

One Nation Under God Luncheon – Tuesday, May 25, 2010



Jake Lauritsen and Chris Heise were Master of Ceremonies for the One Nation Under God Luncheon.



Our speakers – SSgt Mark Paler, Spec Lindsey Lauritsen, and Lt Col John Flowers.



Veteran Glen Maurer and wife Jeannine – Glen spoke about receiving the AMVET Silver Helmet Award – 2010 National AMVET of the year.



The presentation of the Colors at the beginning of the program was provided by the WF VFW Post 7564.

Our Annual One Nation Under God Luncheon celebrated the rich religious heritage and freedom we enjoy. We expressed our appreciation to those serving in the military who defend those freedoms. VFW Post 7564 presented the Colors and Bud Fontes sang the National Anthem. Specialist Lindsey Lauritsen spoke about her deployment to Kosovo – she returned just over a week ago. Staff Sergeant Mark Paler showed us pictures of his deployment to Iraq and shared his stories with us. Veteran Glen Maurer shared with us his great honor of receiving the 2010 AMVET of the Year award this past March. Our keynote speaker was Chaplain Lt Col John Flowers. He shared his five components of FAITH that soldiers use to survive their missions: **F**ortitude, **A**ttitude, **I**nspiration, **T**eamwork, and **H**ope. He asked that when we pray for our troops, pray for their physical safety, for emotional safety, for God's protection, for their mission success, for their families, and for God to protect their minds and body. Our sincere thanks to all who have served this Great Nation.

Attendance – 36 Members and 54 Guests
Meal – Stuffed Pork Chops, Mashed Potatoes, and Mixed Steamed Vegetables
Dessert – Brownie



National Anthem was sung by Bud Fontes, top left, and our speakers gave us an update on their service duty.