



NORTH VALLEY DISTRICT

SNOWBOUND 2010

JANUARY 15-17, 2010

Trexler Scout Reservation
Akelaland, Hawkeye Area

UNIT PARTICIPATION GUIDE

Snowbound 2010 Co-Chairs: Bill Folk & Ray Campbell

Snowbound 2010 Information can be found on the website:
<http://www.troop1600.org> (SNOWBOUND link on left)

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Welcome to Snowbound 2010:

Welcome to North Valley District's Snowbound 2010. Snowbound will be held at the Trexler Scout Reservation on January 15-17, 2010. This is the premier winter camping event for North Valley District Scouts. We hope it will be the best one ever with cold weather and snow like last year! Please carefully read the important information contained within this Unit Participation Guide. Be sure your Scouts are well prepared, well equipped, and most of all, ready to have a great time.

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General Information:

Dates: January 15-17, 2010

Place: Trexler Scout Reservation - Akelaland and the Hawkeye Lodge area. **The Official Snowbound Map will be given out at Snowbound and will show the specific locations of all event stations.**

Special Note: We'll be working around the swimming pool again this year. We will have a couple of stations on either side of the pool and will have limited space there for camping. For large groups with large tents, we have two other options – Hawkeye field and the Akelaland Activity Field.

We will not be running Snow Mountain Man this year as interest over the past couple of years had diminished. We are continuing to look for ideas to engage older scouts. If you have ideas, please pass them along!

Cost: \$5.00 per person.

Deadline for Registration is January 8, 2010.

The registration fee does not include straw. Straw may be ordered for \$4.50 per bale by January 8, 2010. Troops may also supply their own straw. Straw will be supplied first to those troops who pre-order. If there is extra, other troops may then purchase straw on the day of Snowbound. The registration form for Snowbound on page 11.

Snowbound Agenda:

Friday, January 15:

5:00 – 8:00 PM	Registration at Akelaland Program A/B building
8:00 – 8:30 PM	Meeting for Senior Patrol Leaders at Akelaland Dining Hall
8:30 PM	Cracker Barrel for Leaders and Staff at Akelaland Dining Hall

Saturday, January 16:

7:00 – 7:45 AM	Registration at Program A/B; All Sleds brought to the field in front of Program A/B for Sled Inspections
8:00 AM	Opening Ceremony at the Parade Field behind the Akelaland Dining Hall (no Sleds at the Parade Field)
8:15 AM	Sled Inspections at field in front of Program A/B
8:45 AM - Noon	Station events
12:00 Noon	Prepare lunch at current station (Scout Knowledge Quiz)
1:00 - 5:00 PM	Station events
5:00 PM	Prepare dinner and clean up
7:30 PM	Inter-Faith Service at Akelaland Dining Hall
8:00 PM	Awards Ceremony and Closing at Akelaland Dining Hall
10:00 PM	Taps

Sunday, January 17:

8:00 - 10:30 AM	Cleanup and check out. Units must be checked out by 10:30 AM..
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Event Stations and Scoring:

We are still working on final station plans and a complete list will be communicated at a later date. The events will emphasize skills, patrol teamwork, and leadership.

- Sled Race (Timed event only, no points)
- Sled Inspection
- First Aid
- Fire Building
- Lash and Carry
- Arctic Challenge II
- The Pulp Toss
- Balancing Act with a Twist
- Scout Knowledge Quiz (20 bonus points maximum)
- Sled Pack
- Tomahawk Throwing
- Rope Tricks

Each station will be worth a total of 100 points. For scoring, 70 points will be for skills and 30 points for teamwork and leadership.

Awards:

For Snowbound 2010 we are providing awards based on the composition of your Snowbound Patrol. This is to try to compensate for the different ways that Troops structure their patrols and to provide more opportunity for recognition. Award plaques will be presented to the top patrols in three categories as follows:

- 1) New Scout Patrols – All scouts within the patrol are First Class or below
- 2) Uber Patrols – All scouts within the patrol are Star and above (older scout Patrols). For 2010 we also invite Venture Crews to participate in this category.
- 3) Combined Patrols – There must be at least one scout with Star rank or higher **and** one scout First Class or below.

Program Operations:

Patrols must have their sleds lined up in front of Program A/B and be at the Opening Ceremony behind the Akelaland Dining Hall by 8:00 AM on Saturday, January 16.

