

**Come!! Join the Adventure . . . ?**



# LEADER'S GUIDE 2008

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*EVERYTHING YOU NEED TO KNOW TO BRING YOUR TROOP TO THE GREAT OUTDOORS AT MT NORRIS*



**WELCOME TO MOUNT NORRIS, 2008!**  
**Green Mountain Council, BSA**  
[www.ScoutingVermont.org](http://www.ScoutingVermont.org)

Dear Troop Leader,

Thank you for choosing Green Mountain Council's Mt. Norris Scout Reservation for your Troop's summer camp adventure! This season will mark the 58<sup>th</sup> anniversary of summer camping and promises to be another special year, one that your boys will remember for years to come.

I hope this guide will provide the information that you need to have a successful experience. In addition to all the rules and regulations of camp, this guide will give you some insights into what programs and activities to expect. I want to make sure that your stay is a pleasant one whether you are a first-timer or veteran of summer camp at Mt. Norris.

Boy Scout summer camp exists to provide a setting where a scout can learn new and exciting skills and have practical application for those skills. This will help to support your troop's year-round outdoor program. I have read your camp evaluations, talked with troop leaders, scouts, and staff, and I feel confident that 2008 will have a quality-scouting program that is exciting for you and your boys.

The council's Camping Committee, the Mt. Norris Maintenance Committee, the Order of the Arrow, and many scouters worked hard in 2007 to develop and enhance the facilities. The climbing program was enhanced; the First Class Adventure Program and Sports/Volleyball area were improved the Amateur Ham Radio Station was set up at camp. New equipment has been purchased for the Waterfront, Sports area, Climbing Wall, and the First Class Adventure. The **2008 Camping season** will see improvements to "Mountain Adventure" for older Scouts, with Hiking and/or Canoeing treks from one night to 5 nights with improvements to the facilities, and a new bridge over the river.

**Come!! Join in on the Adventure  
your Scouts will experience;  
Learning, Challenge, and Responsibility  
You will be proud of your Camp.**

The 2008 Summer Camp Staff will be the best that our council can provide and one that you will be proud of. I need your help in recruiting your best scouts for the 2008 camp season. They will each be trained in their specific areas of responsibility.

The Counselor-In-Training Program is for your 15-year-old scouts and will teach leadership and summer camp staffing skills.

Several pages of this guide can be used as a 'One Page' Promotion and Information sheet. You can use these as handouts at your Camp Promotion Night. Feel free to make as many copies as you need. Please review the "Merit Badge Schedules" for non-camp requirements, prerequisites, and difficulty of skills.

I'm looking forward to serving you and your scouts and I'm pleased to return as your Camp Director at Mt. Norris this season. Please feel free to contact me with questions at the council service center or email me at [dosborne@Scoutingvermont.org](mailto:dosborne@Scoutingvermont.org)

Yours In Scouting,

Dave Osborne  
Reservation Director

Kevin Gallagher  
Camp Director

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## **GENERAL INFORMATION**

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### ***THE CAMP PROPERTY***

Mount Norris Scout Reservation is owned and operated by the Green Mountain Council, Boy Scouts of America and has been enjoyed by generations of scouts and scouters as a beautiful summer retreat for over 58 years. Our scenic 1,000 acre camp is ideal to supplement your troop's outdoor program of camping, hiking, advancement, and fun. Mount Norris offers a combination of a Mountain "high" adventure program for your older Scouts and a quality scout program for your younger Scouts, providing the opportunities to work toward the Eagle Scout rank and experiences you and your scouts will remember for the rest of your lives.

The camp is licensed to operate by the State of Vermont and the Boy Scouts of America. The State Department of Health and the BSA National Inspection Team inspect the grounds during the camp season. Mt. Norris is a 100 percent nationally accredited Boy Scout resident camp.

### ***PROGRAM PHILOSOPHY***

The Green Mountain Council summer camp program allows scouts to learn new skills and improve on existing ones. Skill instruction has been designed around the Four Fundamental Outdoor Skills:

1. Ecology/Conservation
2. Outdoor Living
3. Aquatics
4. Physical Fitness

Training emphasis relates all of these to practical living: for example, fire building and cooking for the purpose of providing warmth and wholesome food, not just to pass a requirement for advancement.

We strongly encourage troops to make use of the Patrol system. Green Mountain Council organizes its camps in accordance with the chartered troop concept: that of using the boys' natural leadership as its troop leadership.

In delivering a quality camping program, the camp staff is responsible for the health, safety, and welfare of all individuals within camp. The staff will promote a positive environment in which troops, patrols, and scouts can realize their objectives in coming to camp while making full use of camp resources and facilities. They will also apply their personal abilities and leadership skills so that an active, skill-orientated program will take place.

As camp leaders, you play a part in delivering a quality program to the boys. You are responsible for fulfilling Scoutings' objectives within your Troop and Patrols: character building, citizenship training, and personal fitness. You must ensure your patrols have an active, well-balanced program at camp, taking full advantage of the opportunities and resources in meeting the needs and interests of the troop, the patrol, and the Scouts.

As Scoutmaster, you must also ensure that the troop's youth leadership performs their tasks to the best of their abilities with the proper training, preparation, and support needed.

You must also follow all policies and regulations of the Green Mountain Council and Boy Scouts of America and be supportive of the council and camp staff leadership.

## ***THE CAMP STAFF***

The Mt. Norris Scout Reservation takes pride in **hiring** the brightest, energetic, hard-working, and friendliest **Scouts available from your troop** to serve as camp staff. They are eager to help your unit succeed at Mt. Norris and are willing to accommodate your needs. The camp staff has been chosen for their knowledge of camp life, sense of Scoutings's values, and understanding of boys. The BSA National Camping School has certified all area directors as trained specialists in their field. In keeping with the adopted policies of the Boy Scouts of America, all staff has been trained in Youth Protection policy. Our staff is senior, experienced and enthusiastic and are the best scouts from the best troops in the Green Mountain Council.

Like the campers, the camp staff has certain procedures to follow and a very full schedule. If you have a special request of the staff, please bring it to the Program Director's attention.

## ***NATIONAL CAMP ACCREDITATION***

According to Boy Scouts of America national policies, every Boy Scout camp in the country must be inspected annually for compliance with the safety and program guidelines of the Boy Scouts of America. As a result of this process, camps are designated as accredited, conditionally accredited, or are closed for non-compliance. Mt. Norris Scout Reservation is a 100 percent Nationally Accredited camp.

## ***DRIVING DIRECTIONS***

From Interstate 89 (north or south), take exit 10 and head north on Route 100. Follow for about 32 miles until you see the sign for Mt. Norris Scout Reservation on your right. Turn onto this road and follow to the main parking lot. Report in at the camp office. Please drive 5 mph once in camp. You can drive to your site and unload then park in our lot.

## ***COMMUNICATION TO AND FROM CAMP***

Incoming mail to scouts and leaders is distributed at the evening retreat ceremony. Mail usually takes two to three days to reach the camp. Outgoing mail should be left at the camp office for delivery each morning. Mail to scouts, leaders, or staff should be addressed as follows:

**Individual's name**  
**C/o Mount Norris Scout Reservation**  
**Troop ###, Campsite**  
**PO Box 117**  
**Eden, VT 05652**

The camp telephone is reserved for business use only. Parents wishing to contact their son in an emergency should call **802.635.7415** and leave a message. Because this phone is the business line for camp, scouts, leaders and staff are not permitted to use it except for emergencies.

## ***UNIFORMING***

One of the methods by which scouting achieves its goals is through the uniform. All scouts and leaders should be in field uniform for retreat, 5:45 pm each day, at Vespers and at the opening and closing campfires. Appropriate activity uniform (a scout t-shirt with scout shorts or pants) should be worn to breakfast and during the day's activities. Shirt and shoes are always required.

## ***THE TRADING POST***

It's difficult to say how much money a scout should bring to camp to spend at the Trading Post. The amount he'll spend depends on what merit badge books and materials he'll need and how much he is likely to spend on snacks and souvenirs. In general, merit badge books cost \$3.15 and handicraft kits are about \$3 to \$5. Camp T-shirts are \$13. We suggest \$30 as a reasonable amount. Accounts can not be set up for Troops or Scouts. Baden Powell discounts cannot be used for purchases at camp trading post.

## ***DINING***

Most units will enjoy the tasty meals of the Flynn Lodge dining hall. Our renovated kitchen facilities and staff provide the means to fill every stomach in camp with a warm and healthy meal three times a day. Units also have the option of cooking any meals in their own sites. All food and preparation materials are provided.

## ***UNIT PHOTOGRAPHS***

Photos of your troop will be taken during the week and delivered before you leave camp. Camp photos are \$5 each (*cost is subject to change*). Please take orders from parents and scouts prior to coming to camp.

## ***CAMP RANGER***

Mt. Norris Scout Reservation has a full-time, year-round property manager on site who is in charge of all property maintenance, as well as overseeing programs at camp during the off season. The ranger is the steward of your camp property and holds a certification from the BSA National Camp School, Ranger Section.

## ***PRE-CAMP LEADERS' MEETING***

A Leaders' Meeting for all troops attending Mt. Norris this summer will be held **April 18** at the First Congregational Church; 77 Main St., Springfield and on **April 19** at the Council Service Center in Waterbury. These meetings will start at 7 pm. Your questions and Camp information will be discussed.

## ***MT NORRIS ALUMNI PICNIC***

The Mt Norris Scout Reservation Alumni Association will host its second annual picnic on Saturday July 8<sup>th</sup> at Mt Norris. This reunion will be for all Scouts, Leaders, Staff and Friends of Mt Norris that have been part of building the traditions of camp since the Fifties. There will be no charge for the day. You bring the "picnic" and the camp will provide the drink. The day will run from 10:00 am to evening. Plan to attend. For information on the Mt Norris Alumni Association contact Bill Baron (home phone 802.372.8763).

## CAMP SITES & CAMP FEES

### 2008 SUMMER CAMP FEE

The fees for summer camp at Mt. Norris Scout Reservation are set and approved by the Green Mountain Council Camping Committee. As always, every effort is made to keep fees as low as possible and still provide a well-rounded summer camp experience for each scout who attends.

The structure has been adopted by the Green Mountain Council to make paying for summer camp easier on the units and easier to keep track of upon your check-in at camp. All fees are on a per week basis.

