

API of Stark Co.

July 2007

Volume 3, Issue 6

Attachment
Parenting
International



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Ideals to Principles FAQs

Why have the former 8 Ideals been expanded to the 8 Principles?

The purpose of expanding the *Eight Principles of Attachment Parenting* is to....

- Offer clarification and more details, as requested by both Leaders and Members.
- Update the material based on the latest research.
- Expand the focus to include broader concepts that are supported by attachment promoting behaviors ("practices").
- Allow more flexibility for families in various family situations without compromising the importance of attachment.

Who worked on, and approved, the changes to the *Eight Principles of Attachment Parenting*?

- API Co-founders
- API Staff
- Consults with the Board of Directors, Advisory Board, and Research Council
- Input by API Leaders
- Volunteer Professional Writer and API Leader
- API Copy Editor

Why did API change the title of Ideals to Principles?

Ideals implies one "right" answer, or some "perfect" parent, while "Principles" is more true to our intention of sharing concepts supported by research that can be adapted to various real world situations.

Principles Con't.

Where is information for pre-teens and teenagers?

API is planning on releasing a supplement for pre-teens and teenagers in 2008. The next time the Principles are revised, the information from the supplement will likely be incorporated into the main document.

Why did API incorporate the School Aged Children information into the Eight Principles?

It's API's goal to have one main document, with supplements for more in depth discussion of practicing Attachment Parenting during special circumstances (such as AP during divorce, choosing child care, weaning, etc

Former Ideal	Principle	Reason
Preparation for Childbirth	Prepare for Pregnancy, Birth, and Parenting	Preparation does not end once a child is born. Rather, parents are continually educating themselves.
Emotional Responsiveness	Respond with Sensitivity	More clear terminology.
Breastfeed Your Baby	Feed with Love and Respect	Switching the title from a Practice to a Concept; allowing the Principle to expand into childhood and allowing API to distribute unique and valuable information about adapting breastfeeding behaviors to bottlefeeding.
Baby Wearing	Use Nurturing Touch	Switching the title from a Practice to a Concept; allowing the Principle to expand beyond babywearing
Sharing Sleep	Engage in Nighttime Parenting	Switching the title from a Practice to a Concept; allowing the Principle to expand to older children and to discuss alternate sleep arrangements.
Avoid Frequent or Prolonged Separations	Provide Consistent and Loving Care	Switching from a negative statement to a positive one.
Use Positive Discipline	Practice Positive Discipline	n/a
Maintain Balance in Your Family Life	Strive for Balance in Personal and Family Life	Expanded to include personal balance.

Events Calendar

July 17th - Playdate at Price Park in North Canton
10:00 a.m.

July 25th - Mom's Night Out
Starbucks - Belden Village
6:00 - 10:00 p.m.

August 4th - World Breastfeeding Week Celebration Picnic
St. Michael's Church
5:00 p.m.

August 14th - API of Stark Co. Meeting
The Breastfeeding Center
10:00 a.m.

August 21st - Playdate at Boettler Park in Green
10:00 a.m.

August 25th - API of Stark Co. Meeting
The Breastfeeding Center
Saturday 2:00 p.m.

August 29th - Mom's Night Out
Starbucks - Belden Village
6:00 - 10:00 p.m.

September 11th - API of Stark Co. Meeting
The Breastfeeding Center
10:00 a.m.

September 21st - API at the Akron Zoo
Watch for details coming soon!

September 26th - Mom's Night Out
Starbucks - Belden Village
6:00 - 10:00 p.m.

September Sat. Mtg. - To Be Announced

API's "Project Staying Power" Online Auction

We're excited to announce the kick-off of this year's fundraiser: the "Project: Staying Power" Online Auction! As you may already know, the auction will take place entirely online, from June 29th to July 21st at www.api.cmarket.com.

Buy something for yourself, family, or a friend, there's truly something for everyone in this auction – from children's items and music memorabilia, to magazine subscriptions, graphic design services, and vacation packages. It's truly guilt-free shopping!

The funds we raise will benefit Attachment Parenting International, and help fund the 2007 General Operations Fund, allow API to renovate www.attachmentparenting.org, and develop a parent education curriculum. We're especially counting on you to help make this event a success in two ways: First, by "bringing" as many people as possible to the auction, and second, by helping us with donations.

Tell-A-Friend

Please fill out at least 2 of the "Tell a Friend" forms, using the button that's right on the auction's homepage, www.api.cmarket.com, to get as many people as possible involved.

Donate Now

Of course, we're still accepting items for our auction. If you know of anyone who would like to make this kind of a donation, simply tell them to use the "Donate Now" button on the auction website – www.api.cmarket.com.

Thanks in advance for your generosity, as well as your enthusiastic involvement and support – without you, events such as these would not be possible!

Happy bidding!

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We're on the Web!

See us at:
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starkcountyapi/
index.html](http://www.orgsites.com/oh/starkcountyapi/index.html)

Discussion Group:
[http://groups.yahoo.com/
group/starkcountyapi](http://groups.yahoo.com/group/starkcountyapi)

Our Mission

API's mission is to promote parenting methods that create strong, healthy emotional bonds between children and their parents. These methods nurture and fulfill a child's need for trust, empathy, and affection, providing a lifelong foundation for healthy, enduring relationships. Through education,

support, advocacy, and research, API seeks to strengthen families and increase awareness of the importance of secure attachment, ultimately helping to reduce or prevent child abuse, behavioral disorders, criminal acts, and other serious social problems.

API Membership Drive

API has been working hard for parents around the globe. The past year has been spent researching and collecting data to revise what was formerly the 8 Ideals, now 8 Principles. Countless hours went into developing this document so that parents like you could be given more detail about Attachment Parenting. By becoming a member of API, you support endeavors like this. Together, you and API can really make a difference globally.

API's Membership Drive is currently in full force. Anyone joining or renewing membership by July 14th will be entered into a drawing for an API Care Package. So now is an even better time to join!

Memberships are \$35 per family, per year. Please see a leader to join!



www.attachmentparenting.org



*Peaceful Parenting for
a Peaceful World!*