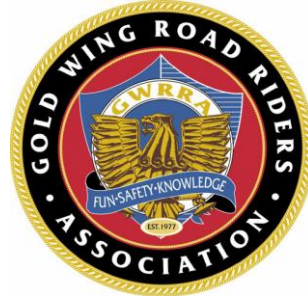


Gold Wing Road Riders Association
North East Region B
Nh DISTRICT
Chapter F
November 2010



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Chapter Directors Message

I Hope all had a happy Thanksgiving and that you all didn't over eat as I did. Now it is time to think about Christmas and all the joy that it brings to the face of Children . And on that Note we have our Christmas party coming up on Dec 2nd at 6:00 pm at AJ's in WhiteRiver Jct, VT and don't forget the gift for Toys For Tots .

Well I really don't have much to say this month .So I hope all has benn well and hope to see you at the party

Bill & Juanita

District Directors Message

Greetings, from cool, rainy New England.

Yes, when I started this letter we were south but now we are home. While we were in Florida we had extremely warm, record breaking heat. The temperatures for one of the weeks were in the high 90's which are summertime temperatures, so for a few days we did not ride. The heat finally broke on Friday, October 30th and the last days in Florida were absolutely beautiful. We got to visit FL2W, the Winter Haven group, and got to ride with our old time friends, (currently our park managers) Barb and Dave.

We were very busy with friends and family visiting and lots of park activities. We enjoyed watching the girls dance at Disney, and we all had a great time at Disney. I went to Bingo one evening and promised to share my winnings with Dick. Well after the cost of Bingo, I won \$10.00 and promptly came home on the golf cart and gave Dick his \$5.00. He declared that I should go to Bingo again soon, as this is the most money I had made since I retired.

We got to visit Lorraine and Earl Knight, and Bob and Judy Burns. Lorraine and Earl purchased a home in the Villages. We got to see their new home, and Lorraine graciously served all of us lunch. We wish Lorraine and Earl many years of happiness in their new home.

As many of you are aware, there has been an ongoing discussion during the past year about the six New England states becoming one District. Mike Stiger, Director, met with many of the members at the Convention in July, and the members expressed their desire to retain their six separate districts. Mike appointed a task force, and the task force requested the six districts be retained. Mike and Ed Bahrenburg agreed to retain the six separate districts however; a decision was made by Mike and Ed to share District Directors. Currently many of the New England states have two or three chapters, and in an attempt to streamline operations staff, the decision was made to share Directors. I realize that many of you do not agree with this decision, but I feel that this is the best decision for New England. Our main focus is to be certain that all members receive the benefits to which they are entitled. The job of District Director is to support the Chapter Directors, and the states that did not have Directors were missing this important component. My goal is for New Hampshire and Vermont is to have a fun, safe, knowledgeable experience within GWRRA, and hopefully we will be able to provide the support and encouragement that the Chapter Directors deserve.

Change is always difficult, but is often necessary and it can be a challenging, learning experience. Please give the New England organizational structure the support it needs so that we may all continue to enjoy the fun and friendships that GWRRA provides. We have enjoyed making so many friends in NH during the past two years and look forward to making new friends in Vermont.

Veteran's Day is November 11th, please remember our veterans and all they have done so that we may enjoy our freedom. To our Veterans, THANK YOU!!

I am uncertain if I will be attending the Regional Meeting in New York on November 13th. As most, if not all of you know, Dick is in the hospital/rehab center and will remain there for the next six weeks. So at this time I am taking it day by day, depending on how we both feel.

We wish to express our sincerest thanks and appreciation to our GWRRA family for your concern and support during the past week. Your friendship is what makes GWRRA the wonderful organization it is. You cannot imagine how much your friendships mean to us.



Our best wishes to all of you for a Happy, Healthy Thanksgiving!!!

Until next month,

Stay safe and warm,

Pat and Dick

From Sarah Josepha Hale, "Editor's Table," Godey's Lady's Book, 1858

OUR NATIONAL THANKSGIVING

"All the blessings of the fields,
All the stores the garden yields,
All the plenty summer pours,
Autumn's rich, o'erflowing stores,
Peace, prosperity and health,
Private bliss and public wealth,
Knowledge with its gladdening streams,
Pure religion's holier beams --

Lord, for these our souls shall raise
Grateful vows and solemn praise."