**Summer camp fee timeline —**

- By February 15 ..... To **confirm your camp site** a deposit of **\$15** per boy is due. This deposit is transferable but non-refundable.
- By March 31 ..... One Half the camp fees is due per boy
- By or before May 15\* ..... Early bird fees are due **\$250.00** per youth
- After May 15 ..... Whole fee is due prior to your arrival at Camp **\$280.00**
- Multi-week discount ..... The fee for Scouts returning for a ‘second helping’ is **\$230.00**

**Leadership — (Leader fee for 2008)**

Two leaders are admitted with no fee when your troop has a minimum of **5** scouts up to **16** scouts attending camp. A ratio of one leader per **8** youth is admitted after that free of charge.

Each additional leader must pay **\$75** per week.

**If your troop attends camp with less then 5 scouts the leader’s fee is \$75 per week - per leader**

**Camperships —**

Campership applications must be received by April 15. All recipients of campership help will be notified before the May 15 Early Bird deadline. Please fill out and return the application in the appendix before the April deadline.

**Second Helping —**

Scouts may return for a second week of camp at the rate of \$230 per week.

**\* If your unit cancels after May 15, the unit forfeits \$50 per boy. Please remember your money has already been spent by the time you come to camp.**



## ***YOUR CAMP SITE***

As compared to most Boy Scout camps, we are very well equipped in campsite equipment. Each site is equipped with a rake, shovel, hose, broom, and scrub brush as well as a 9' x 7' wall tent for every two scouts. With the exception of sites with Adirondack cabins, each scout will sleep on a bunk for the week. **Most sites have 3" mattresses, but come prepared with your own for additional comfort.**

Campsite equipment is a major expense in the operation of summer camp. We are fortunate to have good campsite equipment (tents, bunks, platforms, etc.) at Mt. Norris. Campsite equipment will be inspected and logged upon your arrival in camp and again before you check out on Saturday. If necessary, your unit will be held responsible for the replacement cost of damaged equipment on a case-by-case basis.

## ***SITE RESERVATION***

The Green Mountain Council requires a deposit of \$50 to reserve a date and a campsite. This deposit is non-refundable but may be applied toward summer camp fees. To ensure your unit receives the campsite of choice, a Site Reservation Form (see appendix) must be filled out and returned to the Council Service Center. **To confirm your site, a \$15.00 per Scout transferable but non-refundable deposit is due February 15, 2008.**

Please remember that each campsite may be filled to its capacity by one or more troops. The following campsites will be used for the 2006 summer camp season:

<b>Campsite</b>	<b>Accommodations</b>	<b>Capacity *</b>
Mt. Mansfield	Tents / Cook shack	32
Jay Peak	Tents	18
Mt. Ellen	Tents / Cook shack	24
Equinox	Tents / Cook shack	20
Sugarbush	Tents	22
Mad River	Tents	20
Bromley	Tents	24
Ascutney	Tents	24
Okemo	Tents	16
Stratton	Adirondack Lean-to's	32
Belvidere	Adirondack Lean-to's	32

***Campsite capacities will be strictly adhered to.***

- ***If your unit requires more space, an adjoining site should be reserved or bring tents for your leaders***
  - ***If your unit cannot meet site capacity, you may be asked to share the site.***

## ***SOLO SCOUTS***

Occasionally, there may be a conflict with some of the boys about the week their unit is coming to camp. Mt Norris firmly believes that all boys who want to attend camp should be able to no matter what week their troop is coming. Our Solo Scout program fulfills this need. The Solo "Troop" will stay in their own campsites with their own scoutmaster (a paid staff member) if greater than 10, if the number of Solo Scouts is less than 10 the Scouts are placed with a troop. Solo Scouts have the same opportunities as any other scout in camp that week.

## **POLICIES & PROCEDURES**

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### ***TRANSPORTATION***

Transportation to and from camp is the responsibility of the unit. We suggest drivers be selected well ahead of your departure. Cars should not be overloaded and must be adequately insured. The Boy Scouts of America requires the following conditions be met in transporting scouts:

- ❑ Insurance Coverage: \$50,000/\$100,000 public liability
- ❑ \$5,000 property damage
- ❑ All passengers must have and wear an individual seat belt
- ❑ No one is permitted to ride in the beds of pick-up trucks
- ❑ All drivers must be over the age of 18, mature, capable, and insured to the standards above.

All units coming to camp should file a Local Tour Permit (see appendix) with the Council Service Center. For Units outside the Green Mountain Council, you must file a Tour Permit with your local Council.

### ***CHECKING IN***

There is a procedure that will allow your troop to do the swim test before you arrive at camp using the "Pre-Test" form. The swim classification procedures and form used for pre-testing are in the appendix.

On the average Sunday afternoon at Mt. Norris Scout Reservation, we will check in between 10 and 12 units with an average of 120 scouts. To make this process run as seamlessly as possible, the following procedures have been developed.

Upon arriving in camp you will meet with the Camp Commissioner and he will assign you're site guide. **The Camp Leader must turn in a handwritten Camp Roster, review the troop's account, and verify each scout's attendance at the Camp Office.** Please verify the emergency contact person and number for each scout. Your staff guide will accompany your troop to your campsite. **Each scout and leader staying in camp must have a current physical form, with a signature dated for this camp season. You must have all medical forms and prescription drugs in the original labeled pharmacy containers when you report for the medical check.**

**Units should plan on arriving no earlier than 1 pm, Sunday afternoon. Please try to arrive as a troop.** A staff member who will guide you through the check-in process and assist with any immediate needs will meet your unit.

After the gear is dropped off at the site, scouts should change into their swim trunks for swim checks. The staff guide will lead them on the camp tour. A campsite inventory will also be completed and approved by your unit leader to check the condition of the tents and site tools.

### ***VEHICLES IN CAMP***

All vehicles must be parked in the parking lot for the week. For safety reasons, and in accordance with National policy, only camp vehicles may be operated on camp roads. You may drive to your camp site to drop off equipment. Please drive a 5 MPH

## ***FIREARMS & AMMUNITION***

Ample equipment is available for all shooting sports programs offered as part of the camp program. Scouts and leaders may not bring private firearms or ammunition from home for use at summer camp.

## ***PHYSICAL EXAMINATIONS***

Everyone in camp, scout or adult, must have a physical signed by a physician. This applies to all scouts, adults and camp staff.

Youth and adults under the age of 40 must have a physical at least every three years. Use the Class I & II Personal Health and Medical Record. The physician must sign the Class II Medical Record or he/she may attach a signed copy of his/her examination form. This signature must be within the last three years for the entire term at which the scout or adult will be in camp. The Class I health history must be updated and signed on a yearly basis by a parent or guardian for scouts under the age of 18.

Adults over the age of 40 and youth participating in high adventure programs must have a physical every year. Use the Class III Personal Health and Medical Record provided in the appendix. A physician must sign section V within the past year for the entire term at which the adult will be in camp.

The National Council of the Boy Scouts of America sets the above guidelines on physicals. They are designed for the safety of all Scouts and leaders in camp. We must adhere to them strictly in order to ensure the safety of all participants. Blank copies of all physical forms are located in the appendix of this Leaders' Guide.

## ***DRUGS & MEDICATIONS***

The Camp Health Officer must review all medications during check-in. Prescribed, self-administered medications for severe allergies, heart conditions, etc. must be reported to the Camp Health Officer. They will be locked in the Health Lodge. Please advise us in writing a few weeks in advance of camp if you have any unusual medical requirements. Epi pins may be carried with Medics knowledge. Parents, camp is not a time to start experimenting with your child's medications

## ***CAMP HEALTH OFFICER***

All First Aid emergencies must be reported to the Camp Health Officer immediately. He/she has been specially trained in first aid and OSHA Blood-borne Pathogens procedures and has developed a rapport with the agencies that provide emergency services to the camp. In an emergency, the Camp Health Officer will assume responsibility for the scene and will be the person in charge of any and all scenes until the arrival of Emergency Medical Services. We always appreciate any assistance provided in these situations; however, the legal responsibility for treatment and treatment decisions lies with the Camp Health Officer.

## ***FRIDAY EVENING PROGRAM***

The closing ceremony on **Friday** begins at 5:30 pm with the awards ceremony, followed by the **bar-b-cue**. A **closing campfire** begins at **8 pm** and is usually over by 9 pm. Parents are encouraged to attend the closing ceremony, bar-b-cue and campfire. Prior to leaving, you must check with your staff guide who will go through your campsite inventory to account for all equipment. **Bar-b-cue cost is: Adults \$8.00, under 12 \$5.00**

## ***SCOUT EARLY RELEASE***

To ensure boys leave camp with the proper, approved guardian, a Scout Release Request form must be filled out and signed by the unit leader, parent, and camp administration. Any boys leaving camp after the Friday bar-b-que is expected to leave as a group with their unit and does not need a Scout Release Request form. Unit leadership is responsible for keeping track of who is and who is not supposed to transport the scout to and from camp. We recommend that all units use the caravan style of travel.

## ***ALCOHOL, DRUGS & TOBACCO***

Alcohol and illegal drugs are not permitted on scout property. Adults found in possession or under the influence of alcohol or illegal drugs will be escorted out of camp. According to Youth Protection Guidelines, such instances will be reported to the Scout Executive for appropriate action. Scouts found in possession or under the influence will face similar consequences after a conference between the Unit Leader, Camp Director, and the scout's parent or guardian.

It is the policy of the Boy Scouts of America and the Green Mountain Council that no one under the age of 18 years old may possess or use tobacco products. This includes cigarettes, cigars, pipes, snuff, and chewing tobacco. The Unit Leader in such instances should take appropriate disciplinary action. There should be no smoking within the campsite or in sight of youth. All cigarettes must be field stripped and thrown away in the trash bags, not left in the campfire rings.

## ***LIQUID FUELS***

Liquid fuel policies of the Green Mountain Council and the Boy Scouts of America permit the use of white gas and pressurized fuels for camp stoves, lanterns, etc. All uses of fuel must be under the direct supervision of an adult and bulk quantities of liquid fuels (greater than a backpacking MSR bottle) must be stored in a secure flammable storage facility. See the Camp Ranger with any questions.

## ***VALUABLES***

We strongly suggest that units lock all valuables in your campsite or a leader's vehicle, or better yet, leave them at home. Although theft is uncommon, camps are not immune. Valuables should never be left in the shower house. The best policy is to limit the amount of valuables brought to camp. Mt. Norris Scout Reservation and the Green Mountain Council are not responsible for any damage to or loss of personal or unit equipment.

## ***TAPS***

All Scouts should be in their own campsite and quieted down by 9:30 pm each night unless participating in a program activity. It is recommended that each unit set a specific time for Scouts to be in their tents and to have lights out.

Any Scout or Camp Leader who wants to bugle, whether it's Taps, Reveille, or during Color Guard, should let the Program Director know so he can find a time for everyone.

## YOUTH PROTECTION GUIDELINES

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Summer camp is an integral part of outdoor program in scouting. It's in the camp atmosphere and outdoor program that character building and citizenship purposes are best taught. It is also at camp that the responsibility for caring for scouts becomes a 24-hour-a-day duty. If you have any concerns about Youth Protection in camp, contact the Camp Director immediately.

The following policies have been adopted by the Boy Scouts of America to provide security for the youth in our program. In addition, they serve to protect adult leadership from situations in which they are vulnerable to allegations of abuse.

- **Two-Deep Leadership:** Two responsible registered leaders, one of which must be at least 21 years of age and the other at least 18 years of age, are required in camp for the full week with the troop.
- **No One-On-One Contact:** between youth and adult members is not permitted. In situations that require a personal conference, the meeting should be conducted in view of other adults and youth.
- **Respect for Privacy:** Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers and intrude only to the extent that health and safety requires. They must also protect their own privacy in similar situations.
- **Separate Accommodations:** When camping, no youth is permitted to sleep in the tent of another adult other than his own parent or guardian. Separate shower and latrine facilities for females should be available, and when separate facilities are not available, time for male and female use is to be scheduled and posted.
- **Proper Clothing:** Proper clothing for program activities is required.
- **Constructive Discipline:** Discipline in Scouting should be constructive (supportive) and reflecting the high values of Scouting. Corporal punishment is unacceptable.
- **Supervision:** Leaders must monitor and guide the leadership techniques used by junior leaders and see that Boy Scouts of America policies are followed.



## THE CAMP PROGRAM

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### ***PROGRAM PHILOSOPHY***

*It is the mission of the Boy Scouts of America to serve others by helping to instill values in young people, and, in other ways, to prepare them to make ethical choices over their lifetime in achieving their full potential. The values we strive to instill are based upon those found in the Scout Oath and Law.*

Scout camping provides the place, the leadership, and the programs to achieve the purposes of scouting. Summer camp provides an organized setting for a scout to learn and practice these skills. Under his unit leadership and with the camp staff support, the scout will be able to enjoy and experience a wide range of activities. The camp staff exists to serve your troop and to help your scouts get the best possible experience at camp. Keep in mind, however, that the staff supplements your troop leadership-- it is not a substitute for it.

At the Green Mountain Council camps, we believe a good program reflects the needs, interests, and goals of the **individual, patrol, and unit leadership**. We strive to achieve a good balance of advancement, Scoutcraft, adventure, and learning activities to complement your year-round program.

### **SOME DO'S AND DON'TS ON CAMP PROGRAMMING**

- **DO** set the tone that will give your unit real class. Insist on good manners, good fellowship, clean sportsmanship, clean fun, and a clean camp.
  - **DO** require **patrols** to plan and carry out some things that they want to do.
  - **DO** have enough programs to keep everyone busy.
  - **DO** allow for and suggest some things to be done with a pal or two.
  - **DO** be sure there are personal achievement, advancement possibilities, and fun in the program.
  - **DO** keep in personal touch with what's going on in the unit.
- \*\*\*\*\*
- **DON'T** allow too much advancement to be planned by the individual scout. Camping should be relaxing, too.
  - **DON'T** be alarmed if things happen that are not in the schedule. Some circumstances warrant changes in plans.
  - **DON'T** judge the success of camp solely by advancement. Ask: did the scout have fun?
  - **DON'T** give boys a title and a camp leadership job and then do it all yourself.
  - **DON'T** permit a camp violation or error in operation to persist or continue. Stop and show – correct the situation. A scout camp is a training ground. Be kind but firm when necessary.

***Do enjoy yourself and don't hesitate to ask for help!!!***

## ***THE FIRST CLASS ADVENTURE***

First Class Adventure is a program for FIRST YEAR SCOUTS who are 12 years old and younger and is designed to teach the skills necessary to complete the Tenderfoot, Second Class, and First Class requirements. This is accomplished through a progression of skill training done in the First Class Adventure training area.

The scoutmaster can use the program two ways. One, the scout can come down for the entire program and participate in all the activities, or they can come at selected times, when select requirements that are needed will be taught. The times and days that the requirements are taught will be listed in the F.C.A. area. The intention of this schedule is that it be used as a guide and help the new scout understand the open schedule concept. The skills will be taught at the scheduled times so there can be a progression of learning; however, if a scout has the skills for Tenderfoot and Second Class, he can work on First Class skills any time during in the week. **The skills are taught to the scouts, but it is up to the Troop Leaders' Council to test those skills.** Time is allotted for work on two merit badges. It is recommended the First Year Scout select the swimming merit badge, if he is a Red, White, and Blue swimmer. He can also choose Mammals or Fishing merit badge. The Handicraft Lodge can offer Art, Basketry, Leatherwork, Sculpting, or Model Design and Building. Those Scouts who are White or Red and White swimmers will have time allotted for Instructional Swimming. The goal behind this is to get the scout more comfortable with the water and to teach him basic water skills.

Monday evening, there will be a **special campfire** for all NEW scouts: Tuesday we do **Totin' Chip and Firem'n chip**, and on Thursday, the First Class Adventure will take a **5-mile hike** into the mountains with a trail lunch. The scouts' participation in the hike is the scoutmaster's decision, however. It is seriously recommended that he attend as several requirements are completed on the hike.

### **The First Class Adventure Program:**

Welcome to the First Class Adventure! This is a full week of activities and skills for you to participate in and enjoy. We plan to integrate the skills listed in the Scout Handbook with fun activities to teach and support the troop program. You will have the opportunity to go to all of the different skill areas and activities like:

*The Camp Color Guard*  
*First Aid Skills*  
*Knot Tying*  
*Swimming*  
*Merit Badges*  
*Hiking*  
*Orienteering*  
*Lashings*  
*Fire Building*  
*A very special campfire!*

This adventure is for you, "The new scout"! Everything done in this program will bring you closer to earning your First Class rank. Scouts will also have the opportunity to earn their Totin' Chip and Firem'n Chit. Scouts participating in the First Class Adventure program should come prepared with day-hiking gear. The adventure will begin each day in the First Class Adventure area at 9am. From there, instruction on scouting skills will take place through the scheduled activities.

At the end of the week, your scoutmaster will receive a list of all the skills you have completed during your stay at Mt. Norris.

**Thank you for joining in on the Adventure!**

## ***FLEXIBLE SCHEDULING***

Summer camp is a wonderful opportunity for scouts to work on advancement that is often difficult to accomplish outside of camp. We offer advancement opportunities for scouts at any stage of their scouting trail. Aside from the traditional merit badge offerings at all Boy Scout Summer Camps, we also offer coaching and instruction in the requirements of Tenderfoot, Second Class, and First Class ranks in our First Class Adventure Program.

We offer what we call *Flexible Scheduling*. This way, the responsibility for learning a skill rests on the scout's determination and will. Some activities are strictly scheduled and taught while others are "open", depending on the specific activity, safety concerns, etc.

The scout is free to set his own schedule to fit his needs. We believe this freedom of choice results in the scout feeling better about the choices he has made and leads to more responsible behavior on his part. It is never too soon for a young man to learn to take responsibility for his own actions and to manage his time in a thrifty fashion.

**Please remember:** The program staff is hired to instruct the skills needed for the merit badges. All leaders are welcome to offer their own talents to further the scouting program here at Mt. Norris.

## ***SELECTING MERIT BADGES***

Selecting merit badges depends on a variety of factors: the scout's age, abilities, and the troop's year-round program. **As the leader, your signature on the scout's blue card attests to his ability to complete the skills needed.** The signed blue card must be given to the instructor before the scout can begin to work on the skills. Each scout's schedule should be challenging, but attainable. A review of individual scout advancement desires and needs is suggested by early June. During these planning sessions, distribute the degree of difficulty and the list of suggested requirements to be completed at home. Boys should be instructed to choose through the list of available merit badges that he wants to earn in his week. A scout is at camp to have fun, not to be frustrated with incomplete merit badges. He should come prepared for the merit badge sign-up Sunday.

### ***MERIT BADGE PREREQUISITES*** (work that can not be done at camp)

The staff at Mt. Norris takes pride in the fact that every skill needed for a badge at camp is truly mastered. No merit badge requirements can be waived to make up for the fact that it cannot be completed in a camp situation. Every skill must be met for the merit badge to be earned, including those requirements that cannot be done at camp. A scout can bring his work to camp on these requirements and complete the merit badge or he can finish the work at home. He will be given the name and contact information for a counselor in his area. It is recommended that scouts complete any requirements that they can before arriving at camp, particularly requirements that require extensive writing. Scouts should bring their work or proof of their work to camp.

For the benefit of scouts trying to choose merit badges, we have rated the difficulty of each badge offered at camp using the following scale:

- 1, fairly easy
- 2, average, can usually be completed in one week at camp
- 3, difficult, requiring hard work and time commitment
- 4, difficult, usually requiring special skill, knowledge or experience
- 5, impossible to complete in one week at camp without prior work

## ***MERIT BADGE SIGN-UP***

Merit badge sign-up takes place immediately following dinner Sunday evening. Scout leaders should work with boys prior to coming to camp to develop a list of priorities and goals. We do not want to deny any boy access to any merit badge; skill sessions are limited to 16.

## **NEW MERIT BADGES FOR 2008**

The 2008 camping season will have two new merit badges offered:

**Photography** \* using our new 10 meter Ham station

**Medicine** \* will operate out of our Trading Post



## ***HANDICRAFT***

Our handicraft area is very popular among scouts in camp and may be extra busy in the afternoon with the First Class Adventure Scouts for Scouts not in the First Class Adventure program have them plan to do Handicraft in the morning. We offer instruction in Art, Basketry, Leatherwork, Sculpting, Wood Carving, and Model Design and Building merit badges. The Handicraft Lodge will be open from 9 am to noon, 2–5:00 pm and in the evenings, and will operate on an open schedule. Scouts may show up at the lodge and can begin working on the merit badge of their choice any time the Handicraft Lodge is open. **Please note Scouts should plan to arrive at the Handicraft Lodge on the hour the first time.**

## ***ECOLOGY / CONSERVATION***

We offer an instructional setting with displays, animals, and an opportunity to get involved in the environment. The Ecology/Conservation Lodge provides ample resources for nature study.

The following merit badges are available: Astronomy, Bird Study, Environmental Science, Fish & Wildlife Management, Geology, Mammal Study, Nature, Soil & Water Conservation, Oceanography and Weather. Special programs may include: a Scavenger Hunt, Plant ID, Swamp Walk, Microscopy and Star Gazing. We can also help run service projects or conservation projects for a single scout or your troop.

