



friendship force
OREGON'S
MID-WILLAMETTE VALLEY

Friendship Connections

The Friendship Force of Oregon's Mid-Willamette Valley
Club of the Year — 2000

Discover the Wine Regions of Oregon Sept. 30 - Oct. 6

Ambassadors have been matched! The week's activities are planned. Soon, very soon, our guests will arrive. This exchange promises to be an exciting adventure for our club. FFI asked us to host a global exchange which has the theme "Discover the Wine Regions of Oregon". After week with the Southern Oregon club the ambassadors will arrive on September 30 to experience our corner of Oregon and its world renowned wines.

But, this exchange is more than just a wine tasting event. All exchanges offer the chance to make friends with people from a variety of places and backgrounds while sharing our homes, our interests and our state. This exchange is no different. If you are not hosting, consider offering your help as a day host or inviting guests to your home for a dinner on Oct.4. Whether or not you host, please plan to be part of the activities listed below. Contact either of the ED's: Kathy Butler and Marilyn Peterson for more information.

Summary of the week's activities:

Sept. 30 Arrival and Welcome gathering at Madrona Hills Retirement Center in Salem at 2:30pm to set up before our guests arrive. Potluck dinner – bring a main dish and a salad or dessert. If you would like, bring a bottle of wine (or two) to share. The venue is 'wine friendly'. And, yes, to make clean up a snap, please bring your own eating utensils/plates/cups. The program will include a presentation on Oregon wines and the wine industry.

Oct. 1 Free Day with hosts or day hosts (Suggestions for optional activities will be discussed at the workshop).

Oct. 2 Free Day with hosts or day hosts

Oct. 3 Wine tasting and much, much more Leave Seufert Winery in Dayton for a visit to L Bar T Buffalo Ranch, a food and sake pairing at SakeOne, lunch at McMenamin's Grand Lodge and a visit to the beautiful Torii Mor Estate which has a lovely Japanese Garden.

Oct. 4 In the morning a visit to Hull Oakes Mill in Monroe, followed by visits to Tye and Springhill Wineries. In the evening we will enjoy dinners hosted by various club members (dinner coordinator is Joan Rodgers)

Oct. 5 Trolley wine tour – during the day we will visit Red Ridge Farm for Oregon grown olive oil tasting, the renowned Joel Palmer house for lunch, Methven and Coelho wineries. At the last stop we will be entertained by a local Hispanic children's dance troupe.

The stop at Coelho winery is our farewell gathering to which all members are invited. Space on the full day trolley outing is limited so send in your reservation (on back page) soon.



Wine Tasting at Springhill Winery



September 11, 2011 Gathering, 3:00pm, Phoenix Inn Suites, Albany
Exchange Workshop, Special guest speaker

CHANGING THE WAY YOU SEE THE WORLD

President's Greetings



A great thank you to Lloyd and Juanita Weigel for arranging such an interesting, beautiful location for our annual meeting. Everyone who attended had a special experience.

Five members of our club recently returned from a FFI-sponsored discovery tour to Iceland. Led by Cinda Clark of the Northern Colorado club, the tour had the goal of establishing clubs in Iceland while providing FF members with a wonderful travel experience. We met twice with groups in Iceland, and there is a significant possibility that the trip will result in a club being established either in the capital or the largest city in the northern part of the island.

The ED's for the Discover the Wine Regions of Oregon exchange would appreciate additional volunteers to be available as day hosts. A very interesting week has been established for this themed exchange which will take place September 30-October 6. There will be a special guest speaker at our gathering on September 11 to help us prepare for the upcoming exchange. Please plan to attend whether or not you are a host or day host.

John

CHANGING THE
WAY YOU SEE
THE WORLD

Annual Meeting, August 28



Friendship Force Pledge

As a member of the Friendship Force, I recognize that I can make a difference. I recognize that I have a mission. That mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be furthered. I can make a difference.

Crystal Springs Ranch provided a very special setting for our annual meeting on August 28. The ranch was formerly a stage coach stop, and the current owner has restored the original buildings and added others, one of which houses his significant collection of historic wagons. A fascinating tour of the property was conducted by an employee following the meeting.

The primary business at the meeting—selecting our preferences to submit to FFI for our international outbound exchange—resulted in a first choice of Canada. This country received an overwhelming majority of the votes with Romania and France as our second and third choices. In submitting our choices, it will be noted that we prefer to go to *eastern* Canada.

