



The Inside Scoop

Volume 4 Issue 2
December 15th, 2008

Sacred Heart Enumclaw



Inside this issue:

- Pg. 2 –Happy Holidays
- Pg. 3 Birthdays & more
- Pg. 4 Classified/Info

The Show must go on:

Next Meeting: Monday Jan 12th

The Game Plan-

"Getting your home organized and getting your kids to help too."

Speaker: Laura Young

Food:

Shannon and Shawna's Group

Craft: Microwave Popcorn Bags

An American Christmas Revisited

By Jackie Morgan

The days have grown shorter. The weather is cooler (and rainier!). There's a hint of smoke in the air from chimneys everywhere I go. I can feel it stirring within me – that wondrous, familiar feeling – Christmas is coming!

I have to admit, the child within me is wide-eyed with anticipation. You see, my birthday is just two weeks before Christmas, and as a kid this season was HUGE – the parties, the Christmas carols, the candy, sitting on Santa's lap while telling him the long list of must have toys I wanted, the Christmas trees and of course THE PRESENTS! It was all so overwhelming and wonderful at the same time, and it left me wishing I didn't have to wait 11 more months for it to return.

These days if you stroll down the city streets or through the shopping malls you'll see it. If you listen to the radio or read the newspapers it will call to you. The TV is bursting with it. Kids can't stop talking about it. IT IS EVERYWHERE – the Must-Have, Gotta-Have, Oh-How-My-Life-Would-Be-Better-If-I-Just-Had This Gifts. IT starts in the stores here somewhere before Halloween and ends with the Last Chance Sales Christmas Eve – two months of us thinking we need to buy mountains of presents to bring happiness to others (and ourselves) on Christmas morning.. YIKES – this can't be what it is all about, right?!

Stepping off of this mind-blowing holiday carousel for a minute we need to ask ourselves, 'What is it that I really want for Christmas?'

Remember the people in the town of Bethlehem when Mary and Joseph were searching for a place to stay, a place for Christ to enter this world? In their hustle and bustle they were blinded, and in the process they shut out their coming savior. Only in the stillest, most simple of places was Jesus born, and the most unlikely for a king. And the only people who were aware of his royal birth were those away from the noise (the shepherds in the fields) and those actively seeking his arrival (the wise men).

Where are you on your journey to Bethlehem? Are you running all over trying to get the presents, food and "things" to make Christmas great? Are you going crazy with the Christmas cards, parties and inevitable sicknesses which go around this time each year? Well of course you are, YOU'RE A MOM!

Whoa, slow down a minute. Now is the time to reflect on what the true meaning of Christmas is and eliminate the obstacles blocking God's saving grace from entering our lives: fear, envy, busyness, pride, worry, doubt, hatred. In all the craziness in our lives, we need to ask, "Is this really necessary? Will this make my life and those of my family better?" It begins with you.

Step away from the Inn and wander to the stable. The first Christmas saw a father, a mother and a baby quietly soaking in the miracle of family, the beauty of God's love for His children through the birth of a child. Simply. Beautifully. In the end that's all that matters.

Simplify. Find peace. Shut out the world and open your heart. Let the newborn gift of God's salvation enter in. Merry CHRISTmas to you!

MOPS 2008-2009 Steering Team

Co-Coordinator: Jackie Morgan and Angela Ward

DGL Coordinator: Hollie Rubin.

Fundraising: Zoë Wyrsh.

Finance: Amy Zuydhoek.

Co-Hospitality: Kim Mckeighen and Nadine Hayes.

Co-Publicity: Susan Herman and Lisa Longtine.

Co-Craft: Tanya Brauer and Nicole McCoy

DGL's:

Alicia Dickerson

Charity Rohner

Karina Dunlap

Leah Tobin

Shannon Galvin and Shawna Kelly

Mentors:

Lu Blair

Dianne Broaddus

Michelle Bloye

Camille Howard and Jouella Longtine



"...how wide and long and high and deep is the love of Christ..." 1st Cor. 13:1-8

Happy Holidays!



IN THE KITCHEN.....