## ***SPECIAL \*\* FIRST AID/ EMERGENCY PREPAREDNESS/BUGLING/GOLF***

The Health Lodge offers instruction in basic First Aid skills. The instruction primarily focuses on First Aid, Emergency Preparedness and Medicine merit badges. Due to the classroom nature of these badges, they need to be scheduled. If possible, instruction and certification in adult CPR will be available. Bugling will be done on an open schedule. **Any Scout or Camp Leader who wants to bugle, whether it's Taps, Reveille or during Color Guard, should let the Program Director know so he can find a time for everyone.**

**Golf** Merit Badge is very popular and will be offered in 2008. Mt Norris has clubs for Scouts that can not bring theirs. This Merit Badge is met for Scouts 13 years old or older. There is a \$20.00 Green Fees required.





## ***SCOUTCRAFT***

The one program area that distinguishes scout camp from every other camp is Scoutcraft. This is the heart of the scouting program. Scoutcraft skills are one of many things that separate the Boy Scouts of America from other youth organizations and activities. Recognizing this, we offer an exciting, skill-oriented program in this area. We offer instruction in Camping, Cooking, Hiking, Orienteering, Pioneering, and Wilderness Survival merit badges. Scoutcraft also offers special programs such as Paul Bunyan Woodsman, Cooking and Pioneering Competitions, etc.

## ***FIELD SPORTS***

The Field Sports area will be offering instruction in Fishing, Fly-Fishing, Sports, Athletics, and Personal Fitness merit badges. This area will also be responsible for helping with troop Volleyball, Soccer, Games and evening camp-wide games. Etc . . . .

## ***SHOOTING SPORTS***

We offer instruction in Archery, Rifle Shooting, and Shotgun Shooting Merit Badges. There is also time for Muzzle Loading and Troop Shoots at both the Archery and Rifle Ranges. Due to the intense popularity of these activities, we do ask that adults be prepared to volunteer with the shotgun trap or the ranges.

## ***AQUATICS***

The waterfront is a very popular area at camp. We offer instruction in Swimming, Rowing, Canoeing, Lifesaving (need Swimming MB), Sailing, Waterskiing (need Swimming MB), and Motor Boating merit badges (need license for motor boating) as well as Snorkeling BSA, Boardsailing BSA (need Sailing MB), BSA Lifeguard, and Mile Swim BSA. These are strictly scheduled, due to safety concerns of having scouts in the water and provisions for the necessary supervision during instruction.

The waterfront staff also offers Instructional Swimming for scouts and adults. Adult leaders are encouraged to take BSA Guard, and/or consider volunteering a few hours of their time guarding at the waterfront. It frees up the staff to work directly with the scouts.

Other special programs offered include an early morning Polar Bear swim, troop swims, Waterfront Games, and more.

## ***CLIMBING / HIGH ADVENTURE***



The skills for the Climbing, Hiking and Backpacking Merit Badges are taught at the Keyser Lodge. Climbing is on our indoor climbing and rappelling wall and cliffs around camp.

## ***HOW TO FILL OUT A BLUE CARD***

- \*\* Complete "Application for Merit Badge" section. Remember to sign the bottom and
- \*\* Your Troop Number on all three sections.
- \*\* Applicant's Record (name and badge) and Counselor's Record (name, unit, and badge)

***Please remember!!***

The only place the unit leader is to sign before the scout learns the skills that will earn him the merit badge is on the front of the card. Only after the scout has completed the skills do you sign on the Applicant's Record. This states that the scout did indeed complete the skills for the merit badge

Merit badge blue cards are available at the camp office at no charge.

## **SPECIAL PROGRAMS**

### ***MOUNTAIN ADVENTURE***

The Mountain Adventure is a High Adventure program for your experienced scouts who have been to camp for a couple of years. Activities such as mountain biking, climbing, rappelling, backpacking and overnight treks are just the beginning. Scouts can sign up during camp for any of the adventures offered. Merit Badges offered are: Climbing, Hiking, and Backpacking.

**If you're Troop, Patrol, or group of older Scouts would like to do a Trek lasting longer than two days, one night you will need to plan these treks with Mt Norris before you arrive at camp as these treks will have a Camp Staff member guide. Our best treks are hiking on the Long Trail. We can do canoeing treks on the Winooski and depending on water levels on the Missisquoi and Lamoille River.**

**Contact the Camping Department at the Council Service Center for information about our Treks or to register your troop for a trek.**

### ***THE COUNSELOR-IN-TRAINING***

The Counselor-in-Training Program is for scouts that are 15 years of age at the start of the camping season. The program is geared to recruit potential staff members and expose them to the many facets of the summer camp program while grooming them for positions as staff members. The training syllabus is developed to teach them the various skills needed to be a successful staff member. Part of the training involves working alongside the program staff in their areas. Time is allotted for work on merit badges.

The program runs over a two-week period. Scouts who successfully complete the Counselor-In-Training program may be invited to return as interns for the duration of the camping season. At the end of the summer, the senior staff makes a final hiring recommendation for next year.

## ***CONSERVATION PROJECTS***

Each troop is encouraged to participate in a conservation project at camp. A list of conservation projects has been compiled according to the Camp Conservation Plan. Please seek out the Ecology/Conservation Director for a project. Projects include erosion control, stream improvement, forestry, perimeter trail development, and wildlife habitation. Please receive approval for all site improvements from the camp commissioner or ranger.

## ***SENIOR PATROL LEADER'S COUNCIL /SPECIAL PROGRAMS***

The Senior Patrol Leaders' Council meets daily and is an opportunity for your youth leadership corps to meet with the Program Director and discuss any needs they may have. They can plan the "Special Program Activities" and any "camp-wide games" the troops would like. They will also work on the Friday evening campfire. Some "Special Program Activities" might be: a dusk canoe/kayak hike looking for loons or a night hike up Mt. Norris or a grab-bag challenge. If your troop is a good cooking troop, you may want to consider the "Iron Chef" challenge. Your troop youth leadership decides a significant part of the day-to-day program opportunities. They are strongly encouraged to bring new suggestions and ideas to the table.

## ***LEADER'S PROGRAM***

In general, most activities available to scouts are available to leaders as well. A weekly horseshoe tournament is also available. Adults are eligible to earn the Mile Swim BSA and BSA Guard. In addition, the following training opportunities are available: Youth Protection Training, Watermelon Shoot, Safe Swim Defense, Climb on Safety, Safety Afloat, and Venturing Fast Start.

## ***ORDER OF THE ARROW IN CAMP***



The Order of the Arrow is an honor society for scouts elected by their troop because of demonstrated leadership and camping ability. There are representatives of the brotherhood in camp and available to talk to you and your scouts about the OA. Wednesday afternoon is the OA service project, to be determined and planned by the camp OA chief. Members of the Order who have completed 10 months as an Ordeal Member may complete their Brotherhood conversion in camp on Wednesday night. Ask the OA Camp Chief for more information and to sign up. A cracker barrel for all Order of the Arrow Members is Wednesday night as well.

## ***TROOP PROGRAM ACTIVITIES***

We encourage you to spend time together and experience camp as a troop. All troop and patrol activities should be scheduled with the individual area directors. The only limit is the extent of your imagination. Troop activity sign-up can happen any time throughout the week, but space is limited. Troop activities should be scheduled with the individual area directors.



## DINING IN CAMP

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### ***DINING HALL***

Feast on daily family-style meals prepared and cooked by our experienced kitchen staff. All eating utensils, food, and condiments provided. A certified dietician has approved all menus used at camp.

Each unit is assigned tables and should plan on sending waiters to the dining hall 15 minutes before each meal to set the table. Usually, each unit can expect one or more staff members as guests at their table at each meal. Unit leaders are encouraged to take part in serving the tables.

### ***COOKING IN YOUR SITE***

Every unit has the opportunity of cooking any meal in your campsite. Let the Camp Cook know of your plans **one day in advance** and he will have the food ready for you to pick up one hour before mealtime.

### ***PATROL COOKING TROOPS***

Your unit will be able to cook all your meals doing "Patrol Cooking" in your site. We can provide sheep herders stoves and three of our sites have cooking areas that are great for Patrol Cooking.

## 2008 CAMP SCHEDULE

<i>Time</i>	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
6:30 a.m.	<i>Staff Prepares for your arrival</i>	<i>Polar Bear Swim</i>				<i>Sleep in</i>		
7:00 a.m.		<i>Reveille</i>					<i>Sleep in</i>	
7:45 a.m.		<i>Morning colors</i>						
8:00 a.m.		<i>Breakfast in the Dining Hall</i>						
9:00 a.m.		<i>Skill Session #1</i>					<i>Check-out by 11:00 a.m.</i>	
10:00 a.m.		<i>Skill Session #2</i>						
11:00 a.m.		<i>Skill Session #3</i>						
12:15 p.m.		<i>Lunch in the Dining Hall</i>						
1:00 p.m.	<i>Check in medical check, swim test, camp tour</i>	<i>Siesta</i>						
2:00 p.m.		<i>Activity Period and Skill Session #4</i>				<i>Camp wide Game</i>		
3:00 p.m.		<i>Activity Period and Skill Session #5</i>						
4:00 p.m.		<i>Free Swim and open areas</i>						
5:00 p.m.		<i>Return to camp sites</i>						
5:45 p.m.	<i>Retreat</i>					<i>Awards</i>		
6:00 p.m.	<i>Dinner in the Dining Hall</i>					<i>Family BBQ</i>		
7:30 p.m.	<i>Leader's Meeting and Merit Badge Sign-up</i>	<i>Special Program</i>	<i>6:45 Vespers</i>	<i>Special Program Activities</i>		<i>8:00 p.m. Closing Campfire</i>		
8:00 p.m.	<i>Opening Campfire</i>	<i>First Class Adventure Campfire And Safe Swim Defense/ Safety Afloat</i>	<i>Special Program</i>	<i>Camp Program</i>	<i>Camp Program</i>			
9:00 p.m.		<i>Youth Protection</i>	<i>Leave No Trace Training</i>	<i>Climb On safety</i>				
9:15 p.m.		<i>S.P.L.'s Cracker-barrel</i>	<i>Leaders Cracker-barrel</i>	<i>OA Cracker-barrel</i>	<i>Camp Program</i>			
9:30 p.m.	<i>Taps (lights out and quiet time), site bed check</i>							

