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## DECEMBER 2009 NEWSLETTER

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### President's Message

Volume 14, Issue 4

**Ring in the Season.** Thanks to everyone who helped "ring in" the season of peace and good will at the Clubhouse this month: to Shirley for lending us her beautiful tree again this year; to Gwen and all her crew for the "hanging the greens" — and reds!; to our callers, greeters, and luncheon crew that brought us all together for our holiday celebration; to Cheri for leading us in the carol-sing (AND helping raise \$30 for Hopelink!); to Joie and Gwen for helping put together our fun Gift Exchange. What a beautiful way to ring in the season—and **ring in a new year of peace and good will.** Merry Christmas!

~ Mia Scherich , President

### On the Calendar

HOLIDAY CELEBRATION  
AND GIFT EXCHANGE  
Thursday, December 3  
Clubhouse, 12:45 PM

COOKIE EXCHANGE  
COFFEE SOCIAL  
Thursday, December 17  
Clubhouse, 1:00 PM

NO BOARD MEETING  
IN DECEMBER

SPECIAL LUNCHEON IN  
JANUARY—SEE ARTICLE

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## Cookie Exchange at Coffee Social

**Come enjoy our beautifully decorated** Clubhouse one more time this holiday season at our now-traditional Cookie Exchange Coffee Social Thursday, **December 17 at 1 PM in the Clubhouse.** Try to bring at least three dozen cookies or bars. That way everyone can take home a nice variety of cookies when we do the exchange (six different kinds if everyone takes home six cookies of each kind; or nine different kinds if everyone takes home four cookies of each kind; etc., for a total of 36 cookies, less what we gobble up at the Cookie Exchange before we go home . . .!). Feel free to make copies of your recipe for everyone if you like! Winning cookie recipe goes in January newsletter: **so get cookin', ladies!**

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## Cook's Corner

### ZIPLOCK OMELETS

A Special Recipe from Doreen to use when you have family and friends visiting for the holidays

- 1) Have everyone write their names on a quart-sized Ziplock bag. Use permanent markers.
- 2) Have everyone crack two eggs into their bag (no more than 2, large or extra-large best)
- 3) Lay out "special ingredients" for everyone to customize their omelet: onion, green pepper, salsa, hash browns, etc.). Shake to mix.
- 4) Place bags in pot of water that has come to a rolling boil. Boil 13 minutes. Open the bags and the omelets will roll out easily.

Thanks, Doreen, for this fun recipe!

## Quote of the Month

"Whoever saves one life, it is as if he saved the entire world."

The Talmud—6th Century

## Bookmarks

### A CHRISTMAS CAROL

by Charles Dickens

A timeless story of a lonely, mean-spirited, tightwad of an old man who is shown the misery he causes. He is visited by three spirits. He is told what lies ahead if he does not change. He does change. I am sure everyone knows the story, but never tires of it. It is well worth remembering.

NOTE: A CHRISTMAS CAROL will be performed at the Moore Theatre on December 19th. Plan to go!

## January Luncheon at Merrill Gardens

Our January luncheon will be special: we will be meeting at **Merrill Gardens**, the new senior living complex across the street from the Kirkland library. The meal will be catered by Merrill Gardens, so make sure you tell your caller if you will be coming, and let her know if you will be bringing a guest.

Our speaker will be from the **Bellevue Art Museum**. She will give us free passes to the Museum.\* Don't miss this special luncheon. This is a great opportunity to see Merrill Gardens, and get a BAM coupon as well!

\* NB: The December newsletter incorrectly stated that we will be going to the Museum as a group after the luncheon. Instead, we will be given a coupon to go on own.

### GROUCHY GRAMMARIAN

bauble, n.  
Something showy but worth little, a trifling piece of finery.

"None of us wants baubles in our stockings."

## Four Things Children Really Want for Christmas

from **Unplug the Christmas Machine**, by Robinson and Staeheli

- ~ A relaxed and loving time with family
- ~ Realistic expectations about gifts
- ~ Reliable family traditions
- ~ An evenly-paced holiday season

## EDITORIAL

December is coming in cold, but there is great warmth. It is the most festive month of the year, a time when families and friends get together. It is a time of beauty and fantasy and good food, good music and good times. For those who believe in The Creator, (86% of the population) it is a time of prayer and joy. It is a celebration of life. All peoples are caught up in the spirit of Christmas - You can't turn around without a reminder that it is Christmas. The stores are filled with color and music and lots of things. Children are counting the days, parents are hiding gifts. It is a time for "Good Will Toward Men". We are all the same, we all breathe the same air - we all sleep under the same stars. December has a way of bringing people together. So whatever way you celebrate or even if you don't celebrate, I wish you the best that December can give. ~ GL



## Holiday Gifting Opportunities

**YWCA FAMILY VILLAGE.** This year Kirkland Woman's Club will again sponsor a family at the Redmond YWCA. The Community Resources coordinator has selected a single mom with two small children: Atallya, a three-year-old daughter, and Coast, a four-year-old son. The children have made their Wish List with the help of Mom, and we will report later the clothing and games purchased from the amount budgeted. Mom did not ask for anything for herself, but she will certainly receive a present as well as a gift card for food from a nearby grocery store.

**KITH (KIRKLAND INTERFAITH TRANSITIONAL HOUSING).** KWC has budgeted the amount of \$250 for KITH. The KITH coordinator reports that sheets are badly needed in the units. We will use those funds to supply as many sheets as possible.

If anyone is interested in helping to purchase any of these gifts before the holidays, please let me know. It is a great opportunity to spread the joy of the season with those less fortunate, and to make their holidays special!  
~ Corrine Hieb, Public Affairs Chairman

## Thanks for Food Bank Generosity

Many thanks to all of our generous members for donating nonperishable items for the Kirkland Food Bank. With the economic downturn, demands on the food bank have rarely been greater. Donations of money are also most welcome. This allows for the purchase of hams, eggs, poultry, etc. so that recipients can have a holiday meal.

If you have forgotten to bring a food item to this month's club meeting, it's not too late to bring it to the Clubhouse at our Cookie Exchange Coffee Social December 19th. ~ Corrine Hieb, Public Affairs Chmn

NB: This article was written prior to our December luncheon, at which the Club raised \$30 cash for the Food Bank, and collected several pounds of groceries. Good work, KWC!



## Post-Holiday Diet Plan

### BREAKFAST

1 grapefruit  
1 slice plain whole-wheat bread  
1 cup skim milk

### LUNCH

1 small portion lean, steamed chicken  
1 cup spinach  
1 cup herbal tea  
1 Hershey's kiss

### LATE NIGHT SNACK

1 whole Sarah Lee cheesecake (eaten directly from the freezer)

Remember: Stressed spelled backward is desserts.

~ Contributed by Diane Charouhas ~

### AFTERNOON TEA

1 The rest of the Hershey Kisses in the bag  
1 tub Graeter's ice cream  
with chocolate chips

### DINNER

4 glasses wine (red or white)  
2 loaves garlic bread  
1 family-sized supreme pizza  
3 Snickers bars

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TO: