

# DEVELOPMENTAL CHECKLIST - 3 TO 4 YEARS

CHILD'S NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

CURRENT AGE: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_

OBSERVER: \_\_\_\_\_

A- Always

S- Sometimes

N- Never

## MOVEMENT

- ✓ Hops and stands on one foot up to 5 (\_\_\_\_\_) seconds
- ✓ Goes upstairs and downstairs without support
- ✓ Kicks ball forward
- ✓ Throws ball overhand
- ✓ Catches bounced ball most of the time
- ✓ Moves forward and backward
- ✓ Uses riding toys
- ✓ Runs

A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N

## HAND AND FINGER SKILLS

- ✓ Copies square shapes
- ✓ Draws a person with 2-4 body parts
- ✓ Cuts in straight line with scissors
- ✓ Draws circles
- ✓ Draws squares
- ✓ Begins to copy some capital letters
- ✓ Can feed self with spoon
- ✓ Holds pencil or crayon without fisting
- ✓ Can open and shut simple latches
- ✓ Zips and unzips
- ✓ Buttons
- ✓ Use tongs to pick up objects
- ✓ Tears paper

A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N

## LANGUAGE MILESTONES

- ✓ Understands the concepts of "same" and "different"
- ✓ Has mastered some basic rules of grammar
- ✓ Speaks in sentences of 5-6 words
- ✓ Asks questions

A	S	N
A	S	N
A	S	N
A	S	N

---

A- Always

S- Sometimes

N- Never

---

### **LANGUAGE MILESTONES (continued)**

- ✓ Speaks clearly enough for strangers to understand
- ✓ Tells stories
- ✓ Knows ABC Song
- ✓ Recites short poems, nursery rhymes, fingerplays, and/or songs

---

A S N

---

A S N

---

A S N

---

A S N

---

### **COGNITIVE MILESTONES**

- ✓ Correctly names some colors (red, yellow, orange, green, blue, purple, brown, black, pink, gray, white)
- ✓ Understands the concept of counting and can count to 10 or more (\_\_\_\_\_)
- ✓ Can count 5 objects or more (\_\_\_\_\_)
- ✓ Begins to have a clearer sense of time
- ✓ Follows three-part commands
- ✓ Recalls parts of a story
- ✓ Understands the concept of same/different
- ✓ Understands causality ("I can make things happen")
- ✓ Points to some body parts (head, eyes, ears, nose, chin, hair, stomach, legs, arm, knees, ankle, feet, fingers, toes, elbow)
- ✓ Sorts objects by color
- ✓ Sorts objects by size
- ✓ Recognizes some capital letters  
(A B C D E F G H I J K L M N O P Q R S T U V W X Y Z)
- ✓ Recognizes some lowercase letters  
(a b c d e f g h i j k l m n o p q r s t u v w x y z)
- ✓ Recognizes several numerals (1 2 3 4 5 6 7 8 9 10)
- ✓ Understands (over, under, through, up, down, around)

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

---

A S N

---

A S N

---

A S N

---

### **SOCIAL MILESTONES**

- ✓ Interested in new experiences
- ✓ Plays "mom "or "dad"
- ✓ More inventive in fantasy play
- ✓ Dresses and undresses
- ✓ Can work or play independently for 5-10 minutes
- ✓ Can listen quietly for 5-10 minutes
- ✓ Plays with a group of children (Play stage: \_\_\_\_\_)
- ✓ Potty Trained
- ✓ Able to wash hands with little help

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

A S N

---

**EMOTIONAL MILESTONES**

- ✓ Often cannot distinguish between fantasy and reality
- ✓ May have imaginary friends or see monsters

---

A	S	N
A	S	N

---

**DEVELOPMENTAL RED FLAGS (3 TO 4 YEARS)**

- \_\_\_\_\_ Cannot jump in place
- \_\_\_\_\_ Cannot ride a tricycle
- \_\_\_\_\_ Cannot grasp a crayon between thumb and fingers
- \_\_\_\_\_ Has difficulty scribbling
- \_\_\_\_\_ Cannot copy a circle
- \_\_\_\_\_ Cannot stack 4 blocks
- \_\_\_\_\_ Still clings or cries when parents leave him
- \_\_\_\_\_ Shows no interest in interactive games
- \_\_\_\_\_ Ignores other children
- \_\_\_\_\_ Doesn't respond to people outside the family
- \_\_\_\_\_ Doesn't engage in fantasy play
- \_\_\_\_\_ Resists dressing, sleeping, using the toilet
- \_\_\_\_\_ Lashes out without any self-control when angry or upset
- \_\_\_\_\_ Doesn't use sentences of more than three words
- \_\_\_\_\_ Doesn't use "me" or "you" appropriately

---

**COMMENTS:**

---

---

---

---

---

---