Your troop should arrive no later than 7:00 AM on Saturday, January 16. This should give you ample time to set up your campsite and still have time for the Opening Ceremony at 8:00 AM. All patrols will cook lunch at the same time from 12:00 Noon until 1:00 PM. At 12:00 Noon, patrols should remain at their current station and cook their lunch at that location. If they are on the trail, they must quickly proceed to the next station to cook lunch. Lunch must be a hot meal with a hot drink.

Except for emergency and staff vehicles, absolutely no vehicles will be allowed in the program areas. All vehicles must park in the Akelaland parking lot or in the parking lot at the bottom of the hill by the Ranger's house.

Troops are encouraged to camp both Friday and Saturday nights of the Snowbound weekend. This will give Scouts a winter camping experience.

CAMOUFLAGE CLOTHING IS DISCOURAGED AT SNOWBOUND!

Important Safety Considerations:

The following rules will be enforced by the Snowbound staff. This is necessary to ensure the safety of all participants. We hope to have the support and cooperation of everyone.

- No personal sleds, toboggans, or anything that can be used for sleigh riding are allowed.
- To avoid congestion, only two vehicles per troop are allowed to transport gear to the campsites on Hawkeye Road or within Akelaland
- All vehicles arriving Friday must be removed to parking lots by 9:30 PM. Those arriving on Saturday must remove them before 8:00 AM.
- Visitors must park in the parking lots. All parking along camp roads is prohibited.
- There will be no driving by anyone in camp on Saturday during the competition. Only emergency and necessary staff vehicles are permitted. This rule will be strictly enforced.

Other areas of safety that need to be monitored by Unit Leaders:

- No lanterns, heaters, or open flames in tents.
- Watch for dead limbs over tent sites (snow is heavy).
- There should be at least two adults in each campsite at night.
- Keep campfires well away from tents.
- There should be no unattended fires. Extinguish fires at night before sleep.
- Apparel for sleeping must be clean and dry.
- Axes, knives, or saws must be supervised by experienced adults. Chainsaws, if needed, will only be operated by a qualified adult.

Patrol Rules:

- Patrols must contain at least four (4) scouts, and no more than eight (8).
- **The right is reserved to refuse participation to any Scout who, in the opinion of the Snowbound Committee, is not properly dressed for the prevailing weather. Scoutmasters – Please be aware that this will be checked during sled inspection and will be strictly enforced! Please be sure that your Scouts are dressed properly for the winter conditions. NO SNEAKERS WILL BE PERMITTED!**
- All patrol members must have gloves and hats.
- Normal troop patrols should be used. It is unfair to pick the biggest and strongest members of a troop to run a sled. The Scout Law will be the law of the course.
- Each patrol leader at registration must write upon his scorecard the names and rank of the members of his patrol pulling the sled. Patrols switching members once the competition has begun will be disqualified.
- Only the original patrol members starting the competition may touch the sled or tow ropes. Others may not assist in any manner once the competition has started.

Review of Winter Camping Procedures:

Winter conditions in the past several years at Snowbound have ranged from frigid and snowy to mild and muddy. Therefore, Scouts need to be aware that winter camping procedures differ from other types of camping in several respects:

- The Scout attending should have some camping experience to build upon. Snowbound is not the place for a first time camper. Of great importance is winter clothing. Don't forget that it can also rain in winter and this can make for a very uncomfortable experience if the camper is not adequately prepared. Wool, even when wet, will keep you warm.
- It is very important to remember that the enemy in winter is dampness. Wet feet or clothes can result in serious consequences. Underclothing wet with perspiration is in reality a "wet blanket" to sleep in and can cause serious illness. Never sleep in the same underwear that you wore all day during Snowbound!
- Your last troop meeting before Snowbound should be a "Full Pack Dress Rehearsal." Each Scout should wear the clothes he will wear to Snowbound. These should be closely inspected by the Scout Leaders and the Scout should be reminded of any items he forgot.
- When planning meals, remember that cold weather makes for big appetites. Winter meals should be simple but still incorporate all the nutrition of a balanced meal. For lunch, experiment with one-pot meals such as stew. The easy way is often the best way at winter camp. Try cooking some of your ingredients before you leave home. Paper plates and cups can ease your winter dishwashing job. A hot drink is a necessity!
- Gather and store sufficient firewood for Snowbound prior to the event. A winter morning is never so bleak and cold as it is to those who burned all their firewood the night before. Cover all wood with tarps and plastic.

