

# Healthier Lunch Options



The cafeteria offers many snack options to students during the lunch hour at a nominal fee. These items include pretzels, chips, fruit chews, cookies etc. The PTG would like to promote 'Healthier Eating Habits' for the students at St. Teresa, please take a moment (with your student) to answer the questions below. **Please return it to the school office Attn: Shannon Darnell by the end of the first week of school, OR you can email responses to ptg0910@yahoo.com**

1. Do you like the idea of healthier snacks available for purchase in the cafeteria?  yes  no
2. Would your student be likely to purchase healthier options if provided?  
 yes  no  I do not know  maybe
3. Please mark any item below that you think the students would purchase if they made the healthier food choice (either parent or student report):

- Carrot Sticks with dip
- Apple slices
- Banana
- String Cheese
- Yogurt Cups
- Gogurt
- Pudding Cups
- Peanut butter filled pretzels
- Cheese filled pretzels
- Granola bar
- Salad
- other (please list):

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Thank you for your time,

The St. Teresa PTG  
Focus on Wellness