



Kiamichi Quilt Guild

220 E. Adams, Rm 311
McAlester, OK 74501

October 2008

www.orgsites.com/ok/kiamichiquiltguild



Opportunity Quilt

Quilt Appraisals will be available during the Quilt Show. Contact one of the chairmen (Joan or Kay) to sign up for a time. Cost will be \$35/per quilt with \$5 going back to the guild.

You have put a lot of work and effort to make your quilt and you wouldn't want your insurance company to only reimburse you for the cost of "bedcovering". This can happen if you don't have an appraisal from a certified quilt appraiser.

Lakie Gillespie has some 100% cotton fabrics for sale. She has scraps, fat quarters, yardage, pillow, and wall hangings. They are separated into bags and the cost varies from \$2.00 or less. If interested, call Lakie at 426-1239, or cell 424-2252. Lakie lives at 1544 Redbud, McAlester.

Refreshments for October meeting: Phyllis Finamore, Linda Burnett, Iris Hallbert, and Audrey Hamilton.

Program: Last details for the Quilt Show.

Block of the Month: Juanita Barker.

Treasure Box: Bring anything quilt related that you no longer want as "one quilter's trash is another quilter's treasure".

Cotton Belles Cookbook CDs: \$7.00; four books in one CD. All proceeds go to FISH (to feed the needy). Contact Kaye Dunn.

2008 Quilt Show: "Quilting Party", Oct 25, 2008, 9:00am – 5:00pm at St. John Catholic Church Gym. Kay Schumacher and Joan Bolesworth are quilt chairmen.

President: Chris Clark, 918-452-2232
Secretary: Darlys Hutten, 918-423-7760
Treasurer: Joan Bolesworth, 918-423-7295

1st Vice: Janice Davis, 918-473-7020
2nd Vice: Sherron Hearod, 918-423-2246

Quilt Shows:

Oct 1-31, Pawnee Bill Ranch Museum Quilt Show, Mon-Sun daily until Oct 31.

Oct 3-5, Red River Quilters Show, Shreveport, LA.

Oct 17-18, Claremore Quilt Show, Community Center, 2301 N. Sioux Ave., Claremore, OK.

Oct 30 – Nov 2, International Quilt Festival, Houston, TX.

Area Events:

Oct 10-11, Watonga Cheese Festival, downtown, Watonga, OK, \$5, 9am-5pm.

Oct 11, Blue Star Mothers of Pittsburg County Poker Run, 9am, Farmers Market, McAlester.

Oct 18, Pride in McAlester Clean/Sweep Event, Farmers Market, receptacles to get rid of hazardous waste, batteries, tires, glass, scrap metal, etc.

Oct 18-20, Robbers Cave Fall Festival, Robbers Cave State Park, Wilburton, OK.

Oct 24-26, An Affair of the Heart, Fairgrounds, Oklahoma City, OK.

Oct 31, Lions Club Kids Festival, McAlester.

Oct 31, Trick or Treat on the street, McAlester

Cheesy Potato Bake

By Jackie Golden

1/4 onion, diced
1/2 lb ground beef
1 jar (4 oz) mushrooms, drained, optional
1 box (5-1/4 oz) au gratin potatoes
2 c. boiling water
2/3 c. milk
1 t. butter
1/2 t. salt
1/4 t. seasoned salt
1/4 t. pepper
1/2 c. shredded cheese

Brown onion in skillet with small amount of extra virgin olive oil. Add ground beef and cook until no longer pink; drain if necessary. Put ground beef in 8x8 baking dish that has been sprayed with Pam. Top w/mushrooms. Combine potatoes, sauce packet, milk, water, butter, salts, and pepper in a bowl. Pour over ground beef and mushrooms. Cover and bake at 400 for 30 minutes or 350 for 40 minutes. Remove cover; sprinkle w/cheese and bake, uncovered, 5 more minutes. Let stand 5-10 minutes to set up. Yields 4 servings.

