



Cara Filler and three members of the SADD group at the Cheney Middle School.



Cara Filler sharing her message with the 8th grade class at Cheney Middle School in the school's Theater.



Cara Filler kept the members of the Cheney Middle School 8th grade riveted to her message.

Cara Filler is a motivational speaker with a message to make good choices concerning peer pressure, risk taking, and traffic safety which can save lives. She shares her story of losing her twin sister Mairin the day after their 18th birthday. She has spoken to over a million kids around the country. She is originally from Canada and now lives in Portland, Oregon. She noted that she is 6 foot tall and found a tall young man from Minot who is 6'5" tall, they married, and have a four year old son. Since she has family in the state, she comes back to North Dakota and takes that opportunity to share her message while here. Three sponsors made it possible for West Fargo schools to bring Cara in to share her story with the 8th grade students at Cheney Middle School and the entire student body at the High School – the West Fargo Exchange Club, the WF Police Department, and First Choice. Our donation made it possible for our students in this town to hear the message – Cara says it is worth her efforts and her message if she can influence even one person to make safe choices and save lives. The West Fargo School District is very thankful to the sponsors for bringing Cara here to share her message.



Cara Filler is a compelling author, entrepreneur and speaker. Cara presents to schools, colleges, businesses and groups all over the world, on realizing one's full potential and the power of choice. Her message helps partner practical knowledge with life experience, she offers a passionate and vibrant style that inspires and captivates audiences across three continents. Her presence commands attention. Her life impacting message has established Cara as a world-class speaker amongst youth and adults alike.

Cara's mission of sharing her life-changing message was sparked by the tragic death of her identical twin sister, Mairin, the day after their 18th birthday. This was a painful personal tragedy for Cara and her family and is the driving force that launched Cara's relentless campaign of *Changing Attitudes, Saving Lives*. This affected her so deeply that she is committed to helping others put life and its challenges in perspective.

Cara is wise beyond her years. She believes that it is not the events that happen in our lives that make us who we are, but the meanings we associate to those events that control the steering wheel of our life. She is a master of attaching resourceful meanings to events and turning tragedies into miracles.

www.carafiller.com

