

PORTSMOUTH YMCA (USA Swimming Program-VYAC) Registration Form

Personal Information

Child's Name:
Birthdate:
Parent's Names:
Home address:
Home Phone Number:
Cell Phone Number(s):
YMCA you Belong to:

Program Information

*The USA swimming program offered at the Portsmouth YMCA is ultimately designed to give those swimmers who have decided to make swimming their main sport (or one of their main sports) and to begin solely devoting themselves to that craft. Practices are more geared for the younger ages for a combination of stroke development, while also beginning to develop their aerobic and anaerobic training. For older swimmers, this program is designed to give them the aerobic and anaerobic training that is required to compete at an elite level. This program is ultimately more geared towards older swimmers at the ages of 11 and over, along with 10 and Under swimmers that are showing great promise and looking to make competitive swimming one of their MAIN sports. Also important to note is that we compete as a part of larger team known as VA YMCA Aquatic Club (VYAC) which is comprised of both Portsmouth YMCA and Chesapeake YMCA swim teams.

Practice days and times are:

8 and Unders- Monday and Wednesday= 3:45-5:10pm; Tuesday and Thursday= 3:45-4:30pm; Friday- 4-5pm
9-12 year old- Monday and Wednesday= 3:45-5:10pm; Tuesday and Thursday= 4:30-5:30pm; Fridays- 4-5pm
13 and Over- Monday and Wednesday= 7-9pm; Tuesday and Thursday= 5:30-7:30pm; Saturday= 8:30-10am

Swim Meets

Those swimming in the USA program will compete in BOTH USA meets and for our YMCA team in our YMCA developmental league. When meets conflict though, USA swim meets will take priority, and will be where they swim. Both USA and YMCA swim schedules will be out in the near future!

USA Meet Fees

Each parent is responsible for paying for each USA swim meet that your son/daughter swims in. Essentially the way it will work is when your son/daughter gets registered for a meet, your YMCA account will be charged the total amount that their meet fees for swimming in that particular meet will cost. You will have one week to pay the amount on your account. This is different than in years' past, and needs to be taken note of. MEET FEES IS NOT PART OF REGISTRATION COSTS.

Program Dates/Important Information

*Fall Session- August 29th (Monday)- December 30th (Thursday)

*Winter/Spring Session- January 2nd (Monday)- June 15th (Friday)

-Please note we will take a 2 week spring break during this session from April 4th-April 15th

Program Costs

-Portsmouth YMCA Member Rate (membership at Portsmouth YMCA):

Option 1- Pay \$300 for Fall Session; and \$400 (12 and Unders)/ \$425 (13 and Overs) for Winter/Spring Session at the beginning date of each respective session

Option 2- Pay \$650 for 12 and Unders/ \$675 for 13 and Overs for full year up front

Option 3- Pay each respective session price session OR full year price, BUT have it drafted out of your account on a monthly basis instead of paying one lump sum at beginning of each session/year.

-South Hampton Roads YMCA Rate (membership at any other YMCA):

Option 1- Pay \$475 for Fall Session; and \$575 (12 and Unders)/ \$600 (13 and Overs) for Winter/Spring Session at the beginning date of each respective session

Option 2- Pay \$1,000 for 12 and Unders/ \$1,025 for 13 and Overs for full year up front

Option 3- Pay each respective session price session OR full year price, BUT have it drafted out of your account on a monthly basis instead of paying one lump sum at beginning of each session/year.

***please note this does not include meet fees which must be paid one week prior to each USA meet, otherwise it'll be automatically drafted out of your YMCA accounts.

Discounts Being Offered

Multiple Child Discount- \$25 off per child after the first child is registered