Brown Sugar Cookies

2 cups sifted flour, less if possible
 1 1/2 teaspoons baking powder
 1/2 teaspoon salt
 1/2 cup butter
 1/2 cup brown sugar, packed
 1 egg
 1 tablespoon 15% cream (any kind of cream from 10% to 35% will work fine)
 1 1/2 teaspoons vanilla
 granulated sugar, for decorating
 Blend 1 cup flour, baking powder, and salt. Beat together butter and sugar until light and fluffy. Beat in egg, vanilla, and cream. Stir the flour mixture into the butter mixture, then add enough of the remaining 1 cup flour to make the dough stiff enough to roll. Wrap in plastic wrap and chill several hours. Preheat oven to 375 F. Place on a lightly floured cutting board and roll to 1/8" thickness. Use floured cookie cutters to cut into shapes. Place on an ungreased baking sheet, sprinkle with granulated sugar. Bake 8 minutes.

"



Luke 2:9-12

And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with fear. (10) And the angel said to them, "Fear not, for behold, I bring you good news of a great joy that will be for all the people. (11) For unto you is born this day in the city of David a Savior, who is Christ the Lord. (12) And this will be a sign for you: you will find a baby wrapped in swaddling cloths and lying in a manger



Christmas Holiday Trivia

- The word *Christmas* is Old English, a contraction of Christ's Mass.
- The first president to decorate the white house Christmas tree in the United States was Franklin Pierce.
- Electric lights for trees were first used in 1895.
- The first Christmas cards were vintage and invented in 1843, the Victorian Era.
"It's a Wonderful Life" appears on TV more often than any other holiday movie.
- "Rudolph" was actually created by Montgomery Ward in the late 1930's for a holiday promotion. The rest is history.
- "The Nutcracker" is the most famous Christmas ballet.
- "Jingle Bells" was first written for Thanksgiving and then became one of the most popular Christmas songs.
- If you received all of the gifts in the song "The Twelve Days of Christmas", you would receive 364 presents.
- The poinsettia plant was brought into the United States from Mexico by Joel Poinsett in the early 1800's.
- Holly berries are poisonous.
- Contrary to common belief, poinsettia plants are non-toxic.
- In 1843, "A Christmas Carol" was written by Charles Dickens in just six weeks.
- The first state to recognize the Christmas holiday officially was Alabama
- Christmas became a national holiday in America on June, 26, 1870.
- Coca Cola was the first beverage company to use Santa for a winter promotion.
- An angel told Mary she was going to have a baby.
- Clearing up a common misconception, in Greek, X means Christ. That is where the word "X-Mas" comes from. Not because someone took the "Christ" out of Christmas.
- Traditionally, Christmas trees are taken down after Epiphany.
- More diamonds are sold around Christmas than any other time of the year.
- In Mexico, wearing red underwear on New Year's Eve is said to bring new love in the upcoming year

Mommy and Me

Discount Swim at Enumclaw Pool
MWF 10:30-11:30AM \$1.00 Res
\$1.25 non-Res

Enumclaw Library-Winter story times begin January. for more info. Call the library at 360-825-2938

Tiny Tot Skate- Tues & Sat, Auburn Skate Connection 10:30AM- stroller skate with your baby or bring your walking child and skate together for a fun filled hour. Price includes skate rental and chilly willy drink \$4 each (8 and younger); parents skate free. 1825 Howard Road Auburn 253-833-4990
www.auburnskate.com

• Indoor Play Park- Summer

Toddlers rule! At "Indoor Play Park" everything is set up with kids ages 1-5 in mind. We have music, toys & equipment for a fun and safe play session. Parent must be present to supervise their children at all times. Space is limited to the first 35 children. A parent with 3 or more children must have an additional person to supervise their children. Indoor Play Park will run from September 4, 2008 through May 26, 2009. Indoor Play Park is closed when Sumner Schools are closed.

Cost: \$3 per child at door

\$25.00 for 10 visit punch card

Site: Robert Miller Gymnasium

Days: Tuesdays & Thursdays

Mom's Night Out

Mom's Night at the Mint. Once a month we will be meeting at the MINT in Enumclaw. All moms are invited to join us. There will always be at least 2 members of Steering team there to meet you.

Next meeting.

**Wednesday January 7th at 7pm-
Look for Shannon and Angela**

Find more online at....

<http://seattle.citysearch.com/roundup/39167/>



Happy Birthdays!

Please join us in wishing a Happy Birthday to our MOPS mommies.