## MERIT BADGE SCHEDULES

*Requirements from "Boy Scout Requirements 2006" book*

Merit Badges	Rated	9:00 a.m.	10:00 a.m.	11:00 p.m.	2:00 p.m.	3:00 p.m.	Non Camp Requirements
<b>HANDICRAFT MERIT BADGE ARE A OPEN SCHEDULE</b>							
Leatherwork	1						
Basketry	1						
Woodcarving	4						need totin' chip
Sculpting	1						
Model Design and Building	1						
Art	1						
<b>ECOLOGY / CONSERVATION MERIT BADGE SCHEDULE</b>							
Environmental Science	4						3f for older scouts
Fish & Wildlife Mgt.	3						
Nature	2						Parts of 4
Soil & Water Cons.	3						Parts of 7
Geology	3						
Mammals	1						
Weather	3						8b
Astronomy	5						5b, 6,
Bird Study	4						8c
Oceanography	3						8b
<b>SPECIAL MERIT BADGE SCHEDULE</b>							
Communications	3						Older Scouts
First Aid	4						
Medicine	2						
Emergency Prep.	4						
Bugling	5						6
Climbing	3						A two hour period
Golf	3						Older Scouts
Radio	3						8 Older Scouts
Salesmanship	3						5, 6 Older Scouts
Photography	3						Needs Camera
Space Exploration	3						5b
<b>SCOUTCRAFT MERIT BADGE SCHEDULE</b>							
Camping	5						9
Orienteering	4						
Pioneering	3						practice time, First Class
Wilderness Survival	3						5, bring to camp
Backpacking	5						10, 11, First Class
Cooking	5						7, and 8b
Hiking	5						5, 6, and 7

## MERIT BADGE SCHEDULES, cont.

Merit Badges	Rated	9:00 a.m.	10:00 a.m.	11:00 a.m.	2:00 p.m.	3:00 p.m.	Non Camp Requirements And Comments
<b>FIELD SPORTS MERIT BADGE SCHEDULES</b>							
Athletics	5						4
Sports	5						3, 4, 5
Personal Fitness	5						1a, 1b, 8
Fishing	2						
Fly Fishing	4						
<b>SHOOTING SPORTS MERIT BADGE SCHEDULES</b>							
Rifle Shooting	4						
Shotgun Shooting	4						Must be big enough to hold shotgun steady
Archery	4						
<b>AQUATICS MERIT BADGE SCHEDULE **Note maximum session size is 15**</b>							
Instructional Swim							
Swimming	3						Blue tag
Rowing *	3						Blue tag
Canoeing *	3						Blue tag, 2 periods
Life Saving	4						Experienced Scouts need Swimming MB, 2 periods
Small-Boat Sailing *	3						Blue tag, 2 periods
Waterskiing *	4						Need Swimming MB 2 periods
Motor boating	1						Blue tag, 4a, must bring VT motor boating license
* Will require practice time							



## CAMP AWARDS

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### *UNIT AWARDS*

It wouldn't be Boy Scout camp without recognition for troops showing scout spirit. We have several including the Clean Sweep Award, the Top-Notch Troop Award, and the Honor Unit.

### *HONOR UNIT*

Mt. Norris honor units are units who fully participate in the camp program throughout the week. They keep their sites clean and scout-like, carry out a service project, and attend all religious services and campfires.

### *TOP-NOTCH TROOP AWARD*

This award is given out to the most awe-inspiring and totally motivated troop in camp during the week. To qualify, the unit must first be an honor unit. Inspection, camp participation, and other competitions will all be taken into consideration. A troop can gain bonus points for polar bear swims, a troop outpost, challenging other troops or staff to competitions, hosting a fellowship, leading songs and cheers in camp, and other acts showing true scouting spirit.

### *CLEAN SWEEP AWARD*

The Clean Sweep Award is presented to a unit with the cleanest and safest site of the week, as commissioned by the Camp Commissioner.

### *OTHER AWARD POSSIBILITIES*

Troops and patrols have the opportunity to earn other awards while in camp. They include, but are not limited to: Scavenger Hunt, Friday afternoon competitions, Program Area awards, "I climbed Mount Norris" Pin, and Polar Bear Club certificates.



# EMERGENCY PROCEDURES

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## *GENERAL PROCEDURES*

In case of emergency in camp, a siren will sound. All scouts, leaders, and staff must report to the Parade Ground. Unit adult leaders will conduct a roster check (not a head count) as scouts assemble. The Office Manager will do staff roster checks. Instructions will be given to unit leaders. If the alarm sounds after 9:30pm and before 7:30am, one adult should report to the Parade Ground with a complete site attendance report.

### **1. LOST BATHER**

- a) See general procedures above.
- b) Waterfront director runs "Lost Bather Drill" until swimmer is accounted for.
- c) Camp Health Officer is notified and immediately goes to the Waterfront
- d) Program Director sends a staff member to the "lost bather" site and other staff members to all areas in camp looking for the "lost bather".

### **2. FIRE**

- a) See general procedures above.
- b) Staff members assume responsibilities for the safety of the campers and leaders and lead them to safety.
- c) The Camp Office and Health Lodge are notified immediately in case of fire.
- d) Camp Office determines if additional outside help is needed to combat the fire upon report from the area where the fire occurs.

### **3. LOST PERSON PROCEDURE**

- a) Report any person whom you suspect to be missing immediately to the Camp Office. Do not delay reporting a missing/lost person. One of your leaders should wait in your site in case the missing person returns. The siren will not sound.
- b) The Camp Director will institute search procedures using the camp staff and, if need be, notify outside help.

### **4. SERIOUS INJURY OR DEATH**

- a) The Camp Director should be notified as quickly as possible after the accident or discovery of the situation. Medical help will be dispatched.

### **5. CHILD ABUSE**

- a) Notify the Camp Director immediately upon suspicion. The report is to be kept confidential. Give the Camp Director as much information as you know. Do not conduct a personal investigation yourself; protect the dignity and privacy of all involved.

**6. WEATHER RELATED EMERGENCIES**

- a) Troops will be instructed as necessary depending on conditions
- b) Flood
  - a. See general procedures on previous page.
  - b. When storm is over, resume activities.
  - c. Camp staff should be prepared to act at any time during flood danger.
- c) Lightning Storm
  - a. Report back to campsite.
  - b. Take cover and stay low.
  - c. When the storm is over, resume activities.
  - d. Fire fighting teams should be prepared to act at any time during storm.
  - e. No aquatics or showers during thunderstorms.
- d) Tornado
  - a. See general procedures.
  - b. Staff will be dispatched to campsites to make leaders aware of the situation and have troops report to the dining hall; keep everyone inside.
  - c. Open windows and doors in dining hall.
- e) High Winds
  - a. See general procedures.
  - b. Staff will be dispatched to campsites to make leaders aware of the situation and have troops report to the dining hall; keep everyone inside.
  - c. People will be allowed to leave only when the U.S. Weather Bureau has declared the situation safe.
- f) Hail Storm
  - a. Take cover in the nearest shelter or tent and let the storm run its course.
- g) Earthquake
  - a. Report to your campsite.
  - b. Staff will be dispatched to campsites to make leaders aware of the situation and have troops report to the dining hall and take cover.
  - c. People will be allowed to leave only when the U.S. Weather Bureau has declared the situation safe.

## LEADER'S PRE-CAMP CHECKLIST

*Check off this list as you complete each task as part of your planning.*

- Working with your troop committee recruit and train assistant camp leaders.
- Schedule your troop's parents' night and present Camp information.
- Complete a roster of all scouts going to camp. Do you have all the last minute ones?
- Turn this roster into the Council Service Center two weeks before arrival at camp.**
- Names, addresses, and phone numbers of all parents. Do you know where they can be reached in an emergency?
- Health and medical record forms for each scout and leader. No scout or adult may register or remain in camp without one. Medical forms need all immunization dates, parent, and doctor signatures.
- All transportation arrangements made both coming and going.
- Troop camping and program equipment (including troop and American Flags and tarps)
- Each scout is properly equipped (See checklist! Have an equipment check just before camp! Discourage boys from being over-equipped.).
- All pre-camp program planning is completed and leader has necessary information and records--scout advancement goals--troop analysis (which youth leaders are going to camp, number of patrols, who cannot swim, etc.)
- Camping patrols have elected their leaders.
- All parents aware of plans--date, time, and place of departure, return date, time, and place of arrival, mailing and phone information, visiting day rules, Friday evening BBQ etc.
- All scouts and leaders properly uniformed (have summer uniform inspection at a troop meeting prior to camp). Leader has sufficient funds for emergencies.
- Troop First Aid Kit in good condition and ready to go.
- All tent assignments made on patrol basis (plan on 2-man tents).
- Troop SPL (or camp SPL elected) will be in camp.
- Balance of all fees paid.
- Troop committee has contacted parents of all scouts **not** signed up for camp.
- Final Troop leaders' meeting; check on any last minute program changes and updates.
- All papers ready:
  - Medical for each scout and leader
  - Two copies of accurate, up-to-date roster
  - Plans and notes for troop program
  - Scouts' Advancement Goals
  - Duty rosters, assignments, etc.
  - Sun Block
  - Bug spray



## TROOP EQUIPMENT LIST

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### AT ALL CAMP SITES

- Two-person canvas wall tent on a platform
- Cot
- Dining fly
- Picnic Table
- Latrine
- Multi-spigot washstand (cold water)
- Bulletin board
- Flagpole
- Campfire area
- Rake
- Shovel
- Hose
- Scrub-brush

### AVAILABLE FROM THE QUARTERMASTER

- Toilet paper
- Latrine cleaning supplies
- Binder twine (for improvements)
- Bow saws
- Scout axes
- Rakes
- Shovels
- Rope (pioneering practice)
- Dutch ovens (limited quantity)
- Ask ... we'll try

### SUGGESTED TROOP EQUIPMENT TO BRING

- U.S. flag for Flag pole
- Troop flag
- First Aid kit
- Lantern (battery)
- Saws & axes
- Dutch oven, reflector oven
- Spices
- Percolating coffee pot
- Merit Badge book library
- Leaders Guide

***SUGGESTED EQUIPMENT FOR TROOP LEADER TO BRING***

- ❑ Alarm clock (wind-up / battery)
  - ❑ Radio for weather reports
  - ❑ Lawn chair
  - ❑ Lantern
  - ❑ Clipboard
  - ❑ Thumb tacks
  - ❑ Troop merit badge pamphlets
  - ❑ Troop advancement reports
  - ❑ Medical forms, copies for all
  - ❑ Swim test records
  - ❑ Camp payment receipts
  - ❑ Troop checkbook
  - ❑ Troop insurance information
  - ❑ Pre-camp planning paperwork
- 
- ✓ Have vacation phone number of any parent/spouse who will be away during camp.
  - ✓ It is advisable to bring a copy of each medical form: the original to turn in, a copy for your reference.
  - ✓ Planning brings a good camp experience!