The slate of officers presented by the nominating committee for 2012 was approved by the members. They will be president, John Wyse; vice-president, Caye Poe; secretary, Kay Macpherson, and treasurer, Cheeri Nichols.

Board of Directors 2011

Officers:

President - John Wyse	503-394-3677	rwyse@smt-net.com
Vice-President- Louise Claassen	541-928-8057	louclasen@comcast.net
Secretary - Kay Macpherson	541-929-4678	QGram@aol.com
Treasurer - Cheeri Nichols	503-581-1414	vpncheer@comcast.net
Past President - Juanita Weigel	503-375-9967	rufus2000@comcast.net

Standing Committee Chairmen:

Membership - Louise Claassen	541-928-8057	louclasen@comcast.net
Newsletter/Website Marilyn Peterson	541-926-7431	peterson.marilyn@comcast.net
Merchandise/Club Inventory Rita Powell	503-831-3755	deerpathrita@gmail.com
Sunshine - Sue Stein	541-791-7144	sstein12345@comcast.net
Marilyn Bervin	541-929-5633	bervins@peak.org
Historian - Warren Harmon	503-399-1654	warrenharmon@q.com
Archivist - Rosella Workinger	541-926-4105	rworkinger@comcast.net
Exchange Treasurer - Bun Doerfler	541-928-7282	villagerb-j@comcast.net

Exchange Directors Outbound:

October/November 2011 Kaohsiung, Taiwan Ted Powell	503-831-3755	deerpathted@gmail.com
October 2012, Noumea, New Caledonia and Sunshine Coast, Australia - ED needed		
June, 2012 Twin Cities, MN		

Exchange Directors Inbound:

June 7-14, 2011 Whangarei, New Zealand	Kay Macpherson and Juanita Weigel
Sept.30 - Oct. 6, 2011 Discover the Wine Regions of Oregon	Kathy Butler and Marilyn Peterson
July 2012 Merseburg, Germany - ED needed	

Friendship Force Gifts

Merchandise items are available in very limited quantities from Rita Powell:

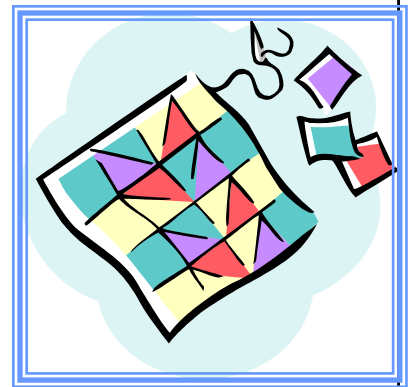
503.831.3755 or deerpathrita@gmail.com.

The club will continue to sell our note cards and lanyards. Other items will be discontinued. For more products with the new FFI logos, visit the FFI website and the online store.

Volunteers Wanted to Make Wine Glass Coasters

We need helpers (volunteers) to help make wine glass coasters for our Wine Lovers Exchange guests who arrive on the 30th of September. You do not need to sew as there is very little sewing. It's mostly pressing fabric and laying it together for someone to sew. We are meeting at Louise Claassen's home, 329 NW Green Acres LN., Albany at 1:30 PM on the 12th of September.

Email Juanita at rufus2000@comcast.net so she has an idea of how many helpers we will have. There will be fun to be had in getting together and learning a new craft that is simple. Anyone living in the Salem area that wishes a ride should contact Juanita to carpool.



Small Group Dinner Hosts Needed Contact Joan Rodgers

If you are interested in hosting a small dinner when the ambassadors are with us in October for the Discover the Wine Regions of Oregon Exchange, please contact Joan Rodgers at 541-752-4943, or email her at rodgers3652@comcast.net. She will be happy to give you more information about these meals which always are very much enjoyed by our visiting ambassadors. The dinners are scheduled for the evening of Tuesday, October 4.

Newsletter Notes

Please submit articles and pictures by email before the month's due date (usually the 20th of the month before publication date). Please use the subject line of: **FF Newsletter Content** on all content. **November content will be due by October 20.**

There will be no October newsletter due to the exchange. Look for the next *Connections* in your inray on November 1.

Club Communications

When you have news to share with our members via email, the newsletter editor has the current roster and email distribution list. It is very helpful, if you would tell the editor what you would like done with the information (put in newsletter, send out now to membership, for your information only). Please write your e-news exactly you wish it to read and then send your article to: peterson.marilyn@comcast.net

If you know of events in the lives of our members that should be acknowledged, please send the information to Sue Stein who is the Sunshine Chair at ssstein12345@comcast.net or 541.791.7144 . Contact the editor (with the subject's permission, of course) for distribution to the club members.

