



The Inside Scoop

Volume 4 Issue 1
December 1st, 2008

Sacred Heart Enumclaw



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The Show must go on:

Next Meeting: Monday Dec 15th

Winter Wonderland

Christmas Meeting

Food:

Provided by Steering Team

The Candle of HOPE - preparing our heart for Christmas

Christmas is coming! Loved ones to see, gifts to give, baking to share. We prepare our homes for the celebration. Yet even more important than this outward preparation is the preparation of our heart. The Advent season is a beautiful reminder to prepare our hearts, as we prepare our homes, to celebrate the birth of our Savior, Jesus! This week we light the first of the four candles in the Advent Wreath, the candle of HOPE.

Is your heart filled with hope? Do you have a confident expectation of your tomorrow? What happens when the road ahead is filled with loss and stress weighs your shoulders down? When confident expectation in life's tomorrow dwindles, what can you do? How can you walk in hope when you feel hopeless inside? The God of Hope is your answer.

"May the God of Hope fill you with all joy and peace, as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit." Romans 15:13

• Hope for H elp.

We are invited to come to Him and confidently ask for help. Hebrews 4:16 tells us "to come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in our time of need".

• Hope to O vercome

Things that leave one feeling powerless and hopeless come in many forms. With Christ's strength you can overcome great obstacles. 1John 5:4 says "and this is the victory that overcomes the world, even our faith". Faith in Jesus gives hope and help to overcome.

• Hope for P ower

Sometimes in life we find ourselves with a task that simply looks too big for us. We do not just need a cup of God's strength added to our own; rather we need His strength in us to do what we need to do. He will give it! 2Cor. 12:9 says, "My grace is sufficient for you: for my strength is made perfect in weakness". Seeing our weakness as the entry point of God's strength gives access to His power!

• Hope for E ternity

When we put our faith and hope in Jesus, it not only gives us help, strength and power where we walk today but it also gives us hope for life after death. It is a confident expectation of the ultimate "tomorrow".

The God of Hope sent His son to be our Savior. He is only one prayer away. If you want the confident expectation of His strength and wisdom in your today and His help and hope for your tomorrow, you need only ask. Just tell Him...

Dear God,

I have gone my own way and have put my hope in so many things that have disappointed me. Thank you that You sent Jesus, that first Christmas long ago, to be my Savior. I believe He came for me. Forgive me and come into my life today. Show me how to live in the confident expectation of how You can impact my life, my character and my circumstances. I place my hope in You right now and ask You to make Yourself known to me in my life right where I walk. I thank you. I pray this in the name of Jesus, Amen.

Questions: Is your heart filled with hope or do you have a heart filled with anxious thoughts? How can you walk with peace this Christmas season?

MOPS 2008-2009 Steering Team

Co-Coordinator: Jackie Morgan and Angela Ward

DGL Coordinator: Hollie Rubin.

Fundraising: Zoë Wyrsh.

Finance: Amy Zuydhoek.

Co-Hospitality: Kim Mckeighen and Nadine Hayes.

Co-Publicity: Susan Herman and Lisa Longtine.

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DGL's:

Alicia Dickerson

Charity Rohner

Karina Dunlap

Leah Tobin

Shannon Galvin and Shawna Kelly

Mentors:

Lu Blair

Dianne Broaddus

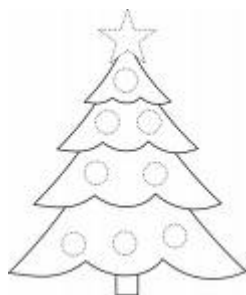
Michelle Bloye

Camille Howard and Jouella Longtine



"...how wide and long and high and deep is the love of Christ..." 199 1:16

It's beginning to look a lot like Christmas....



IN THE KITCHEN.....