## PERSONAL EQUIPMENT LIST

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This is a suggested list of equipment for an enjoyable stay at camp. It does get rather cool in the evenings and each boy should be prepared for this. Also, footlockers are recommended over duffle bags and packs, as they are easier to keep organized, can be locked, and may slide right under the bunks. It is a good idea to label items with your name and troop number.

### ***CLOTHING***

- Complete scout uniform
- Underwear
- Socks
- T-shirts
- Long pants
- Beach towel
- Swim trunks
- Jacket
- Rain gear
- Handkerchiefs
- Extra sneakers
- Hiking boots

### ***USEFUL EQUIPMENT***

- Sunglasses
- Sun Screen
- Daypack
- Knife, fork, & spoon
- Flashlight (extra batteries)
- Mess kit, canteen
- Boy Scout Handbook
- Pen, pencil, and notebook
- Compass
- Insect repellent

### ***BEDDING***

- Sleeping bag or 2-3 warm blankets
- Air mattress or foam pad
- Pillow
- Toothbrush, toothpaste
- Soap & towels
- Stationary & stamps

### ***OPTIONAL EQUIPMENT***

- Camera
- Bible / Prayer book
- Mending kit
- First Aid Kit
- Fishing equipment
- Trading Post spending money

### ***WHAT NOT TO BRING***

The Camp Leadership reserves the right to confiscate and prohibit items from either campers or adults.

#### **Prohibited items are:**

Fireworks	Pets
Alcohol	Firearms
Tobacco uses on scout property	Archery equipment
Ammunition	Narcotics
Knives with blades over 3" or fixed	Chain saws
Radios/CDs	Valuables

Camp leaders are responsible for the supervision of their troop's youth and are not permitted to leave camp for the purpose of consuming alcoholic beverages, nor return after consuming alcoholic beverages.



## COUNSELOR-IN-TRAINING APPLICATION 2008

The C.I.T. Corps is a program for scouts who are **15** years old. The program will run for two Sessions; each session will last for two weeks. A scout may only sign up for one (1) session.

For the SCOUT

**NAME:** \_\_\_\_\_ **TROOP #** \_\_\_\_\_ **DISTRICT** \_\_\_\_\_  
**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP** \_\_\_\_\_  
**TELEPHONE #:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_ **SCOUT RANK** \_\_\_\_\_

Why do you want to be a Counselor-In-Training at Mt. Norris?

For the PARENT/GUARDIAN

I am willing for my son to be part of the C.I.T. Program. I understand the program is for two weeks, and he will need a medical examination. I would like to register for session:

SESSION ONE	SESSION TWO
July 6– July 19	July 20 – Aug 2

Parent/Guardian's Signature: \_\_\_\_\_

For the SCOUTMASTER

\_\_\_\_\_ has been active in my unit for \_\_\_\_\_ years.

He has held the following leadership positions, \_\_\_\_\_.

How many years has he attended summer camp? \_\_\_\_\_ Where: \_\_\_\_\_.

I recommend he be considered for the C.I.T. Program at Mt. Norris.

Scoutmaster Signature: \_\_\_\_\_

Telephone Number: (\_\_\_\_) \_\_\_\_\_.





## 2008 UNIT REGISTRATION

---

### *The 2008 Mount Norris Scout Reservation*

Simply pick your site and week of choice and put down a \$50 per unit deposit to ensure your choice. See reverse for fee structure. The deposit is non-refundable.

Unit Number: \_\_\_\_\_ District \_\_\_\_\_ Town: \_\_\_\_\_

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Campsite \_\_\_\_\_ Week: \_\_\_\_\_

Deposit Paid: \$ \_\_\_\_\_ Est. No. of Youth: \_\_\_\_\_ Email: \_\_\_\_\_

Week 1: July 6 – 12                      Week 2: July 13 – 19    Week 3: July 20 – 26  
 Week 4: July 27 – August 2        Week 5: August 3 – August 9

<i>Campsite</i>	<i>Accommodations</i>	<i>Capacity *</i>
Mt. Mansfield	Tents / Cook Shack	32
Jay Peak	Tents	18
Mt. Ellen	Tents / Cook Shack	24
Equinox	Tents / Cook Shack	20
Sugarbush	Tents	22
Mad River	Tents	24
Ascutney	Tents	24
Okemo	Tents	16
Stratton	Adirondack Lean-to's	32
Belvidere	Adirondack Lean-to's	32

*Campsite capacities will be strictly adhered to.*

*\* If your unit requires more space, an adjoining site should be reserved or bring tents for your leaders.*

*\* If your unit cannot meet site capacity, you may be asked to share the site.*

Accepted: \_\_\_\_\_

Date: \_\_\_\_\_



## 2008 FEE STRUCTURE

---

This fee structure has been adopted by the Green Mountain Council to make paying for summer camp easier on the units, and easier to keep track of upon your check-in at the camp. All fees are on a per week basis.

### *Summer camp fee timeline*

By February 15 .....	To confirm your camp site a deposit of \$15 per boy is due. This deposit is transferable but non-refundable.
By March 31	Half the camp fee is due per boy
By or before May 15*	Early bird fees are due \$250.00 per youth
After May 15	Whole fee is due prior to arrival at Camp \$280.00
Multi-week discount	The fee for Scouts returning for a 'second helping' is \$230.00 per week.

### **Leadership (Leader fee for 2008)**

Two leaders are admitted with no fee when your troop has a **minimum of 5 scouts up to 16 scouts attend camp**. A ratio of one leader per 8 youth is admitted after that free of charge.

Each additional leader must pay **\$75 per week**.

**If your troop attends camp with less than 5 scouts the leader's fee is \$75 per week - per leader**

### *Campership*

Campership applications must be received by April 15. All recipients of campership help will be notified before the May 15 Early Bird deadline.

- — *If your unit cancels after May 15, the unit forfeits \$50 per boy. Please remember your money has already been spent by the time you come to camp.*



## Swim Classification Procedures

*The swim classification of individuals participating in a "Boy Scouts of America" activity is a key element in both Safe Swim Defense and Safety Afloat. The swim classification tests should be renewed annually, preferably at the beginning of each outdoor season. Traditionally, the swim classification test has only been conducted at a long-term summer camp. However, there is no restriction that this be the only place the test is conducted. It may be more useful to conduct the swim classification prior to a unit going to summer camp.*

All persons participating in BSA aquatics are classified according to swimming ability. The classification test and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances in which the individual will be in the water. The Swimmer's Test demonstrates the minimum level of swimming ability for recreational and instructional activity in a confined body of water with a maximum 12-foot depth and with shallow water footing or a pool or pier edge always within 25 feet of the swimmer.

The various components of each test evaluate the several skills essential to the minimum level of swimming ability. Each step of the test is important and should be followed as listed below:

### **SWIMMER'S TEST:**

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: side stroke, breast stroke, trudgen, or crawls; then swim 25 yards using an easy resting back stroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.

### **BEGINNER'S TEST:**

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.

### **ADMINISTRATION OF SWIM CLASSIFICATION TEST (THE COUNCIL CHOOSES ONE OF THESE OPTIONS):**

#### **Option A (at camp):**

The swim classification test is completed the first day of camp by Camp Aquatic personnel.

#### **Option B (Council conducted/council controlled):**

The council controls the swim classification process by predetermined dates, locations and approved personnel to serve as aquatics instructors. When the unit goes to a summer camp, each individual will be issued a buddy tag under the direction of the Camp Aquatics Director for use at the camp.

#### **Option C (At unit level with council-approved aquatics resource people):**

The swim classification test done at a unit level should be conducted by one of the following council approved resource people: Aquatics Instructor, BSA; Aquatics Supervisor, BSA; BSA Lifeguard; certified lifeguard; swimming instructor; or swim coach. When the unit goes to a summer camp, each individual will be issued a buddy tag under the direction of the Camp Aquatics Director for use at the camp.

### **SPECIAL NOTE:**

**When swim tests are conducted away from camp or at the point of activity, the Aquatics Director shall at all times reserve the authority to review or retest all participants to ensure that standards have been maintained.**

**Green Mountain Council, BSA chooses Option A and Option C. Option B may be available at a future date and time.**

**Unit Swim Classification Record**

*This is the individual's swim classification as of this date. Any change to status after this date i.e., non-swimmer to beginner or beginner to swimmer, would require a reclassification test by the Camp Aquatic Director.*

Special Note: When swim tests are conducted away from camp or at the point of activity, the Aquatics Director shall at all time reserve the authority to review or retest all participants to assure that standards have been maintained.

Unit Number _____		Date of Swim Test _____		
	Full Name (Please Print)	Swim Classification		
		Non-swimmer	Beginner	Swimmer
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Name of Person Conducting Test

\_\_\_\_\_

Print Name

\_\_\_\_\_

Signature

Unit Leader:

\_\_\_\_\_

Print Name

\_\_\_\_\_

Signature

(Over)

## Scout Release Request

**Instructions:**

Scouts desiring to leave camp prior to the unit's departure or not as a part of the unit must have a release signed by their parents and approved by the unit leader. Scouts will normally be permitted to leave only when accompanied by their parents. The form below must be used in handling all such departures.

In an emergency, it may not be possible for a parent or parents to sign the release. In this event, sufficient information must be recorded attesting to the telephone call or means of communication by which word arrived asking for the release of the Scouts. This information should document the person from whom the call was received, verify telephone confirmation of the parent asking for release of the Scout, and give detailed reasons for the requested release.

Request is made that \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 District \_\_\_\_\_ Unit # \_\_\_\_\_ Campsite \_\_\_\_\_

Be permitted to leave the unit for the following reason(s):

\_\_\_\_\_  
 \_\_\_\_\_

The Scout is to leave on: Date \_\_\_\_\_ Time \_\_\_\_\_

Accompanied by \_\_\_\_\_

The Scout is to return on: Date \_\_\_\_\_ Time \_\_\_\_\_

In signing this request for release, the BSA, the Green Mountain Council, the troop leaders and the Scout's parents or guardians mutually acknowledge that there will be no refund of the camp fee; and that the BSA or its representatives shall not be liable for any loss or injury to the Scout's person or property.

The request is made by (parents' or guardians' signature required except as noted for emergency departure requests)

Parent or guardian signature(s) \_\_\_\_\_

Address \_\_\_\_\_

Telephone # (H) \_\_\_\_\_ Request made (date & time)

\_\_\_\_\_ (W) \_\_\_\_\_

Unit Leader's signature of approval \_\_\_\_\_

-----  
**On-Site Release**

Before leaving camp, Scout must check-out with their unit Leader and the Camp Headquarters.

