

2011 VYAC Long Course Season

APRIL

April 29–May 1 TAC Long Course Meet @ Midtown Aquatic Center [Results](#)

MAY

May 15-16 TIDE Speedo Spring Challenge @ Fleet Rec [Results](#)

May 28-30 VA State Long Course Championship Meet @ Oak Marr
[Women's Results](#)
[Men's Results](#)

JUNE

June 3-5 OBX Swimaroo 2011 @ Midtown [Results](#)

June 24-26 CGBD Summer Madness LC Meet @ Midtown [Results](#)

JULY

July 15-17 Summer Awards @ Midtown [Results](#)

July 21-24 Senior Champs @ Cary, NC [Results](#)

July 25-29 YMCA LC Nationals @ Atlanta, GA [Results](#)

July 28-31 Age Group Champs @ Christiansburg Aquatic Center [Results](#)