

Sacred Heart MOPS 2008/2009

1614 Farrelly Street
Enumclaw, WA 98022
(360) 825-2333

ADVENTURES IN MOTHERING



Mission Statement

To meet the needs of all moms by providing a caring, safe, nurturing environment through which they can become the best moms they can be.

TIME: 9:30 – 11:30am every other Monday

COST: \$35.00 registration fee

\$5.00 per meeting fee for up to 2 children

\$1.00 per additional child

WELCOME TO OUR 2008-2009 YEAR

We hope that you will enjoy your mornings here with us. We are very excited to have you. Please note that our meetings begin at 9:30am sharp. It is best to drop off your children starting at 9:15 in the CFC building before coming to the hall. The hall is across the parking lot, adjacent to the church. Before settling in with food and drink, please take a moment to check in with Amy Z.

GENERAL INFORMATION

In the event of inclement weather, we follow the Enumclaw School District Schedule, meaning that if there is no school or if the district is running 1 hour or more late the MOPS meeting will be cancelled. Also, we support moms in home-based business, however, we ask that any advertising at MOPS be approved by Susan H., Publicity Manager, and limited to MOPS moms' ads only. Finally, we ask that all personal information that you receive from your fellow MOPS moms be kept private and not be used for advertising purposes without prior consent.

NEWSLETTER

The MOPS newsletter will be distributed at each meeting. The name of the newsletter is The Inside Scoop and it will include birthdays, thank yous, upcoming events, inspiring messages, and other relevant material. We would love to hear about your favorite recipes, best cleaning ideas, anecdotal stories, etc. If you have anything you wish to share, please call or email our Publicity Manager, Susan H.

MOPS INTERNATIONAL ONLINE

MOPS International has an informative website full of interesting and helpful ideas just for moms. Log on to www.mops.org and you can access the MOPS SHOP or get support from other mothers like yourself. Plus stay connected with Sacred Heart MOPS online at www.orgsites.com/wa/shmops. View the meeting highlights, speakers, craft, recipes, fundraising and upcoming events. While visiting our website, sign up for our e-mail updates or contact Lisa L. for more information

Who They Are & What They Do

Coordinator: Encourages other members of Steering in their responsibilities, delegating appropriately, and assisting as needed. Sets the tone for the MOPS meetings, often by welcoming moms, sharing announcements, and handling other organizational needs. Arranges the MOPS meeting speakers. Disciplines the Steering Team, encouraging each member to grow in her relationship with Christ. Leads Steering meetings, preparing an agenda that encourages the contribution of every Steering Team member. And the list goes on. . .

DGL Coordinator: Coordinates the Discussion Group Leaders and is an example and encouragement to them. (She is the Discussion Group Leader for these women.) May substitute for Discussion Group Leaders who are absent. Monitors Discussion Groups – keeps accurate lists of each group's members and their info., adjusts the number of group and their sizes. Assists Coordinator(s) wherever needed.

Moppets Coordinator: Recruits MOPPETS workers, either volunteers or paid help. Trains and encourages workers. Communicates with MOPS moms who leave their children in her care. Selects appropriate curriculum materials and develops programs and lessons for each class.

Finance: Suggests a budget for the MOPS ministry based on known costs, anticipated expenditures, and expected income. (Adoption of the budget is by the entire Steering Team.) Reports regularly to the Steering Team on the financial status of the MOPS group, identifying shortages and surplus as appropriate. Establishes a registration procedure for women joining MOPS. Shows sensitivity to the financial needs of each MOPS woman, warmly setting a tone of welcome.

Fundraising: Develops, organizes and oversees the Fundraisers to help pay for: costs associated with meetings (childcare, craft, etc.); sending the steering team to a training event such as Convention; Scholarship opportunities for moms that need help. Encourages each member to get involved in fundraising too.

Publicity: Creatively publicizes MOPS meetings and special events in the community through a variety of tools – flyers, handouts, in newspapers, magazines, online. Facilitates communication among MOPS moms through newsletters, MOPS and Moppets handbooks, and other areas of communication.

Hospitality: Arranges the atmosphere of MOPS – decorations, centerpieces, etc. Organizes the refreshments at each MOPS meeting, monitoring the cleanliness of food table and clearing/ cleaning food area and kitchen. Assures a warm welcome for every woman who comes to MOPS, including welcome bags, birthdays, icebreakers and baby gifts.

Creative Activity: Organizes materials, instructions, and samples of each Creative Activity before the MOPS meeting. She plans within the time and budget limits of her group, and understands the needed skills for each activity. Teaches skills and activities effectively, inspiring MOPS women to develop their skills in creative projects and encouraging women who do not feel particularly successful in this area.

Mentor: Nurtures and encourages each member to grow in her relationship with Christ and with other team members. Shares from her own experiences and insights. Circulates at MOPS meetings, -mentoring the moms' one-on-one, welcoming new moms to the group, holding babies, praying for and over in-need members, and so much more!

Discussion Group Leaders: Pray for and learn about their moms. Facilitate group discussions. Make sure all the moms at their tables get to know each other. Plan activities outside regular meeting times – like play dates, dinners and meals for new/sick moms. Contact their moms between meetings with info. for upcoming meetings/events and to check-in. Represent their groups at Steering meetings.

FOOD PROVISION SCHEDULE

As part of our MOPS meetings, we enjoy starting the morning with some yummy food and fellowship. Each Discussion Group has its own scheduled dates to bring food. Your Discussion Group Leader (DGL) will provide your group with the list of dates for which you are responsible, and will pass out a food sign-up sheet at the meeting that falls prior to your group's scheduled morning.

FUNDRAISING

Your meeting fee helps pay for the items needed to help make each meeting go smoothly – like craft supplies for the creative activity; stipends for consistent, good quality Moppets workers to take care of our kids; the materials used in the Moppets program to provide lessons, arts and healthy snacks to operate and enrich the Moppets curriculum. However not everything is paid for solely on meeting fees, which means we do need to do some fundraising each year. Fundraisers have included, but are not limited to: the annual summer garage sale, Hollyfest, Entertainment Books, Magical Night of Giving, Antiquities Photography, and BUNCO nights. The list for this year may vary, but the need remains – and YOUR participation is a vital part of the success of our Sacred Heart MOPS group. If you ever have any questions about our budget or fundraisers ideas, and would like to volunteer please contact Amy Z. (Finance) or Zoë W. (Fundraising). Take ownership of YOUR MOPS group – if everyone helps all of us will benefit!

Welcome

We are glad you are here.

***We hope Sacred Heart MOPS is just
what you need!***

