

DEVELOPMENTAL CHECKLIST - 4 TO 5 YEARS

CHILD'S NAME: _____

DATE OF BIRTH: _____

CURRENT AGE: _____

TODAY'S DATE: _____

OBSERVER: _____

A- Always

S- Sometimes

N- Never

MOVEMENT

✓ Stands on one foot for 10 seconds or longer (_____)	A	S	N
✓ Hops	A	S	N
✓ Turns somersaults	A	S	N
✓ Swings on swing sustaining motion	A	S	N
✓ Climbs	A	S	N
✓ May be able to skip	A	S	N
✓ Pedals a tricycle and/or bike with training wheels	A	S	N
✓ Marches	A	S	N
✓ Runs changing directions	A	S	N
✓ Walks balance beam	A	S	N
✓ Can catch ball bounced and/or thrown	A	S	N
✓ Throws overhand with precision	A	S	N

MILESTONES IN HAND AND FINGER SKILLS

✓ Copies triangle and other geometric patterns	A	S	N
✓ Draws person with body	A	S	N
✓ Prints some capital letters (A B C D E F G H I J K L M N O P Q R S T U V W X Y Z)	A	S	N
✓ Prints some lowercase letters (a b c d e f g h i j k l m n o p q r s t u v w x y z)	A	S	N
✓ Uses fork, spoon	A	S	N
✓ Hold pencil correctly for writing	A	S	N
✓ Buttons & unbuttons	A	S	N
✓ Zips & unzips	A	S	N
✓ Can print first name	A	S	N
✓ Threads beads on string	A	S	N
✓ Cuts straight lines	A	S	N
✓ Cuts curved lines	A	S	N

LANGUAGE MILESTONES

- ✓ Recalls and communicates parts of a story
- ✓ Speaks sentences of more than 5 words
- ✓ Uses future tense
- ✓ Tells longer stories
- ✓ Says full name
- ✓ Says address
- ✓ Says phone number
- ✓ Says please and thank-you
- ✓ Recites simple stories, songs, fingerplays and/or nursery rhymes
- ✓ Recites the alphabet
- ✓ Uses other children's and adults' names

A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N

COGNITIVE MILESTONES

- ✓ Can count 10 or more objects (_____)
- ✓ Can rote count to 20 or higher (_____)
- ✓ Better understands the concept of time
- ✓ Identifies phone number
- ✓ Identifies address
- ✓ Recognizes some capital letters
(A B C D E F G H I J K L M N O P Q R S T U V W X Y Z)
- ✓ Recognizes some lowercase letters
(a b c d e f g h i j k l m n o p q r s t u v w x y z)
- ✓ Recognizes several numerals (1 2 3 4 5 6 7 8 9 10)
- ✓ Understands (over, under, through, up, down, around)
- ✓ Correctly names some colors (red, yellow, orange, green, blue, purple, brown, black, pink, gray, white)
- ✓ Follows three-part commands

A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N

SOCIAL MILESTONES

- ✓ Wants to please and be with friends
- ✓ More likely to agree to rules
- ✓ Likes to sing, dance, and act
- ✓ Shows more independence
- ✓ Usually cares for own toilet needs
- ✓ Is able to take turns
- ✓ Settles conflicts without hitting, biting, etc.
- ✓ Sits and listens quietly for at least 10 minutes

A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