**Approvals**

Signed: \_\_\_\_\_ Unit Leader, Unit # \_\_\_\_\_ Date \_\_\_\_\_

Signed: \_\_\_\_\_ Camp Headquarters, Date \_\_\_\_\_

Keep the original for use at time of release. Give parents a photocopy.



# PERSONAL HEALTH AND MEDICAL RECORD

## CLASS 1 AND CLASS 2

NAME

**Class 1 (update annually for all participants).** Activity: Day camp, overnight hike, or other programs not exceeding 72 hours, with level of activity similar to that of home or school. Medical care is readily available. Current personal health and medical summary (history) is attested by parents to be accurate. This form is filled out by all participants and is on file for easy reference.

**Class 2 (required once every 36 months for all participants less than 40 years of age).** Activity: Resident camp or any other activity such as backpacking, tour camping, or recreational sports involving events lasting longer than 72 consecutive hours, with level of activity similar to that at home or school. Medical care is readily available.

**Note:** Some states require an **annual** precamp medical evaluation. Your BSA local council service center can advise you about the requirements for your state.

If your child has had a medical evaluation (**physical examination**) within the last 36 months, a copy of the results of this examination must be attached to the health history for all participants in a camping experience lasting longer than 72 consecutive hours. If a copy is not available, a physical examination (using the Class 2 section of this form) must be scheduled by a \*licensed healthcare practitioner. This medical evaluation (physical examination) also is required if your child is currently under medical care, takes a prescribed medication, requires a medically prescribed diet, has had an injury or illness during the past 6 months that limited activity for a week or more, has ever lost consciousness during physical activity, or has suffered a concussion from a head injury.

\*Examinations conducted by licensed health-care practitioners, other than physicians, will be recognized for BSA purposes in those states where such practitioners may perform physical examinations within their legally prescribed scope of practice.

**THIS FORM IS NOT TO BE USED BY ADULTS OVER 40, BY HIGH-ADVENTURE PARTICIPANTS (USE FORM NO. 34412A), OR FOR NATIONAL SCOUT JAMBOREE (USE FORM NSJ-34412-01).**

### CLASS 1 PERSONAL HEALTH AND MEDICAL HISTORY

(To be filled out annually by all participants)

To be filled out by parent, guardian, or adult participant. Please print in ink.

#### IDENTIFICATION

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Name of parent or guardian \_\_\_\_\_ Telephone \_\_\_\_\_

Home address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Business address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

If person named above is not available in the event of an emergency, notify

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Telephone \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Telephone \_\_\_\_\_

Name of personal physician \_\_\_\_\_ Telephone \_\_\_\_\_

Personal health/accident insurance carrier \_\_\_\_\_ Policy No. \_\_\_\_\_

TROOP

I give permission for full participation in BSA programs, subject to limitations noted herein.  
**In case of emergency,** I understand every effort will be made to contact me (if participant is an adult, my spouse or next of kin). In the event I cannot be reached, I hereby give my permission to the licensed health-care practitioner selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child (or for me, if participant is an adult).

Date \_\_\_\_\_ Signature of parent/guardian or adult \_\_\_\_\_

CAMP SITE

Some hospitals require the parent/guardian signature to be notarized. Check with your BSA local council.

Check all items that apply, **past or present**, to your health history. Explain any "Yes" answers.

**ALLERGIES:** Food, medicines, insects, plants Yes ) No ) Explain: \_\_\_\_\_

**GENERAL INFORMATION:**

	Yes	No		Yes	No		Yes	No
ADHD (Attention-Deficit Hyperactivity Disorder	)	)	Convulsions/seizures	)	)	Hemophilia	)	)
Asthma	)	)	Diabetes	)	)	High blood pressure	)	)
Cancer/leukemia	)	)	Heart trouble	)	)	Kidney disease	)	)

Explain: \_\_\_\_\_

Please list ALL medications taken in the 30 days **prior** to arrival at the Scouting activity where this form is to be used: \_\_\_\_\_

List any medications to be taken at camp: \_\_\_\_\_

List any physical or behavioral conditions that may affect or limit full participation in swimming, backpacking, hiking long distances, or playing strenuous physical games: \_\_\_\_\_

List equipment needed such as wheelchair, braces, glasses, contact lenses, etc.: \_\_\_\_\_

**Immunizations:** (Give date of last inoculation.)

Tetanus toxoid _____	Measles _____	Polio _____
Diphtheria _____	Mumps _____	_____
Pertussis _____	Rubella _____	_____

**CLASS 2 MEDICAL EVALUATION**

(Read additional requirements outlined on front of form.)

Name \_\_\_\_\_ Age \_\_\_\_\_

**NOTE TO LICENSED HEALTH-CARE PRACTITIONERS\*:** The person being evaluated will be attending one or more weeks of camp that may include sleeping on the ground and participating in strenuous activities such as hiking, boating, and vigorous group games. Please review the health history with the participant for any interim changes. **Explain any "abnormal" evaluations.**

**PHYSICAL EXAMINATION** (To be filled out by a licensed health-care practitioner\*)

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_ Pulse \_\_\_\_\_

VISION: Normal \_\_\_\_\_ Glasses \_\_\_\_\_ Contacts \_\_\_\_\_

HEARING: Normal \_\_\_\_\_ Abnormal \_\_\_\_\_ Explain \_\_\_\_\_

**Check box:**

N Abn		N Abn		N Abn	
Growth development ) )	Teeth ) )	Genitalia ) )			
Skin ) )	Cardiopulmonary system ) )	Musculoskeletal ) )			
HEENT ) )	Hernia ) )	Neurobehavioral ) )			

Explain: \_\_\_\_\_

**Limitations**

Activity restrictions \_\_\_\_\_

Diet restrictions \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Licensed health-care practitioner\*

Address \_\_\_\_\_ Phone \_\_\_\_\_

City, State, Zip \_\_\_\_\_

**\*Examinations conducted by licensed health-care practitioners, other than physicians, will be recognized for BSA purposes in those states where such practitioners may perform physical examinations within their legally prescribed scope of practice.**

<b>INTERVAL RECORD</b>	<b>SCREENING EXAMINATION</b>	
Date, Time, Place, Etc.	(Finding, Diagnoses, treatment, instructions, disposition, etc.)	By

NAME

TROOP

CAMP SITE

### PERSONAL HEALTH AND MEDICAL RECORD FORM—Class 3

**I. IDENTIFICATION** Age \_\_\_\_\_ Sex \_\_\_\_\_ Date of Birth\*  
 Name \_\_\_\_\_ Last name First name Initial \_\_\_\_\_  
 Address \_\_\_\_\_  
 City & State \_\_\_\_\_ Zip \_\_\_\_\_  
 Health/Accident insurance \_\_\_\_\_ Policy no. \_\_\_\_\_

**IN AN EMERGENCY NOTIFY:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
 Address \_\_\_\_\_ Home phone \_\_\_\_\_  
 City & State \_\_\_\_\_ Business phone \_\_\_\_\_  
 Personal Physician \_\_\_\_\_ Phone \_\_\_\_\_

**III. PARENTAL STATEMENT**  
 Has it ever been necessary to restrict applicant's activities for medical reasons?  No  Yes Does applicant take medicine regularly or have special care?  No  Yes If yes, explain.  
 \_\_\_\_\_  
 To the best of my knowledge, the information in sections I, II, III, IV, and VI is accurate and complete. I request a licensed health-care practitioner to examine applicant, to give needed immunization, and to furnish requested information to other agencies as needed. I give my permission for full participation in BSA programs, subject to limitations noted herein. In the event of illness or accident in the course of such activity, I request that measures be instituted without delay as judgment of medical personnel dictates.  
 Parent or guardian \_\_\_\_\_ (Must sign if applicant is 18 or younger)  
 Applicant's signature \_\_\_\_\_  
 Date signed \_\_\_\_\_

**BOY SCOUTS OF AMERICA**  
 All Class 3 activities require a health examination within the past 12 months by a licensed health-care practitioner.\* This includes youth and adult members participating in high-adventure activities, athletic competition, and world jamborees. Annually, this form is to be used by adults over 40 for all activities requiring a physical examination and applies to all Wood Badge participants/staff regardless of age.

**II. EMERGENCY MEDICAL INFORMATION**  
 Has or is subject to (check and give details):  
 Allergy to a medicine, food†, plant, animal, or insect toxin  
 Any condition that may require special care, medication, or diet  
 ADHD (Attention Deficit Hyperactive Disorder)  
 Asthma  Convulsions  Heart trouble  Contact lenses  
 Diabetes†  Fainting spells  Bleeding disorders  Dentures

**EXPLAIN** \_\_\_\_\_

**V. LICENSED HEALTH-CARE PRACTITIONER'S EVALUATION AND ADVICE**  
 Approved for participation in:  
 Hiking and camping  Water activities  
 Competitive sports  All activities  
 Specify exceptions \_\_\_\_\_  
 Recommendations (explain any restrictions OR limitations): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Signed \_\_\_\_\_ Date \_\_\_\_\_  
 \*Licensed health-care practitioner

\*Examinations conducted by licensed health-care practitioners other than physicians will be recognized for BSA purposes in those states where such practitioners may perform physical examinations within their legally prescribed scope of practice.

**PLEASE TYPE OR PRINT**  
 34414A  
 2002 Printing

UNIT \_\_\_\_\_

FE: Keep original form for your personal record. Make reproductions for agency use. Be sure information and signatures are legible on reproduced copies. This upper section may be reproduced and carried with you for emergency identification and care.

**VI. MEDICAL HISTORY**  
**Parent (or applicant if 18 or older):** Fill in sections I, II, III, IV, and VI before seeing a licensed health-care practitioner. Check immunizations to be given at this time. Be sure to include any emergency information and restrictions or special care that should be observed. Especially be sure to record any injuries, illnesses, surgery, or significant changes in condition of health of applicant since last complete examination.

- Date of most recent complete physical examination (month and year) \_\_\_\_\_ 19\_\_\_\_
- Are you aware of any current health problems?  No  Yes
- Now under medical care or taking medicines?  No  Yes
- Has there been any surgery, injury, illness, allergy, or change in health status since last complete physical examination?  No  Yes

Give dates and full details below for any "yes" answers.