The following should be considered as minimum equipment for Snowbound (Class A uniforms are not required):

- Winter sleeping bag or equivalent
- Extra blankets for overnight sleeping
- Waterproof ground cloth
- Tentage
- Several pairs of heavy wool socks
- Change of long underwear for sleeping
- Change of shirt and pants
- Warm clothing
- Jacket and raingear
- Heavy hiking boots or rubber boots – **Sneakers are not permitted.**
- Gloves or mittens and a spare set
- Patrol cooking gear and knapsack
- Hat or cap
- Personal gear including Chap Stick and sun block

Personal Health Suggestions:

Bring extra clothing to wear while sleeping. Always change the clothing you wore during the day because it contains perspiration and will be damp by evening. Bring woolen socks to wear while sleeping. A sweatshirt with a hood makes an excellent sleeping garment. Do not sleep with shoes on since this is harmful to the feet. Newspaper is an excellent insulation barrier between you and the straw covered ground.

Garbage:

Each troop must provide their own garbage bags for trash. All trash is to be taken home. If you pack it in, you pack it out.

Water:

You will need containers to carry water to your campsite. Frost free water spigots are located next to the Akelaland Dining Hall and at the beginning of Hawkeye Road. Remember that food and water will freeze even in a cooler.

Latrine:

There are latrines located in Hawkeye Camp and Akelaland which are available for our use during the Snowbound event. We have also arranged for several porta-johns to be placed in the Akelaland and the Hawkeye area for use during the weekend. Be sure to bring your own toilet paper.

Foul Weather Gear:

Past experience proves that all persons participating in Snowbound should come equipped with wet weather gear. It is not unusual to have rain and mud in January. Pack clothing in plastic bags to prevent dampness.

Foot Gear:

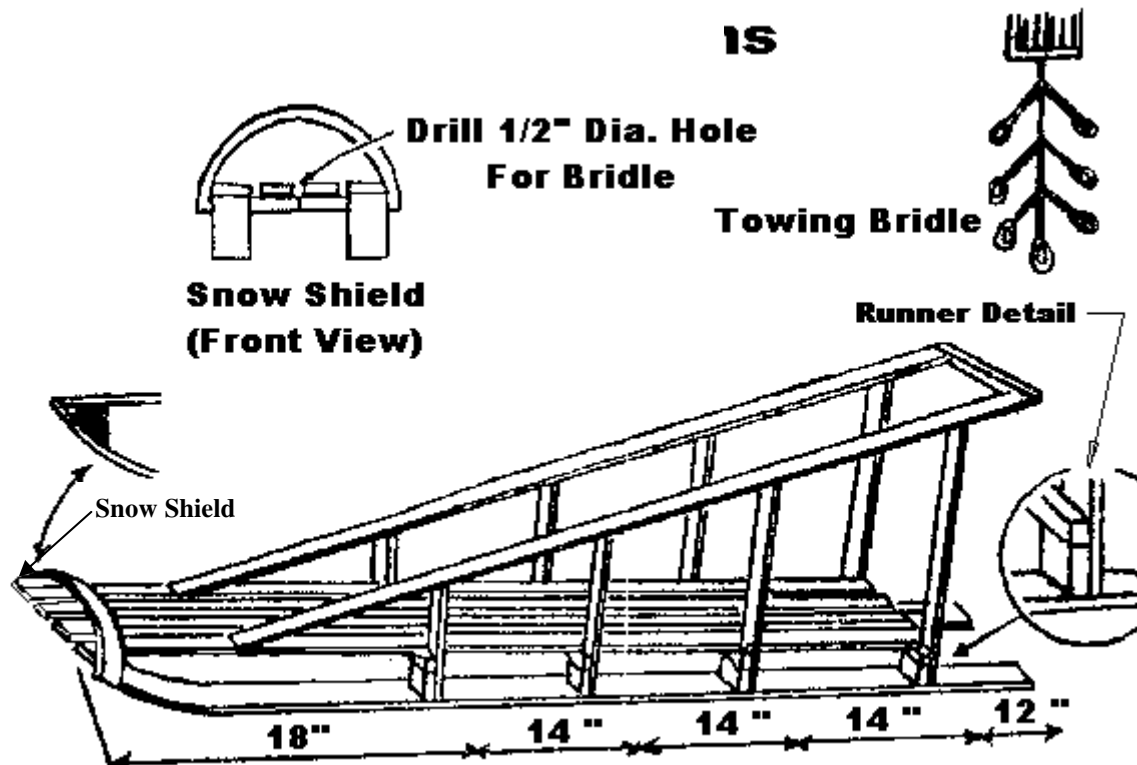
Everyone should come equipped with a pair of rubber boots. Leather shoes are not sufficient to protect your feet over an extended period of time in the snow, slush, or rain. There could possibly be all three elements. Leave the sneakers home. They are great on the gym floor, but not at winter camp.

