



Kiamichi Quilt Guild

220 E. Adams, Rm 311
McAlester, OK 74501

JUNE 2008

www.orgsites.com/ok/kiamichiquiltguild



One of Janice's beautiful quilts.

Camps:

Fall retreat at Rhema Ranch on August 21-24, 2008. Applications are being accepted now with a \$25 deposit. A copy of the application is available on our website or stop by at Vonnie's store. Cost is \$127. So far 26 quilters have signed up with their deposits and it is now open to other quilters. Up to 75 campers can go.

Kamp Kutty Uppy will be held the 2nd weekend in Mar 2009 at Kamp Pickens.

Refreshments for June meeting: Linda Burnett, Phyllis Finamore, Alta Lake, Geneva Hamilton

Program: Mary Lu Jones (Kansas City Star Program).

Treasure Box: Bring anything quilt related that you no longer want as "one quilter's trash is another quilter's treasure".

Cotton Belles Cookbook CDs: \$7.00; four books in one CD. All proceeds go to FISH (to feed the needy). Contact Kaye Dunn.

2008 Quilt Show: "Quilting Party", Oct 25, 2008, 9:00am – 5:00pm at St. John Catholic Church Gym. Kay Schumacher and Joan Bolesworth are quilt chairmen. A copy of the entry form is available on the website or in the guild room. If printing the one from the website, be careful to **include and sign** the "Hold Harmless" portion at the bottom of the entry form.

Area Quilt Shows:

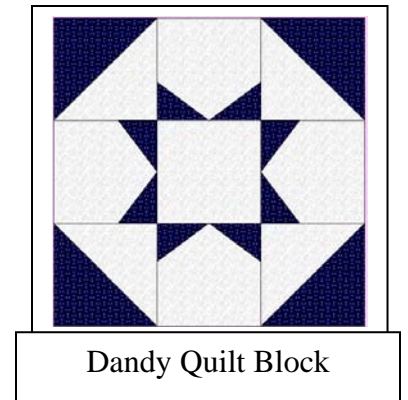
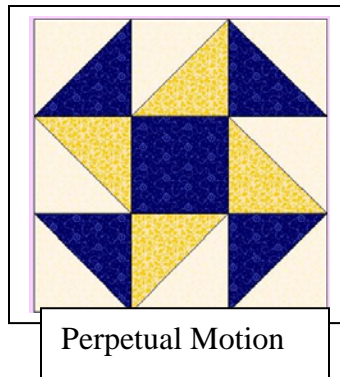
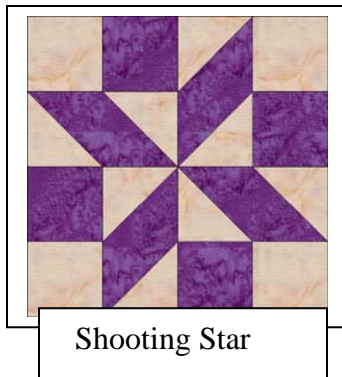
June 6-7, Quilt Daze, Tulsa, OK, 10am – 6pm
June 20-22, Common Threads, Wichita, KS

June 12th

5:00pm Board Meeting
6:00pm Refreshments
6:30pm Meeting

Lisa Hoffman is making new guild shirts. The color is Navy Blue. You can purchase a short sleeve, long sleeve, knit polo or even sweatshirt. They should be about \$8.50 for S to XL, \$10.50 for long sleeve, \$15.00 for polo knit or sweatshirt. Sign up sheets will be at the June meeting.

Entry forms for the Quilt show are available with the deadline of October 1. Cheaters cloth (pre-printed panels) are considered as whole cloth and are in mixed technique. Computer quilting is ok to enter. About 120 quilts can be entered in the show depending on sizes of the quilts. Remember the challenge Kaye gave to all guild members: to have something finished by the June meeting for a special project sew and tell and then they are to be sold at the quilt show.



For directions for any of these quilt blocks, go to <http://www.delawarequilts.com/BOMs/index.html>.

Note from your Librarian:

Our library is growing and folks are really starting to check it out!!! I was so excited to learn that some gals are looking through our list on the website, jotting down what they want & then going directly to it for checking out. We have had several new additions as follows:

BIG BOOKS (category "C")

- C-32 Encyclopedia of Classic Quilt Patterns - Oxmoor House
- C-33 A Treasury of Quilts - Family Circle
- C-34 A Garden of Quilts - Johnson, Mary Elizabeth
- C-35 Great American Quilts 1988 (copy 3) - Oxmoor House
- C-36 Great American Quilts 1990 (copy 2) - Oxmoor House
- C-37 Great American Quilts 1991 (copy 2) - Oxmoor House
- C-38 Great American Quilts 1992 - Oxmoor House
- C-39 Great American Quilts 1993 - Oxmoor House
- C-40 Great American Quilts 1994 - Oxmoor House
- C-41 Thimbleberries Cottage Comfort - Jensen, Lynette
- C-41 Thimbleberries Book of Quilts - Jensen, Lynette

MACHINE PIECED (category "L")

- L-78 The Classic American Quilt Collection: **9 Patch** - Rodale Quilt Book
- L-79 The Classic American Quilt Collection: **Baskets** - Rodale Quilt Book
- L-80 The Classic American Quilt Collection: **Amish** - Rodale Quilt Book
- L-81 The Classic American Quilt Collection: **Wedding Ring** - Rodale Quilt Book
- L-82 The Classic American Quilt Collection: **Schoolhouse** - Rodale Quilt Book
- L-83 The Classic American Quilt Collection: **Quilting Made Easy** - Rodale Quilt Book
- L-84 The Classic American Quilt Collection: **Stars** - Rodale Quilt Book

QUICK QUILTS & PROJECTS (category "Q")

- Q-17 Americas Best Quilting Projects - Rodale Crafts
- Q-18 Americas Best Quilting Projects: Scrap Quilts - Rodale Crafts
- Q-19 Small Quiltcrafts - Geiger

NOTE *The collection of Great American Quilts 1988-1990 that was previously listed in category "J" has been moved to category "C". I hope this does not create any problems for anyone.*

A big THANK YOU to our wonderful donors for making so much quilting knowledge, tips & patterns available to us!!! I hope you'll have chance to browse through our listings on the website or in the BLUE BOOK at our library area.

Just a little reminder that our library has loads of quilting stencils, iron-on patterns (such as used for embroidery) & many, many loose patterns - all available to our members. Be sure to check us out.....happy quilting....Linda Jimmerson, Co-Librarian

Easy Mexican Lasagna

My Way (by Sherry Worley)

3 cups browned beef and ground turkey

(I brown 1 package ground turkey breast and 1 package lean ground beef with one large onion. This makes enough to make this recipe twice. It freezes well till needed.)

1 (15-oz.) can black beans, rinsed and drained

1 cup frozen corn

1 can Rotel Tomatoes (medium heat)

1 can Rotel Tomatoes (mild)

1 teaspoon garlic powder

1 teaspoon ground cumin

½ teaspoon pepper

1 can Healthy Request cream of chicken condensed soup

1 can Healthy Request cream of mushroom condensed soup

1 (10 oz.) can enchilada sauce

Vegetable cooking spray

12 or more (6") corn tortillas

1 cup Kraft Free shredded cheddar cheese

1 cup Sargento Light Mexican cheese mix

Cook first 8 ingredients in a saucepan over medium heat 10 minutes or until thoroughly heated. Stir in soups and enchilada sauce; continue to cook until heated. Spray 13 X 9 pan with vegetable cooking spray. Spoon 1/4 of sauce into pan. Top with 3 corn tortillas (I tear tortillas to fill in the corners), ¼ of sauce, sprinkle with 1/2 of cheddar cheese. Repeat layers two more times (sometimes I add an extra layer, you know how it is trying to make everything come out even!), using all of light Mexican cheese on top. Bake at 350 degrees for 30 to 40 minutes or until lasagna is bubbly.

The one I made for us today I used Sargento Light Mexican cheese between the layers too. I also used all mild Rotel tomatoes and mild enchilada sauce.



Quilting Tips (taken from March guild meeting)

Read all instructions before you start a project.

For easier threading of a needle, run the eye of the needle through your hair and cut the thread on a slant.

