



Issue 10, February 12th and February 19th, 2008

Good morning Ladies! Enjoy our Business Fair! Here is a little information about the Mom's, and their businesses, represented here today.

Heather Seven is a PartyLite Consultant as of this past November. When asked what she enjoys about her business she replied: "I love to get out and meet new people, and love to have candles around all the time that smell TERRIFIC!!!!" Email Heather at heatherscandles@live.com or peak at the current Winter/Spring 2008 catalog at <http://www.partylite.biz/sites/Samantha/pagecatalog?CatID=48&TotalPages=82&PageNum=1>

Angela Pieciewicz is a "close to my heart" independent consultant. She only started her business this year. She did it because "I love scrap booking and wanted a business that helps 'support my habit,' while helping others learn how to do scrap booking and card making." The company offers a wide variety of products that suit her scrap booking style and allows others to do so as well. She offers scrap booking/card making workshops teaching people how to use different techniques. Anyone from beginner to advanced scrap booker can benefit from these classes and the products the company sells. She invites you to please visit her Website for class details: www.scrapwithangela.myctmh.com

Christine Shirts is a Mary Kay Cosmetics Independent Beauty Consultant and has been for 3 1/2 years now, and enjoys working for a company that asks her to put her faith first, family second, and career third. When asked what she enjoys *most* about my business is meeting new people and smiling and laughing together. Mary Kay has given me the opportunity to be home with my boys and enjoy being a mom." You can reach her at Home Tel: 253-838-4366 or Cell Tel: 253-318-4453 or Website: <http://www.marykay.com/christineshirts>

When we asked Ramona Houser what she likes about her business she replied "My business is a very personal one... I sit down with one person, a room full of women, or a classroom of high schoolers and help them capture their memories on paper. Scrap booking, for me, is a photo, and some of your words, of something terrific in your life to help you, and others, recall it clearly and give you pleasure." She has been helping women document their life and history for 9 years... simply and quickly. And when asked what she enjoys *most*, Ramona said "I give a thrill every time someone puts a part of their life down on paper, but the thing I enjoy *most* about my business is that scrap booking is at once VERY simple to do, yet so very important when it is done... everyone in their family enjoys it, remembers the time shown in the album, and it builds strong bonds within that family." You may reach Ramona at 253-639-2569, ramonahouser@comcast.net, or 253-639-2569 can go to the Website www.creativememories.com and enter her name as the rep: ramona houser.

Alicia Rogers has been an Independent Business Owner selling Quixtar home care, personal care, and health care products for almost 9 years. She enjoys the environmentally friendly cleaning products and high-quality Artistry skin care and cosmetics products, but is most excited about the Nutrilite nutritional products that keep her family healthy and energized. When asked what she enjoys about her business she replied, "I enjoy helping people save time and money while introducing them to great products that enrich their lives, and the opportunity this business has given me to stay at home with my son." Her Website is www.rogersnetworks.com or she can be reached at (253) 579-7990, or rogersa@katewwdb.com

The Living Room

...where you experience life and spiritual growth



Dear Moms,

On February 5, our Joy group had the privilege of hearing Sherry Haake speak to us about Love Languages. Wasn't that fun? I'm sure you Peace gals enjoyed it as well. Our table had a good time chatting about our love languages and those of our husbands. For some, this was a new subject. It seems that if we can be aware of the love language of our husband, we might be more understanding and appreciative of whom he is. We might recognize why he does or says certain things. One of our gals said that once she and her husband learned each other's love language, that it really changed their relationship.

If you haven't done it already, treat yourself to doing the little quiz that Sherry gave out for us to use. Find out your own love language and that of your husband and learn how to use them!! Then try them on your children, but I would suggest doing it on you and your spouse first. Since Valentine's Day is right around the corner, this would be a great time for you and your Valentine to talk about this together. Be sure and set aside some time for the two of you to do something special together. Keeping your marriage alive and secure not only is good for you, but is one of the best gifts you can give to your children as they grow up.

I would like to finish my note to you with words from that wonderful Scripture from 1 Corinthians 13:

Love is patient, love is kind.
It does not envy, it does not boast,
it is not proud. It is not rude, it is not
selfseeking, it is not easily angered,
it keeps no record of wrongs. Love does
not delight in evil but rejoices with the
truth. It always protects, always trusts,
always hopes, always perseveres.
Love never fails.

Love and Happy Valentine's Day!

Susan



Housekeeping

MOPS announcements, reminders, etc.



Bulletin Board

Thank you for your help with the Senegal Mission Trip!

The women going on the Senegal Mission Trip will be speaking to moms there about the importance of taking care of themselves and in turn will be able to provide better care to their family.