Kim McKeighen	2-Dec
Maryn Otto	3-Dec
Jackie Morgan	11-Dec
Sarah Fitzsimmons	11-Dec
Tiffany Dirks	15-Dec
Tricia Boyd	17-Dec
Koreena Haynes	25-Dec
Ann Davidson	26-Dec
Doretta Wright	26-Dec

Family Fun

Kick off your holiday season with the Fantasy Lights WALK at Spanaway Park Nov. 27, 2008 - Jan. 4, 2009
5:30-9:30pm

Auburn Riverside Theater

Children's Dance Theater presents "A Taste of the Nutcracker"

Visit the Sugar Plum Fair in Land of the Sweets, as our young dancers perform excerpts from the holiday favorite The Nutcracker. Our precious performers range in ages from 3-15 years old and will perform with Guest Artists. For ticket information visit our website at www.auburnchildrensdancetheater.com or call (253) 887-8937. Tickets are \$8 presale as of December 12.

Jan 19th- MOPS Fun day at Camp Sheppard. All day for MOPS mom and friends. Bring your own sleds but must be inflatable, nothing plastic. Need to bring sack lunch. Helmets required on all sled runs. Road requires that you carry chains in your call. Contact Leah for more info.





Volleyball Anyone?

If you are interested in joining a volley ball league in Maple Valley Contact Stacie Webb at 360-886-9932. The league is co-ed and starts in January.

THANKYOU!!!!

For providing Steering Childcare
Jillian Rothermel,

Mandy Mavin,

Erin Pugmyre,

Melanie Anderson

All Mom's who provide steering childcare receive a free MOPS meeting.

Arbonne International

Swiss formulated, Herbal & botanically-based Skin care, Baby care, Nutrition and so much more! Contact me today to see all that's new for the Holidays and order your custom gift basket!

Lisa Longtine

Independent Arbonne Consultant
253-332-0137
lisalongtine@myarbonne.com
www.puresafebeauty.myarbonne.com



Play is the language of children... and the right educational products are their words!



Discovery toys offer educational, stimulation, and safe toys for your child. When your child plays with Discovery Toys you don't have to worry about the safety and durability of the toys. The reason why is because of their quality and safety promise to parents. I would love to share these exciting and fun products with you. You may visit my website www.discoverytoyslink.com/John316 or call Lisa Hofer at 360-719-8188.

Sacred Heart MOPS would like to thank Enumclaw Self-Storage for use of their facility for the MOPS garage sale.

Enumclaw Self storage Your Storage solution

800 Blake Street,

Enumclaw WA 360-825-4143

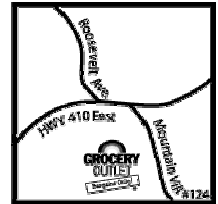
Sacred Heart MOPS Classifieds-

If you would like to put an ad in the MOPS classified

please email Susan Herman at sj_herman@yahoo.com

Looking for a bargain- Don't forget to visit our Sponsor GROCERY OUTLET- in Enumclaw.

960 Roosevelt Ave
Enumclaw, WA 98022
360-825-9148



Superior Mechanical

Heating & Air Conditioning Specialists

253-736-3705

253-736-3745

Kevin Hayes

Audi Reisinger

www.SuperiorMechanicalLLC.com

Insert
Your
Ad
Here

Movie Club- If you are interested in joining a movie club (similar to a book club) Contact Susan Herman at 253-862-6936 or email sj_herman@yahoo.com



You're a Hot Mama!

Get your pre-baby Body Back!

Check out the Transitions Lifestyle System®, a total lifestyle and common-sense program to health and weight management. The system features cutting edge dietary supplements, delicious entrées, On the Go Bars and Shakes and a multifaceted approach to healthy living through low-glycemic eating, stress reduction and exercise. Discover some of Market America's best weight loss supplements in the Transitions line, including:

- Thermochrome w/ Advantra Z & Hoodia gordonii
- Carbohydrate Absorption Inhibitor
- Fat Conversion Inhibitor

Check out marketamerica.com/kimkalin

Contact Kimberly at krkalin@msn.com or 253.709.2135

Transitions: Not a diet, but a lifestyle!



Sacred Heart MOPS meetings Every Other Monday at Sacred Heart church in Enumclaw 1614 Farrelly St, Enumclaw 98022.

For More information contact Jackie @ 253-631-7094 Or visit us on the web at

www.orgsites.com/wa/shmops