Chocolate Fudge Recipe

- 2 1/2 c Sugar
- 1/2 c Margarine or butter
- 2/3 c Evaporated milk
- 1 Jar (7 oz.) marshmallow creme
- 2 c Semi sweet chocolate chips
- 3/4 c Chopped walnuts
- 1 ts Vanilla

Line 9 inch square or 13x9 inch pan with foil so that foil extends over sides of pan; butter foil. In large saucepan, combine sugar, margarine and evaporated milk. Bring to a boil over medium heat, stirring constantly. Boil 5 minutes, stirring constantly. Remove from heat. Add marshmallow creme and chocolate chips; blend until smooth. Stir in walnuts and vanilla. Pour into buttered, foil-lined pan. Cool to room temperature. Score fudge into 36-48 squares. Refrigerate until firm. Remove fudge from pan by lifting foil; remove foil from sides of fudge. Using large knife, cut through scored lines. Store in refrigerator. Makes about 3 pounds--36-48 squares

For more fudge recipes check out www.fudge-recipes.net



Create some advent fun.
Decorate 24 envelopes and then label 1-24, inside each one put a piece of paper with an activity for that day.

Here are some suggestions I found online...

- 1 Paint everyone's toenails
2. Have hot chocolate with all the fixings
3. Star gazing
4. Give everyone crazy hairstyles
5. Backyard cricket
6. Go out for sushi
7. Have an indoor picnic
8. Write letters to Father Christmas
9. Use puppets to tell bedtime story
10. Have breakfast for dinner (I am thinking pancakes)
11. Make decorations for the tree
12. Have a camp out around the Christmas tree
13. Pack a picnic dinner and have it at a park
14. Fancy dress for dinner time
15. Wrap a toy and take it to a charity Christmas tree
16. Make handmade gift tags for relatives
17. Fish and Chips for dinner
18. Fold origami for the Christmas tree
19. Dance like crazy to music
20. Watch a Christmas movie with popcorn
21. Go out for Ice-Cream
22. Take Grandparents out to see the Christmas lights
23. Have a bubble bath
24. Special Christmas Eve treat TBA



Mommy and Me

Discount Swim at Enumclaw Pool
MWF 10:30-11:30AM \$1.00 Res
\$1.25 non-Res

Enumclaw Library-Winter story times begin January. for more info. Call the library at 360-825-2938

Tiny Tot Skate- Tues & Sat, Auburn Skate Connection 10:30AM- stroller skate with your baby or bring your walking child and skate together for a fun filled hour. Price includes skate rental and chilly willy drink \$4 each (8 and younger); parents skate free. 1825 Howard Road Auburn 253-833-4990
www.auburnskate.com



Please join us in wishing a Happy Birthday to our MOPS mommies.

Kim McKeighen	2-Dec
Maryn Otto	3-Dec
Jackie Morgan	11-Dec
Sarah Fitzsimmons	11-Dec
Tiffany Dirks	15-Dec
Tricia Boyd	17-Dec
Koreena Haynes	25-Dec
Ann Davidson	26-Dec
Doretta Wright	26-Dec

**Mom's Night Out**

Mom's Night at the Mint. Once a month we will be meeting at the MINT in Enumclaw. All moms are invited to join us. There will always be at least 2 members of Steering team there to meet you.

Next meeting.

Wednesday December 3rd 7PM

See page 6 for a list of Holiday Events

Find more online at...

<http://seattle.citysearch.com/roundup/39167/>

**December Swap:**

Our December SWAP will be Christmas decorations.

Remember to take home your items if no one takes them.



Welcome Eli Graceson Paulson

Born: Friday November 21st 8:12PM

Weight: 8 Pounds 10 Oz.

Congratulations Anita and Family!

Family Fun

Plateau Community Orchestra's "HOLIDAY HIGHLIGHTS!" Concert EHS Auditorium, Tuesday, Dec. 2nd, 7:30pm

Program includes both classical selections and traditional carols presented by members of our own community. Admission is by donation at the door. For Information Call: Suzanne 360-825-8520.