We are most happy to agree with the large majority of the governors of the different States -- as shown in their unanimity of action for several past years, and which, we hope, will this year be adopted by all -- that the LAST THURSDAY IN NOVEMBER shall be the DAY Of NATIONAL THANKSGIVING for the American people. Let this day, from this time forth, as long as our Banner of Stars floats on the breeze, be the grand THANKSGIVING HOLIDAY of our nation, when the noise and tumult of worldliness may be exchanged for the laugh of happy children, the glad greetings of family reunion, and the humble gratitude of the Christian heart. This truly American Festival falls, this year on the twenty fifth day of this month.

Let us consecrate the day to benevolence of action, by sending good gifts to the poor, and doing those deeds of charity that will, for one day, make every American home the place of plenty and of rejoicing. These seasons of refreshing are of inestimable advantage to the popular heart; and if rightly managed, will greatly aid and strengthen public harmony of feeling. Let the people of all the States and Territories sit down together to the "feast of fat things," and drink, in the sweet draught of joy and gratitude to the Divine giver of all our blessings, the pledge of renewed love to the Union, and to each other; and of peace and good-will to all men. Then the last Thursday in November will soon become the day of AMERICAN THANKSGIVING throughout the world

District Trainers

Dave and Sue Perrin

TURNING OFF THE KEY OF YOUR CAR, LOCKS YOUR STEERING WHEEL AND WILL RESULT IN A LOSS OF POWER STEERING... **DON'T DO IT!**

This is a Consumer Reports video about how to stop a car that is accelerating out of control. It applies to all cars, not just Toyotas, and is probably a good idea for everyone to watch. We never know when info like this could save lives.

<http://video.consumerreports.org/services/player/bcpid1886192484?bctid=48234862001>

by Jerry Palladino (MOTORMAN)

Finally, winter is upon us and the Hurricane Season is over. While it's true that winter in Florida is more like early Fall to Northerners, if you've lived here for a number of years, 45 degrees seems quite cold, especially when riding a motorcycle. The wind chill factor is off the charts. At 60mph and 45 degrees, it can feel more like temperatures in the teens and that's cold in anyone's book.

Hypothermia can happen very quickly if you're not dressed properly. What happens is your body senses the core temperature drop and begins cutting off blood supply to your hands, feet and your head. When the blood flow to your brain slows down, your decision making abilities start to slow down as well. Just like an intoxicated person has problems performing two tasks at the same time, as in clutching and braking, so does a person with the beginnings of hypothermia. You would usually first notice your hand getting numb then your feet and last but not least, your forehead, which can even make you feel like you've eaten too much ice cream too fast. If you've got all these symptoms, I guarantee your judgment has become impaired. If you prepare for a cold weather ride, you should never have to worry about or suffer from hypothermia.

First, start with a good pair of insulated gloves. Cold numb fingers can make for a miserable ride. I've got 3 pairs of gloves, lightweight, un-insulated medium leather with Thinsulate and a somewhat bulky leather pair with heavy insulation. If using the bulky type gloves hurts your throttle clutch and braking abilities, get yourself some heated grips. Heated grips work wonders and here in Florida, may be enough with just a pair of light leather gloves. The warmest things you can put on your hands are electric gloves but they can be a little bulky.

For your feet, the best boots I've found are [Cruiserworks](#). These boots have a special waterproof insulation which not only keeps your feet warm in the winter, but they'll keep you cool and dry in the summer and they're extremely comfortable.

To keep your face and head warm, a Balaclava or ski mask will do the trick especially when combined with a full face helmet, a 3/4 or at least ear wraps zippered on to a half helmet.

To keep the wind from getting inside your jacket, there are many types of neck wraps available from fabric to leather, even a bandanna helps. Your main concern is the jacket. When your chest is warm it's much easier to keep all your extremities warm. A thick leather jacket or one made of Cadora which is also waterproof along with a couple of layers underneath, is the way to go. An electric vest will keep you warm as toast in even the coldest weather and eliminates the layers you'll otherwise need.

If you're ever caught without all the necessary gear and find yourself shivering, pick up a newspaper and a plastic bag. Shove the paper down your jacket and wrap your neck with the plastic bag and grab a hot cup of coffee. That should make the ride home at least bearable.

Region B Directors

Dottie and Ed Bahrenburg

Can you believe it is already November? Soon the holiday season will be here with lots of good food, good friends and fun.

Sometimes it seems like we have been on a dead run since becoming your Region Directors. The first month was spent lining Region Core Team members and learning about the expectations of the members and the National Directors. We are now in the process of filling additional Region positions.

We would like to thank Donna Wheeler for all of her work as Membership Coordinator. Pete St. Armour from New York has joined our team working with Mike Mandell in the Member Enhancement Program. Pete has taken on the responsibility of Area Report List Coordinator. Pete brings a great deal of experience to the team working with the Area Report and newly forming Chapters.

We would also like to welcome Carol Coyne to the Region Team. Carol is taking a newly created position, information Coordinator. She will be helping all of the program areas including operations with the record keeping. Between the 990n's, OCP, Rider Education, District financials and Leadership Training, there is a huge amount of data generated that needs to be accurately tracked and managed for the Region.

Mike and Nancy Mandell are working to fill the Couple of the Year and Chapter of the Year coordinator positions for the Region. Mike is also looking for volunteers willing to serve as District level Membership Enhancement Coordinators.

Judy and Bob Burns have been appointed District Directors for Massachusetts and Connecticut in addition to Rhode Island. Pat and Dick Thibaudeau have been appointed District Director of Vermont in addition to New Hampshire. The three Districts had been without a named District Director due to vacancies. All six of the New England Districts will remain independent. Currently the focus in these Districts needs to be on providing the members with the opportunities from the "Big 3 Programs" of GWRRA; Rider Education, Leadership Training and Membership Enhancement.

Dottie and I had several chances to travel and have fun in October. Several members from NYY were joined by folks from NYD for a trip to Wells, Maine. We were on a quest for a lobster dinner. And, thanks to the members of ME-A, we had a wonderful dinner (lobster of course) and a wonderful time. Maine District Director, Allen Cyr and Maine Chapter A Directors, Bob and Sheila Chevalier and several additional Maine MEA made sure we all had a great time.

Over Columbus Day weekend we attended the Bi-State Convention planning meeting in Syracuse, NY, wearing our other "hat" as NY District couple of the Year.

On October 23-24, we helped present the last OCP for the Region in Saco, ME. We had a great time with ME District Trainers, Mark and Jackie Bennett. We stayed with Mark and Jackie and really appreciated their hospitality. And Jackie was extremely kind to our pup, Max. She kept him company and he appreciated being with people and not at the boarding kennel. We had a good time and met members from Maine, New Hampshire, Massachusetts, and New York who attended the training. Tim and Eileen Guile, incoming NY District Trainers, joined the group and presented several modules of the OCP program.

Just before Halloween, we will travel to attend the New Jersey District meeting. Also on our agenda for November is a trip to the New Hampshire "Chapter A Extravaganza.

We are looking forward to the Region Meeting scheduled for November 13.

As you can see our calendar is VERY full of FUN activities. As we travel around the Region we see a great many people interested in having FUN and help out, but some seem a bit unsure of how to do it. My suggestion is to jump in—the waters fine! Talk to your Chapter Directors, I am sure that they would appreciate your help. Or, possibly your District Director may be looking for someone with new ideas and enthusiasm to help with a project. Possibly offer to work in one of the Program areas. Become a Rider Educator or a seminar presenter. Or, become involved with the "FUN" people in the Membership Enhancement Program or Leadership Training. There are a lot of opportunities to volunteer and to grow your skills as a leader.

In closing we would like to wish everyone a Happy Thanksgiving. Thanksgiving is the most important time of the year for our family. It is the only time when everyone comes together at my parents' home to celebrate all of our blessings. Over the years, we have had upwards of 40 people and 5 generations represented. As we have grown older, we have come to a greater recognition of the importance of

family and friends. We feel especially blessed to have so many friends throughout GWRRA. And, we would like to wish you all a Happy Thanksgiving.



Ed Bahrenburg

Northeast Region Director

UPCOMING EVENTS

July 6 – 9 th , 2011	Knoxville, Tennessee
July 28 th – 30 th	New England Districts Convention, Ramada Conference Center, Lewiston, Maine