Marilyn



Exchange News

Outbound to Kaohsiung, Taiwan, Oct. 26 - Nov. 18, 2011 ED, Ted Powell 503.831.3755
deepathted@gmail.com

Inbound Discover the Wine Regions of Oregon, Sept. 30 – Oct. 6, 2011

EDs, Kathy Butler (541.926.9897), 4192butlerkw@comcast.net

Marilyn Peterson (541.926.7431), peterson.marilyn@comcast.net

Volunteers needed to make exchange gifts on Sept. 12 at Louise Claassen's. Article on page 3.

Group dinner hosts for Oct. 4 needed. Please contact Joan Rodgers to help. Article on page 3.

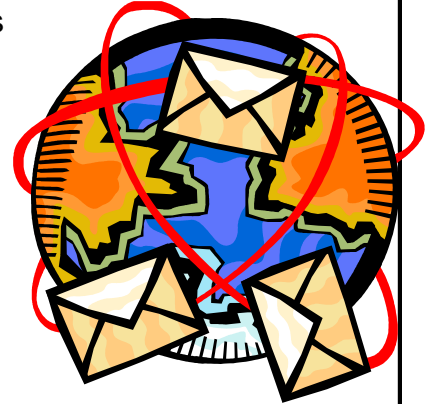
Workshop—September 11 at 3pm, Phoenix Inn Suites, Albany

EDs are still needed for:

Outbound to Noumea and Sunshine Coast

Outbound to Twin Cities, Minnesota

Inbound from Merseburg, Germany



Board Meeting Minutes August 5

Friendship Force of Oregon's Mid-Willamette Valley Board Meeting August 5, 2011 at Albany City Hall.

There was no board meeting during the month of July.

Vice President, Louise Claassen called the meeting to order at 1:10pm. Others present were Marilyn Peterson, Bun Doerfler, Susan Stein, Rita Powell, Kathy Butler, and Cheeri and Van Nichols.

The minutes for the June were approved. **MSP** Rita Powell/Kathy Butler.

The Treasurer's report was accepted and is filed with the minutes.

The Club Profile has been reviewed and updated by Cheeri Nichols, Rita Powell, and Marilyn Peterson. Contact Marilyn Peterson if there are any comments. Marilyn will send the profile on to FFI in appropriate timing.

Rita Powell asked for approval of revised ED Applications. **MSP** Marilyn Person/Rita Powell.

Exchanges:

Explore Wine Regions of Oregon – 9/30-10/6. The Workshop will be held 9/11 at 3:00 at the Albany Public Library with Joel Rea being the speaker. [note: the location was changed to the Albany Phoenix Inn]

Taiwan – Rita indicated for Ted that 17 folks are signed up and plans are continuing.

New Caledonia – need an experienced ED to work with Jean Townes.

Minnesota – Pat Byers not present

Discussion of how to invite the FF Club from India to visit us.

Merseburg, Germany is our incoming exchange for the summer of 2012.

Bun Doerfler, Treasurer for the NZ Exchange is returning \$499 of the \$500, made available for the Exchange back to the club funds.

AI Marilyn Peterson is making arrangements with Marilyn Smith, who writes for the Generations publication to learn more about FF. Inviting her to a planning meeting already arranged for Aug 11 at 2:00 at Kathy Butler's.

Marilyn Peterson went over information and deadlines that she needs for the next Connections newsletter.

Meeting Adjourned 2:17pm.

Respectfully submitted,

Kay Macpherson, Secretary

Please complete this RSVP form and join in the fun. Forms may be returned at the September 11 meeting or mailed before Sept. 15 to:

Marilyn Peterson, 5932 Peterson LN NE, Albany, OR 97322.

Exchange RSVP
Exchange RSVP

Name(s): _____

Address: _____

Date	Activity	Cost	Number attending (Do not count ambassadors)
Oct. 3	Buffalo Farm, SakeOne, Torii Mor	\$19 x _____	= _____
	McMenamin's - lunch on your own		_____
Oct. 4	Hull Oakes Mill (advance headcount needed)		_____
	Tyee and Springhill- paid individually at tasting		_____
Oct. 5	Farewell Event/Trolley Tour (includes transportation, Red Ridge, Joel Palmer house lunch, Methven and Coelho Wineries)	\$85 x _____	= _____

There are a limited number of seats on the trolley, but we do want to fill the trolley. Everyone is welcome to join us for the dancing and farewell at Coelho Winery.

