

Parent Support Group

When: 9:30am - 10:15am

10/11, 11/15, 12/13, 1/10, 2/14, 3/13, 4/17, 5/8.

Where:

RJL Room 13 B

Get support dealing with challenging behaviors, give support to other parents in need.

The group is geared toward information providing and sharing, as well as to develop a support network among parents. Each week will start with a topic. Topics will be implemented by the expressed needs of the group participants. Such topics may include: How to understand and communicate with your child, managing issues of anger and control as well as positive approaches to discipline, stress management, keeping your kids safe, promoting positive peer and home relationships, and how to handle challenging behaviors at home.

Any questions please call Mrs. Zaikowski 308-5450, or Mrs. Borget 308-5456

Refreshments will be served