Dec 6th Magical Morning with Santa Thunder Mountain Middle School, 9:30-11:30a

Cascade Foothills Chorale Concert
EHS Auditorium, 2:30pm, Dec. 6 & 7

Kick off your holiday season with the Fantasy Lights WALK Sneak Preview on Sunday, November 23, 2008 from 5:00-7:00 p.m. at Spanaway Park Nov. 27, 2008 - Jan. 4, 2009

5:30 - 9:30 p.m. at Spanaway Park

Jan 19th- MOPS Fun day at Camp Sheppard. All day for MOPS mom and friends. Bring your own sleds but must be inflatable, nothing plastic. Need to bring sack lunch. Helmets required on all sled runs. Road requires that you carry chains in your call. Contact Leah for more info.





Volleyball Anyone?

If you are interested in joining a volley ball league in Maple Valley Contact Stacie Webb at 360-886-9932. The league is co-ed and starts in January.

Arbonne International

Swiss formulated, Herbal & botanically-based Skin care, Baby care, Nutrition and so much more! Contact me today to see all that's new for the Holidays and order your custom gift basket!

Lisa Longtine
Independent Arbonne Consultant
253-332-0137
lisalongtine@myarbonne.com
www.puresafebeauty.myarbonne.com



Play is the language of children... and the right educational products are their words!



Discovery toys offer educational, stimulation, and safe toys for your child. When your child plays with Discovery Toys you don't have to worry about the safety and durability of the toys. The reason why is because of their quality and safety promise to parents. I would love to share these exciting and fun products with you. You may visit my website www.discoverytoyslink.com/John316 or call Lisa Hofer at 360-719-8188.

Sacred Heart MOPS would like to thank Enumclaw Self-Storage for use of their facility for the MOPS garage sale.

Enumclaw Self storage Your Storage solution

800 Blake Street,

Enumclaw WA 360-825-4143

Sacred Heart MOPS Classifieds-

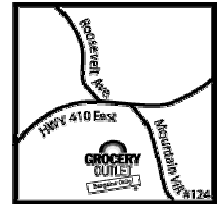
If you would like to put an ad in the MOPS classified

please email Susan Herman at sj_herman@yahoo.com

Feb 14th

Looking for a bargain- Don't forget to visit our Sponsor GROCERY OUTLET- in Enumclaw.

960 Roosevelt Ave
Enumclaw, WA 98022
360-825-9148



THANKYOU!!!!

For providing Steering Childcare Genevieve Dehaan

Trina Genge

Kimberly Kalin

Kacie Monroe

Doretta Wright

All Mom's who provide steering childcare receive a free MOPS meeting.

Do you have something you need to advertise? Please contact Susan Herman at sj_herman@yahoo.com

Movie Club- If you are interested in joining a movie club (similar to a book club) Contact Susan Herman at 253-862-6936 or email sj_herman@yahoo.com



Insert
Your
Ad
Here

You're a Hot Mama!

Get your pre-baby Body Back!

Check out the Transitions Lifestyle System®, a total lifestyle and common-sense program to health and weight management. The system features cutting edge dietary supplements, delicious entrées, On the Go Bars and Shakes and a multifaceted approach to healthy living through low-glycemic eating, stress reduction and exercise. Discover some of Market America's best weight loss supplements in the Transitions line, including:

- Thermochrome w/ Advantra Z & Hoodia gordonii
- Carbohydrate Absorption Inhibitor
- Fat Conversion Inhibitor

Check out marketamerica.com/kimkalin
Contact Kimberly at krkalin@msn.com or 253.709.2135

Transitions: Not a diet, but a lifestyle!



Sacred Heart MOPS meetings Every Other Monday at Sacred Heart church in Enumclaw 1614 Farrelly St, Enumclaw 98022.

For More information contact Jackie @ 253-631-7094 Or visit us on the web at

www.orgsites.com/wa/shmops

Out and about in December

Dec 1st- Providence O'Christmas Trees- tree viewing for the "A family affair tree view" is free and open to the public on December 1st from 3-8pm. Family friendly event includes kids craft activities, live entertainment and photos w/Santa while enjoying spectacular tree displays. Theme includes Twelve Days of Christmas, the Grinch, and The Night Before Christmas.