With your generous donations of first aid supplies, the Senegal Mission Team was able to put together 21 quart-sized bags for first aid kits!

Thank you!

Pantry of Pages

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Recipe Book Contest: **Due Feb. 26th!!!**

For each recipe you submit to Email Leesa Ostrander lmo200@hotmail.com You will be entered into a drawing to win your recipe book for free!

This promises to be a great recipe book, but

WE NEED YOUR RECIPES!!!

Brunch Next MOPS will be brought by

Blue: Main Dish

Green: Salad/Dessert

Thank you Pink and Purple tables for bringing brunch today!

How Does Mom/Dad show you she/he loves you?

Hailey age 8

Mom: "By taking me to cool places, like the Hannah Montana concert"

Dad: "By playing games with me even when he's too busy"

Anna age 8

Mom: "She helps me do my homework"

Dad: "He takes me to do cool stuff"

Paige age 4

"My dad plays Xbox with me and does tick-tock (turns her upside down and swings her by her ankles)"

Levi age 7

"I clean my room."

Ryan age 6

"Because you tell me you love me and kisses!"

Evan age 7

"You kiss me in the morning before school, you give me hugs when I come home from school and you rub my back at bedtime."

Erica age 5

"You do things with me, we play games and we go places together"



For it is by grace you have been saved, through faith – and this not from yourselves, it is the gift of God.

Ephesians 2:8



February Birthdays:

Jenae Cartwright 2/1

Sue Little 2/22

Oleena Olander 2/22

Carolyn Williams 2/24

Best Wishes!



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The Office

The world at your fingertips



How Can I Get My Kids and Myself Better Organized?

Busy lives require planning. If you're like most parents, you probably feel overwhelmed at times with all that needs to be done and the lack of time you have to do it all. Your kids probably feel overwhelmed at times, too.

Here are 8 tried-and-true secrets for getting you and your kids organized.

1. **Make written lists.** Research shows that writing things down actually helps planning and memory. Show your kids how to make "to-do lists" using words or pictures. They can discover firsthand how great it feels to cross things off the list as they complete the tasks.
2. **Set priorities.** You can't do everything—or at least not everything at the same time. What is most important? What can wait? Help your kids prioritize school assignments and other tasks. (Sometimes the things that can wait are so appealing that they can be used as "breaks" from the stuff that's at the top of the list.)
3. **Break down tasks into baby steps.** Activities that seem daunting when you look at them as a whole are more doable in small increments. Divide your big goals into small, concrete tasks. You can help your kids do the same thing. Does cleaning their rooms seem overwhelming? Encourage them to begin by sorting one toy shelf. The assignment too much? Help them start by writing an outline.
4. **Designate a time.** Clear a specific time for a task so that you don't get distracted or feel as if you should be doing something else.
5. **Set clear limits.** Set a timer for 20 minutes and see how much you can accomplish. Alternatively, take just one of the baby steps on your list and stop when you're finished.
6. **Listen to music.** Select appropriate music to either help you get moving or soothe your anxiety while you tackle that long-postponed action.
7. **Get others involved.** Make getting organized a team effort. Working together will help you motivate one another.
8. **Reward yourself.** Everyone needs positive reinforcement. Enjoy the sense of accomplishment that comes with having taken even a small step.



There are many tools that can help you "get it together." Calendars, appointment books, filing cabinets, files, containers and bins, electronic organizers, and smart phones can all help. But if you're organizing electronically, you may want to print out a monthly calendar so you can see the big picture. And posting a family wall calendar keeps everyone in the loop.

In the Playhouse

...serving in MOPPETS childcare rotation



February 12th – Peace

Stephanie Curtis
Dan a Morrell
Erin Pakney
Laura Dominquez
Amy Roark
Brenda Garinger

March 4th – Joy

Lindsay McCabe
Becky Elfers
Amy Roark
Rachel Vinson
Janet Hewa

February 19th – Joy

Amy Scherr
Amy Mesec
Alicia Rogers
Janet Hewa

Two more volunteers
needed in childcare on
February 19th.
One more volunteer
needed on March 4th.

February 26th – Peace

Krista Williams
Renee Clark
Amie Cross
Jenny Heck
Leslie Hager
Carolyn Stehling

In the Oven

Expectant Mothers...



Naomi Gera due date July 8th
Michelle Moore due date August 4th
Katy Turner due date August 22nd



The Craft Room

...expressing your uniqueness and creativity



Relaxing Bath Salt Instructions:

In baggie mix:

1/2 Cup of salt
2T of Olive oil
2 drops of essential oil (scent of
your choice)

Seal bag and mix well. Put the
baggie in the to go box.
Attach the instruction sheet to card
stock, hole punch and tie to box.