Sled Specifications:

1. No wheels will be allowed on the sleds at any time during inspection or during the event.
2. Sled must be at least 60 inches long (minimum).
3. Sled must conform generally to the design specifications on the next page. However, we do encourage originality in the design.
4. All sleds must have runners (maximum width: 5 inches) as illustrated in the attached specifications.
5. Metal coverings of the runners is permitted.
6. Toboggan bottoms are prohibited.
7. Tobogganing of, or curve of the sled runners is permissible, provided the tobogganing does not extend for more than 18 inches measured from the front tip of the runners.
8. Sleds will not be judged for prizes. There is no competition in sled construction or design.
9. Sleds will be inspected for correct length, width, and to insure all the required equipment is loaded on the sled.

A typical sled schematic is shown on page 8.

TYPICAL SNOWBOUND SLED DESIGN



Bill of Materials:

- 2 pcs. 4" x 1/2" x 6'6" - for Runners (use skis!)
- 6 pcs. 1" x 1" x 18" - Cross Supports
- 8 pcs. 1" x 2" x 6" - Upright Supports
- 4 pcs. 1/2" x 4" x 5' - Floor Cover
- 2 pcs. 1" x 2" x 12" - Front Upright
- 2 pcs. 1" x 2" x 26" - 2nd Upright
- 2 pcs. 1" x 2" x 38" - 3rd Upright
- 2 pcs. 1" x 2" x 40" - Rear Upright
- 2 pcs. 1/2" x 2" x 6' - Hand Rail - sand smooth!
- 1 pc. 1/2" x 2" x 30" - Front Curved Snow Guard
- Rope for Towing Bridle - 1/2" Diameter minimum

Sled Specifications:

Minimum length – 60"

Maximum length – 78"

Maximum runner width – 5"

No toboggan bottom

Sled Inspection:

Minimum equipment required by each patrol to be carried on each sled is listed below. This list will be used for scoring at the Sled Inspection:

1. Notebook and pencils (pens freeze)
2. Cooking gear
3. Adequate rain gear for each scout
4. Clean-up materials for after cooking
5. Cocoa or hot chocolate for each scout
6. Pot for making hot drink
7. Cup for each scout
8. Sufficient food for each scout, containing a hot potato, vegetable, and meat
9. Sufficient water for cooking and clean-up after cooking (trash bags, soap)
10. Satisfactory trail first aid kit
11. Camp saw, with sheath
12. Wood and kindling for fire building – all natural material, no kiln dried wood. You must have enough wood for two fires – fire building station and lunch preparation.
13. Sled, towing harness, spare rope for repairing harness
14. Matches (fire starters may be used for lunch meal only)
15. Two (2) compasses suitable for orienteering
16. Eating utensils for each scout
17. One (1) current Scout handbook per sled
18. Two (2) pieces of aluminum foil, 15 - 18 inches square or a roll of aluminum foil
19. Six (6) pieces of sturdy rope for lashings – minimum 9 foot long each (No twine!)
20. Four (4) six-foot sturdy poles for lashings
21. Two (2) neckerchiefs or triangle bandages
22. A heavy blanket

North Valley District Snowbound 2010 Registration Form

Troop # _____ We will have _____ Scouts @ \$5.00 = \$_____

We will have _____ Adults @ \$5.00 = \$_____

TOTALS _____ \$_____

We will need _____ bales of Straw @
\$4.50 per bale. (4 people to a bale) = \$_____

GRAND TOTAL \$_____

Please make check payable to Minsi Trails Council.

We will enter _____ patrols with sleds in the Snowbound Competition

All Straw orders must be in by January 8, 2010. After that time orders will not be honored or supplied by the District and units will be responsible for their own insulation or straw.

Name	Date	Scouting Title	Telephone Number
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LIST SCOUT NAMES:

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |



RETURN THIS REGISTRATION SHEET, COMPLETED WITH SCOUT NAMES, TO THE COUNCIL SERVICE CENTER BY JANUARY 8, 2010.