Dec 5th-

Seattle Women's Chorus and The Seattle Girl's Choir. 8 P.M. Center House at Seattle Center, FREE

Kids 4 Christ Musical Theater 7pm Bonney Lake Baptist Church A Christmas with a cat and mouse, Christian children's theater production.

Great Figgy Pudding Street Corner Caroling Competition- Westlake Park at 401 Pine Street, Seattle, starts at 6pm. Viewing and listening is free to the public. Donations benefit Pike Market Senior Center and Downtown Food Banks.

Dec 6th-

Enumclaw Christmas Parade- Downtown Cole Street. Starts at Marshall and ends at Monroe. Saturday 6pm.

Sumner Christmas Parade 2:30 PM Sumner High School Parking Lot

Puyallup Christmas Parade and tree lighting- Parade starts at 4pm and lasts about an hour. Stay to help countdown the lighting of the Children's Tree and afterwards grab some cookies and listen to the entertainment at the community reception at the Pavilion.

Nineteenth Century Christmas, 11am-4pm www.metroparkstacoma.org/events.pho?id=8320- Experience a real "Old-fashioned" Christmas. Step back in time to savor the lilting sounds of penny whistles, the aroma of ginger biscuits, Christmas dances and the slower pace of the Christmas season in 1855. Re-enactors portray the life of workers from many cultures who lived at this historic site. Share stories, cookies, dancing and the carrying in of the Yule log as they engage in friend conversation. Located in Tacoma's Point Defiance, Fort Nisqually.

November 29th-December 7th- "I t's a wonderful Life" Mane stage Theatre, 1707 Main St, Sumner 253-447-7645 call for time and cost.

December 3-December 7th A Victorian Country Christmas Festival- www.avictoriancountrychristmas.com Located At the Puyallup Fairgrounds. Admission \$9.00 general admission \$7.50 seniors and students k-12= Kids 5 and under free.

November 28,2008-January 4,2009 Zoo Lights www.pdza.org- tickets \$5.50 at Bartell Drugs and \$7 at pdza.org and at zoo gates.

November 28th- Dec 31st- Snow Ball Express- Departs from Mineral, WA . Mt. Rainier Scenic railroad be3comes Snowball Express- Children of all ages will experience the magic of a holiday train ride..www.MRSR.com for reservations Saturday December 13th

Experience the 3rd Annual Olde Time Christmas Tree Lighting in Mineral. Festivities and Santa's arrival start at 6:30pm.The Mineral Lake Lion's Club is also hosting this years Mineral Holiday Home Decorating Contest you will want make sure you enjoy this treat. 1st, 2nd and 3rd place prizes. For those on our 4:00pm train, you will arrive for the Tree Lighting just in time!

Nov 30-New Year's Eve- Candy Cane Lane- Seattle's neighborhood light show. On Park Road Northeast, residents have been decoration their homes with glittering lights, jolly snowmen, and blinking reindeer since the 1940's. Lights and holiday music run from 4-11pm daily. They will stay on until midnight on Christmas Eve, Christmas and New Year's Eve.

Christmas Word Search



S D S S C A N D Y Y D W
 A L L N O W D A S H E R
 C A E O M U O N A V E E
 K C D W E L N C N I R A
 W U T M T K N E T X D T
 W P R A N C E R A E E H
 Q I E N M H R U F N L Y
 V D E V U I V D G I F T
 G R R C P M T O Y S B B
 P R E S E N T L R T I E
 B L I T Z E N P B A L L
 F R O S T Y V H I R W L

BALL	DEER	SANTA
BELL	DONNER	SLED
BLITZEN	ELF	SNOWMAN
CANDY	FROSTY	STAR
CHIMNEY	GIFT	TOY
COMET	PRANCER	TREE
CUPID	PRESENT	VIXEN
DANCER	RUDOLPH	WREATH
DASHER	SACK	