Cut leftover material into strips so that you have them ready to go for a project.

If you are using a kit, don't wash the material first as you may end up being short on material.

Use a small paint roller as a finger press.

Use an ear plug as a holder for your needle.

You know you are a Quilter if.....

- 1) There's more Fabric in the House than Food.
- 2) Your ironing board is always set up but you never iron clothes.
- 3) You think of your job as an interruption of your quilting time.
- 4) You pet Fabric.
- 5) People are always picking threads off you.
- 6) You can measure a scant 1/4 inch by eye.
- 7) "Featherweight" Doesn't mean Boxer.
- 8) Your "UFO's" are not from outer space.
- 9) You clean up your sewing room & they think you are leaving.



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He was driving home one evening, on a two-lane country road. Work in this small Midwestern community, was almost as slow as his beat-up Pontiac. But he never quit looking. Ever since the factory closed, he'd been unemployed, and with winter raging on, the chill had finally hit home. It was a lonely road. Not very many people had a reason to be on it unless they were leaving. Most of his friends had already left. They had families to feed and dreams to fulfill. But he stayed on. After all, this was where he buried his mother and father. He was born here, he knew the country. It was starting to get dark and light snow flurries were coming down. He'd better get a move on. He almost did not see the old lady, stranded on the side of the road. But even in the dim light of day, he could see she needed help. So he pulled up in front of her Mercedes and got out. His Pontiac was still sputtering when he approached her. Even with the smile on his face, she was worried. No one had stopped to help for the last hour or so. Was he going to hurt her? He didn't look safe, he looked poor and hungry. He could see that she was frightened, standing out there in the cold. He knew how she felt. It was that chill that only fear can put in you. He said, "I am here to help you ma'am. Why don't you wait in the car where it's warm? By the way, my name is Joe."

Well, all she had was a flat tire, but for an old lady that was bad enough. Joe crawled under the car looking for a place to put the jack, skinning his knuckles a time or two. Soon he was able to change the tire. But he had to get dirty and his hands hurt. As he was tightening up the lug nuts, she rolled down her window and began to talk to him. She told him that she was from St. Louis and was only passing through. She could not thank him enough for coming to her aid. Joe just smiled as he closed her trunk. She asked him how much she owed him. Any amount would have been all right with her. She had already imagined all the awful things that could have happened had he not stopped. Joe never thought twice about the money. This was not a job to him. This was helping someone in need, and God knows there were plenty who had given him a hand in the past. He had lived his whole life that way, and it never occurred to him to act any other way. He told her that if she really wanted to pay him back, the next time she saw someone who needed help, she could give that person the assistance they needed, and Joe added, "And think of me."

He waited until she started her car and drove off. It had been a cold and depressing day, but he felt good as he headed for home, disappearing into the twilight. A few miles down the road the lady saw a small cafe. She went in to grab a bite to eat, and take the chill off before she made the last leg of her trip home. It was a dingy looking restaurant. Outside were two old gas pumps. The whole scene was unfamiliar to her. Her waitress came over and brought a clean towel to wipe her wet hair. She had a sweet smile, one that even being on her feet for the whole day could not erase. The lady noticed the waitress was nearly eight months pregnant, but she never let the strain and aches change her attitude. The old lady wondered how someone like her who had so little could be so giving to a stranger. Then she remembered Joe. After the lady finished her meal and the waitress went to get her change from a hundred-dollar bill, the lady stepped right out the door.

She was gone by the time the waitress came back. She wondered where the lady could be, and then she noticed something written on a napkin. There were tears in her eyes, when she read what the lady wrote. It said, "You don't owe me a thing. I have been there too. Someone once helped me out, the way I am helping you. If you really want to pay me back, here's what you do. Do not let the chain of love end with you."

Well, there were tables to clear, sugar bowls to fill and people to serve, but the waitress made it through another day. That night when she got home from work and climbed into bed, she was thinking about the money and what the lady had written. How could she have known how much she and her husband needed it? With the baby due next month, it was going to be hard. She knew how worried her husband was, and as he lay sleeping next to her, she gave him a soft kiss and whispered low, "Everything's going to be all right. I love you, Joe."