Note: I didn't use mushrooms or the seasoned salt. I also like to bake this longer at the lower temperature - just makes it seem creamier.

A distraught senior citizen phoned her doctor's office. "Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?"

"Yes, I'm afraid so," the doctor told her.

There was a moment of silence before the senior lady replied, "I 'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS'."

October 9th

6:00pm Refreshments
6:30pm Meeting

One of the reasons you should submit a quilt for judging is to get constructive ideas to help you improve your work. Many times we quilters are so close to our work that we cannot tell what's wrong with the quilt, but we know it isn't quite as good as it could be: why it doesn't lie flat, why we have those puckers in the center, how to start and stop when machine quilting so we don't have thread lumps, why the design and colors that we chose sound as if they would be perfect, and yet the quilt lacks something. A good quilt judge is able to analyze the quilt from workmanship and design standpoints and offer constructive ideas to help you improve your work.

So what does a judge look for? Design, technique, workmanship, skill level shown by the quilter, creativity, overall effect -- to give a general overview. Judges also look at the consistency of the stitches in a hand-stitched item; the joining of the sections in a pieced item (do the points meet?); the puckers (or hopefully the lack thereof) in either the top or the back; neatness of machine stitching, especially in stops and starts.

If you are entering a quilt in a show, the very first thing you must do before dropping your quilt off at the show is make certain the quilt is clean. It should be free of pet hairs or any other item foreign to the quilt. Also, it should be free of odors, i.e., tobacco smoke or a musty smell. Also, be certain you have entered your quilt in the appropriate category as defined by the show sponsors.

In making the quilt, extra care should be taken to see that all the points match the way they are designed to match. In machine piecing, be careful with your measurements and putting the pieces together. Do the stops and starts of your machine stitching detract?

If your quilt is appliquéd, are the stitches invisible (or nearly so) and are the edges turned under properly? When you are attaching your binding, are your corners neatly turned, and are your hand stitches neatly done? Does the machine stitching on the other side of the quilt show through? Does the batting fill the binding? It should.

These are just some of the things a judge looks for when deciding which quilt is the prize winner.



Quilting Tips (taken from March guild meeting)

When you have a lot of bulk in the middle of your block, use a hammer to flatten the bulk.

Stick your quilting needles into a bar of still wrapped soap. It will keep them sharp.

Wrap a gift for a quilt friend in a piece of freshly ironed fabric.

Put a clear contact paper on top of your paper quilting patterns to extend their use and last longer.

A rule of thumb when figuring yardage is that a double bed size quilt that is pieced requires about 10 yards total for the top.

Hot Pretzels

By Amanda Wood

2 lbs. of Pretzels
1 ½ cup Oil (I use Olive)
1 table's garlic powder
1 tables Lemon Pepper
1 tsp Cayenne Pepper
1 pkg Ranch Dressing Mix

Mix together pour over Pretzels, then place on wax paper to dry.

Eat & Enjoy!!!

Kiamichi Quilt Guild
PO Box 1846
McAlester, OK 74502

Newsletter Editor: Darlys Hutten
Phone: 918-423-7760
Email: mcalesterkqg@yahoo.com

THE FENCE

There once was a boy who had a temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence.

The first day the boy had driven 37 nails into the fence. Over the next few weeks as he learned to control his anger the number of nails hammered gradually dwindled down.

He discovered it was easier to hold his temper than to drive nails into the fence.

Finally the day came when he didn't lose his temper. He told his father and his father suggested that the boy now pull out one nail for each day that he was able to hold his anger. The days passed and the boy told his father that all the nails were gone.

The father took the boy by the hand and led him to the fence. He said look at the holes in the fence. The fence will never be the same, when you say things in anger, they leave a scar just like the ones on the fence. You can put a knife in a man and draw it out. It won't matter how many times you say I am sorry, the wound is still there. A verbal wound is as bad as a physical one. Friends are very rare. they make you smile and encourage you to succeed. They lend an ear, and always want to open their hearts to us.

Be a Friend and appreciate the ones you have!