Make checks payable to: FFOMWV

Total enclosed = _____

Champion Cheese Muffins (New Zealand)

From Marvelous Muffins by Alison Holst

2 cups grated tasty cheese (sharp cheddar)

1 ½ cups self-raising flour

½ tsp salt

1 tbsp. sugar

Pinch of cayenne pepper

1 egg

1 cup milk (Soy or Almond milk also work well)

Measure the grated cheese, self-raising flour, salt, sugar and cayenne pepper into a large bowl. Mix light with your fingertips to combine.

In a small container beat the egg and milk until evenly combined. Pour all the liquid onto the dry ingredients, then fold the two mixtures together, taking care not to over-mix.

Spoon mixture into 12 medium muffin pans, which have been sprayed with Chef Mate non-stick spray.

Optional topping: Sprinkle with a little extra cheese and paprika or chili powder.

Bake at 210°C (400F) for about 12 minutes, until muffins spring back when pressed in the middle and are gold brown.

SIZE: mini, medium and Monster

SERVE: Mini for cocktail snacks and ladies afternoon tea, Medium for general use or if making to freeze. Monster muffins make good lunches

NOTE: 1 cup self raising flour = 1 cup all purpose flour + 1 ½ tsp baking powder + ½ tsp salt

Come One, Come All, Join in the Fun

September Gathering Sept. 11, 3pm at Phoenix Inn Suites, Albany



On September 11 we will gather at the Phoenix Inn Suites, 3410 Spicer Dr. SE, Albany for a general club meeting and the exchange workshop for the Sept. 30 – Oct.6 inbound exchange. Our special guest speaker brings a wealth of knowledge and is sure to be the highlight of the workshop. Please note that the location for this meeting has changed in order to accommodate our program’s content.

During the workshop in addition to discussing the details of the exchange, we will organize carpooling for the exchange activities and discuss options for the two free days. There will be an opportunity for hosts and day hosts to connect and plan activities as well. Attendance at the workshop is expected for all hosts and day hosts.

Directions: The Phoenix Inn Suites is located in Albany just off I-5 at Exit 233 (Highway 20/Santiam Highway exit), east of the freeway. Unfortunately at the time of the workshop this exit will be closed. Use exit 234 and follow the detour signs to Highway 20/Santiam highway and go east. The hotel is adjacent to the State Police Office and across the street from Home Depot.



If your last name is in the **N-Z** half of the alphabet, please bring simple finger foods to share. Be green and bring your own cup.

Membership Application or Renewal

Annual dues cover the cost of the monthly newsletter and expenses for exchanges and activities of the Friendship Force of Oregon’s Mid-Willamette Valley, as well as membership in Friendship Force International, which provides discounted prices on exchange travel and other benefits.

Memberships expire on December 31

Annual dues: Individual: \$27.00 Couple: \$50

This is a **NEW** _____ or a **RENEWAL** _____ Application

(please print clearly)

Name: _____

Name: _____

Address: _____

City : _____ State _____ ZIP _____

Dues enclosed: (\$27.00 individual or \$50.00 per couple) \$ _____

Phone: _____ Cell: _____

Email: _____

Mail To: Friendship Force, PO Box 1703, Albany, OR 97321

Club Calendar

- | | |
|-------------------|--|
| Sept. 2 | Board meeting 1 pm |
| Sept. 11, 3pm | Gathering, Inbound Workshop |
| Sept. 30 - Oct. 6 | Inbound Discover Wine Regions of Oregon |
| Oct, 7 | Board meeting 1 pm |
| Oct. 9 | Gathering 3pm |
| Oct 26 - Nov. 18 | Taiwan Outbound |
| Nov. 4 | Board meeting 1 pm |
| Nov. 13 | Gathering 3pm |
| April 20-21, 2012 | PNW/NR Regional Conference |
| Oct., 2012 | Outbound Noumea, New Caledonia and Sunshine Coast, Australia |
| July 2012 | Inbound Merseburg, Germany |
| June, 2012 | Outbound, Twin Cities, MN |
| 2012 | FFI World Conference Hiroshima |
| 2013 | FFI World Conference New Orleans |

This Issue of Connections, and more information about our club, may be found on our website: <http://www.fforegon.org>

Contact us at: fforegon@comcast.net or PO Box 1703, Albany, Oregon 97321