IS THERE DISEASE OF (OR PAST OR PRESENT HISTORY OF):	No	Yes	Year	Details/Medicines
Serious illness	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Serious injury	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Deformity	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Skin, glands	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Ears, eyes	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Nose, sinus	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Teeth, tonsils	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Dentures	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Bridge	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Chest, lungs	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Heart	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Murmur	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Rheumatic fever	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Stomach, bowels	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Appendicitis	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Kidneys or urine	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Albumin	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Sugar	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Infection	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Bed-wetting	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Menstrual problems	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Hernia (rupture)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Back, limbs, joints	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Sleepwalking	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Nervous condition	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Other (explain)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____

Please list ALL medications taken in the 30 days prior to arrival at the Scouting activity where this form is to be used:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**VII. HEALTH EXAMINATION**  
**Licensed Health-Care Practitioner:**

The applicant will be participating in a strenuous activity that will include one or more of the following conditions: athletic competition, adventure challenge or wilderness expedition (afloat or onfoot) that may include high altitude, extreme weather conditions, cold water, exposure, fatigue, and/or remote conditions where readily available medical care cannot be assured.

- Please insist applicant furnish complete medical history (VI) before exam.
- Review immunizations; for youth (18 or younger) tetanus and diphtheria toxoids, measles, mumps, and rubella vaccines, and trivalent oral polio vaccine are required; youths and adults must have had tetanus booster within 10 years. A measles booster is recommended at age 12.
- After completing section VII, summarize any restrictions and/or recommendations in sections II and V, above, and sign.

Date \_\_\_\_\_ VISION: \_\_\_\_\_ HEARING: \_\_\_\_\_  
 Ht. \_\_\_\_\_ Wt. \_\_\_\_\_ Normal \_\_\_\_\_  
 B.P. \_\_\_\_\_ / \_\_\_\_\_ Pulse \_\_\_\_\_ Glasses \_\_\_\_\_ Abnormal \_\_\_\_\_  
 Contacts \_\_\_\_\_

Check box if normal; circle if abnormal and give details below:

<input type="checkbox"/> Growth, development	<input type="checkbox"/> Teeth, tonsils	<input type="checkbox"/> Genitourinary
<input type="checkbox"/> Skin, glands, hair	<input type="checkbox"/> Respiratory	<input type="checkbox"/> Skeletomuscular
<input type="checkbox"/> Head, neck, thyroid	<input type="checkbox"/> Cardiovascular	<input type="checkbox"/> Neuropsychiatric
<input type="checkbox"/> Eyes, ears, nose	<input type="checkbox"/> Abdomen, hernia, rings	<input type="checkbox"/> Other (specify)

**COMMENTS**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**FORTHOSE ATTENDING PHILMONT OR NATIONAL HIGH-ADVENTURE BASES:**  
 \* The minimum age for all participants is 13 by January 1 of the year of participation, or have completed the seventh grade. No exceptions.  
 † Trail food is by necessity a high-carbohydrate, high-calorie diet. It is high in wheat, milk products, sugar, corn syrup, and artificial coloring/flavoring. Dinner meals contain meat. If these food products cause a problem in your diet, you need to bring appropriate substitutions with you and so advise base personnel.  
**Note:** Licensed health-care practitioners representing high-adventure bases reserve the right to deny access to the trails or other program activity on the basis of a medical evaluation performed at the base after arrival.

REVIEW FOR CAMP OR SPECIAL ACTIVITY						
DATE	AGENCY AND ACTIVITY	BY	"OK"	PHYSICIAN RECHECK NEEDED	RESULTS OF RECHECK	INITIAL

**INTERVAL RECORD** (CAMP, CAMPOREE, TOURNAMENT, TRAVEL, ETC.)

DATE, TIME, PLACE, ETC.	FINDINGS, DIAGNOSES, TREATMENT, INSTRUCTIONS, DISPOSITION, ETC.	BY:

## 2008 SOLO SCOUT APPLICATION

### Mt Norris Scout Reservation

Scout's Name: \_\_\_\_\_ Troop: \_\_\_\_\_

Parent or Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Scoutmaster's Information:**

All Solo Scouts are placed with a host troop for the week. Occasionally, our leaders may request to contact the boy's scoutmaster for information regarding his advancement, skills and leadership ability. Please have your Scoutmaster complete the following:

Scoutmaster's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Select camping week:**

\_\_\_\_\_ Week #1: July 6 - 12

\_\_\_\_\_ Week #4: July 27 - August 2

\_\_\_\_\_ Week #2: July 13 - 19

\_\_\_\_\_ Week #5: August 3 - August 9

\_\_\_\_\_ Week #3: July 20 - 26

**Camp Fee:**

The full camp fee of **\$280.00** per Scout must be paid in advance of his arrival at camp.

Early Bird Discount fee is **\$250** if total fee is paid by **May 15**.

A second week at camp "**Second helping**" is **\$230**.

Amount of Check Enclosed: \$ \_\_\_\_\_.

Please make checks payable to: Green Mountain Council. All fees are non-refundable.)

**Mail Application To:**

Mount Norris Scout Reservation

Green Mountain Council, BSA

PO Box 557

Waterbury, Vt. 05676



Please note: A complete "Solo Scout Guide" will be mailed to all Solo Scouts; this guide will help you plan for camp and select your program.



## 2008 Campership Application Due April 15, 2008

*All information is confidential.*

UNIT NUMBER    PACK \_\_\_\_\_ TROOP \_\_\_\_\_ CREW \_\_\_\_\_

CAMPER NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Complete the following worksheet. Maximum request is 50 % of the total camp fee.

Total Camp Early Bird Fee.....	\$ 250.00
Scout Contribution .....	\$ _____
Family Contribution .....	\$ _____
Unit Contribution .....	\$ _____
Fundraiser Contribution .....	\$ _____
Other Contributions.....	\$ _____
Amount Requested .....	\$ _____

Number of family members in household: \_\_\_\_\_

Total Yearly family income: \$ \_\_\_\_\_

Date of Camp attendance: \_\_\_\_\_ Scout will be attending (please check one):

Cub Day Camp: \_\_\_\_\_ Sunrise: \_\_\_\_\_

Mount Norris: \_\_\_\_\_ Frontiers Camp \_\_\_\_\_

Parent Signature: \_\_\_\_\_

*Please enclose a written statement about why you are requesting this Campership.  
Decisions will be based on greatest need.*

*Please return to:  
Green Mountain Council Campership Committee  
PO Box 557  
WATERBURY, VT 05676*



## TROOP ROSTER

Troop # \_\_\_\_\_ Town \_\_\_\_\_

Week \_\_\_\_\_ Site \_\_\_\_\_ # of Scouts \_\_\_\_\_ # of Adults: \_\_\_\_\_

### Adult Roster

Please list **Primary camp leader first**. Please check the days the adult will be in camp.

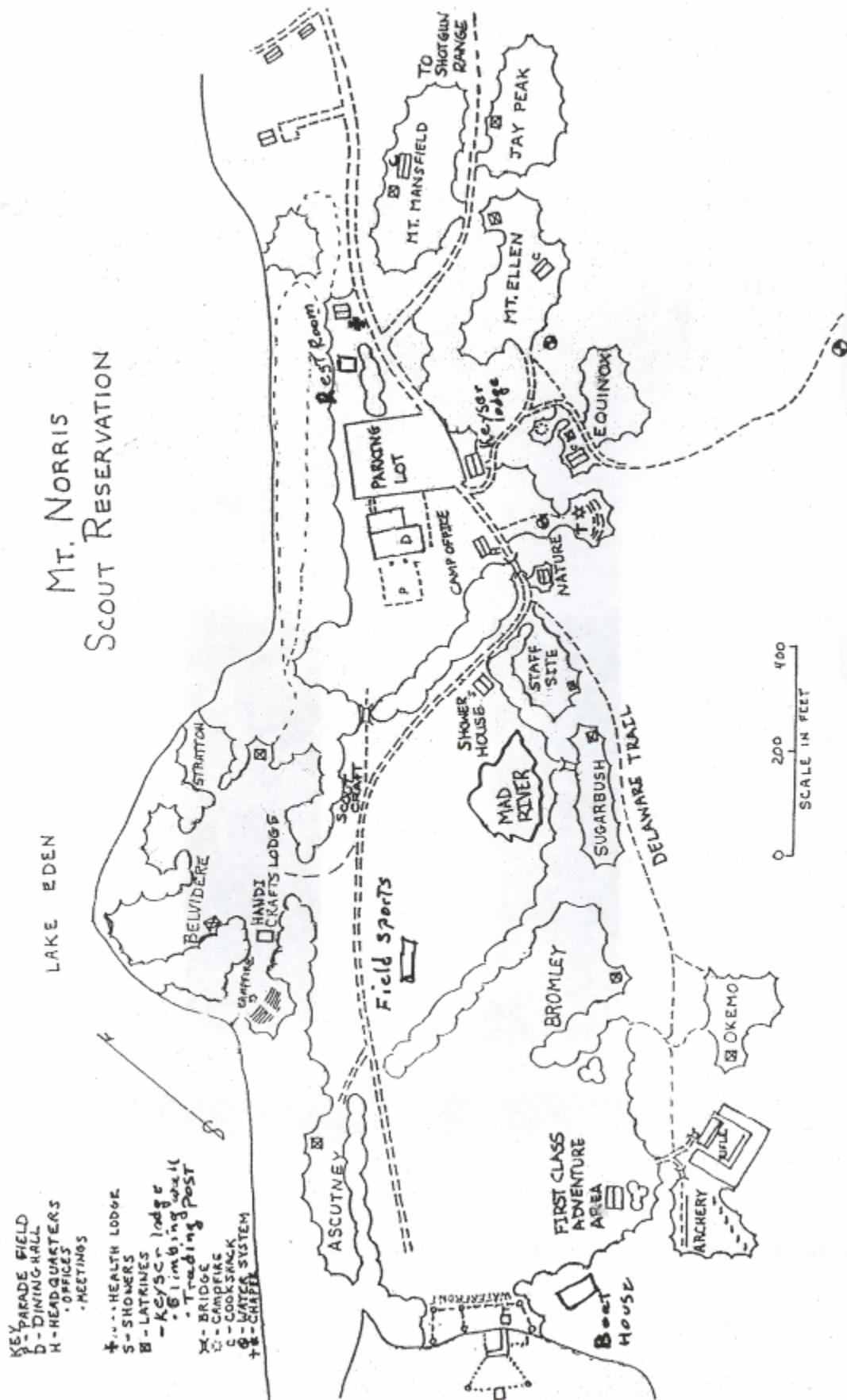
Name	Phone	Sun	Mon	Tue	Wed	Thurs	Fri	Sat

### Youth Roster

Please list ALPHABETICAL — Last name first

Name	Phone	DOB	Rank	Emergency Contact





**COME!!!**

**Join the Adventure**

*at*

***MOUNT NORRIS***  
***SCOUT RESERVATION!***

**2008**

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