

# DEVELOPMENTAL CHECKLIST - 5 TO 6 YEARS

CHILD'S NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

CURRENT AGE: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_

OBSERVER: \_\_\_\_\_

A- Always

S- Sometimes

N- Never

## MOVEMENT

	A	S	N
✓ Stands on one foot for 10 seconds or longer (_____)	A	S	N
✓ Hops 10 feet on both feet	A	S	N
✓ Turns somersaults	A	S	N
✓ Swings on swing sustaining motion	A	S	N
✓ Skips	A	S	N
✓ Walks balance beam	A	S	N
✓ Can catch ball bounced and/or thrown	A	S	N
✓ Throws overhand with precision	A	S	N

## MILESTONES IN HAND AND FINGER SKILLS

✓ Draws person with body	A	S	N
✓ Prints all capital letters (A B C D E F G H I J K L M N O P Q R S T U V W X Y Z)	A	S	N
✓ Prints all lowercase letters (a b c d e f g h i j k l m n o p q r s t u v w x y z)	A	S	N
✓ Hold pencil correctly for writing	A	S	N
✓ Can print first name- capital followed by lower case letters	A	S	N
✓ Cuts straight lines	A	S	N
✓ Cuts curved lines	A	S	N
✓ Prints some numerals (0 1 2 3 4 5 6 7 8 9)	A	S	N
✓ Ties shoes	A	S	N
✓ Copies words	A	S	N

## **LANGUAGE MILESTONES**

- ✓ Recalls and communicates parts of a story
- ✓ Speaks sentences of more than 5 words
- ✓ Uses future tense
- ✓ Tells longer stories
- ✓ Says full name
- ✓ Says address
- ✓ Says phone number
- ✓ Says please and thank-you
- ✓ Recites simple stories, songs, fingerplays and/or nursery rhymes
- ✓ Recites the alphabet
- ✓ Uses other children's and adults' names
- ✓ Identifies some beginning sounds in words
- ✓ Hears likenesses and differences in words

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A S N

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## **COGNITIVE MILESTONES**

- ✓ Can count 10 or more objects (\_\_\_\_\_)
- ✓ Can rote count to 50 or higher (\_\_\_\_\_)
- ✓ Recites birth date
- ✓ Recites phone number
- ✓ Identifies address
- ✓ Recognizes capital letters (A B C D E F G H I J K L M N O P Q R S T U V W X Y Z)
- ✓ Recognizes all lowercase letters (a b c d e f g h i j k l m n o p q r s t u v w x y z)
- ✓ Recognizes numerals (1 2 3 4 5 6 7 8 9 10)
- ✓ Understands (over, under, through, up, down, around)
- ✓ Correctly names all colors (red, yellow, orange, green, blue, purple, brown, black, pink, gray, white)
- ✓ Follows three-part commands
- ✓ Recites days of the week
- ✓ Sorts and classifies objects by size, color and shape
- ✓ Understands more, less, same
- ✓ Identifies orders 1<sup>st</sup> through 5<sup>th</sup>
- ✓ Recognizes and extends patterns (AB and ABC)
- ✓ Counts backwards from 10
- ✓ Identifies some parts of books (front cover, title page, title, back cover)
- ✓ Knows and applies some position words (above, below, between, over, under, beside, near, far, up, down, next to)
- ✓ Labels objects with beginning sounds

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**SOCIAL MILESTONES**

- ✓ Wants to please and be with friends
- ✓ More likely to agree to rules
- ✓ Likes to sing, dance, and act
- ✓ Takes care of own toilet needs
- ✓ Is able to take turns
- ✓ Settles conflicts without hitting, biting, etc.
- ✓ Sits and listens quietly for at least 10 minutes
- ✓ Uses materials appropriately
- ✓ Follows rules and routines

A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N
A	S	N

**DEVELOPMENTAL RED FLAGS (5 TO 6 YEARS)**

- \_\_\_\_ Exhibits extremely aggressive, fearful or timid behavior
- \_\_\_\_ Is easily distracted and unable to concentrate on any single activity for more than 5 minutes
- \_\_\_\_ Shows little interest in playing with other children
- \_\_\_\_ Refuses to respond to people in general
- \_\_\_\_ Seems unhappy or sad much of the time
- \_\_\_\_ Avoids or seems aloof with other children and adults
- \_\_\_\_ Can't differentiate between fantasy and reality
- \_\_\_\_ Seems unusually passive
- \_\_\_\_ Can't understand two-part commands and prepositions ("put the cup on the table"; "get the ball under the couch")
- \_\_\_\_ Can't give his first and last name
- \_\_\_\_ Doesn't use plurals or past tense
- \_\_\_\_ Seems uncomfortable holding a crayon
- \_\_\_\_ Has trouble taking off clothing
- \_\_\_\_ Can not differentiate among colors
- \_\_\_\_ Extreme difficulty in settling conflicts

**COMMENTS:**

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