

MOPEPETS 2008-2009



Adventure Guide

Welcome MOPPETS and Mom's!

Our mission

To provide a safe, nurturing environment for the children of MOPS moms so that each has the opportunity to grow in their relationships with God and others.

Classroom Program

We are excited to have the opportunity to teach and care for your children. The MOPPETS curriculum is a very special program designed for your children from birth through kindergarten. The curriculum involves music and games while your children learn about basic skills such as sharing and helping. Your children will be involved with the MOPPETS program from 9:15am-11:30am while you spend time in fellowship with other moms.

Check-in Time

The MOPPETS classrooms are in the CFC Building, which is located on the same side of the parking lot as the old steeple. Please check your children into their classrooms no later than 9:15am. It is very important that you sign the attendance sheet and let the teachers know your child is present. If you are unsure about your child's class, please contact the MOPPETS Coordinator.

Check-out Time

Your children will be released to you at 11:30am, after **you sign them out** of their classroom. It's our policy that your children not be released to anyone other than you. Please do not send another mom to pick-up your children unless previously arranged with the teacher. This process ensures that your children are kept safe and not released without your consent. The teachers thank you for promptly picking up your children after the meeting, especially since they need time to clean the rooms afterwards.



Sickness & Illness Policy

It is our goal to provide a safe and healthy environment for your child. We ask that you keep your baby or preschooler at home with any of the following symptoms or illnesses:

Symptoms

Fever 101.5+
Runny nose
Questionable rashes
Coughing
Diarrhea

Illnesses

Impetigo
Active Chicken Pox
Measles
Mumps
Conjunctivitis (Pink Eye)

If your child is being treated with antibiotics, they need to be on the antibiotic for at least 24 hours before attending MOPPETS.

Our teachers are not permitted to administer medicines, so please be sure to do this before arriving.

We recognize that not all runny noses or rashes are contagious.

If your child continually has a runny nose or a rash due to a non-contagious allergy, please let us know.

THE FAMILY CIRCUS By Bil Keane



12-7

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"Oooh! I learned that word in school! We better tell the police!"

Chicken Pox and Head Lice

If your child should come down with Chicken Pox or Head Lice after a MOPPS meeting, please contact our MOPPETS Coordinator immediately.



Symptoms of Chicken Pox, Pink Eye and Head Lice

Chicken Pox

Contracted: From 24 hours before the rash, up to 6 days after. It is spread by droplets from the mouth or throat or by direct contact with contaminated clothing.

Incubation Period: 12-21 days

Contagious Period: Until crusts have all fallen off and scars have healed.

Symptoms: Slight fever 24 hours before rash appears. Rash appears as flat red splotches then becomes raised and resembles pimples. Within hours they develop into small fragile blisters and itch, itch, itch.

Conjunctivitis or “Pink Eye”

Contracted: Direct contact with discharge.

Incubation Period: 24-72 hours after exposure.

Contagious Period: Until all symptoms are gone.

Symptoms: Eye burning, itching, thick discharge and pinkish hue on the whites of eyes.

Head Lice

Contracted: Lice are found in the best of families. Lack of prejudice with respect to social class is as close as these insects come to having a virtue. They are contracted by contact.

Symptoms: “Nits,” which are clusters of louse eggs appear as tiny white lumps on hair strands. Lice themselves are very small and are seldom seen without a magnifying glass. Lice bite and their bites itch.

This information serves as a guideline only and is no way intended to replace the information provided by your family doctor. Your family doctor should be contacted for complete details regarding symptoms, incubation periods and treatment.



Policies

Questions and Concerns

Please contact the MOPPETS Coordinator, Aimee Herrell, if you have any questions or concerns regarding the MOPPETS program. Since her main focus will be your children on our meeting days, please contact Aimee at 509-833-1915 during the week outside of the MOPS meeting times.

Classroom Restrictions

Please do not bring non-registered children to MOPS meetings. Each classroom is limited to a specific number of children. If you have any questions or concerns regarding the placement of your child in a classroom, please contact the MOPPETS Coordinator.

Absences

We realize that things may come up that cause you to miss a meeting or two. However, after a third missed meeting, we ask you to notify your DGL so she is aware of your desire to attend MOPS. Otherwise, for space reasons in the MOPPETS program, we may need to re-evaluate your child's spot in



Peeking Moms

Leaving your child for the first time can be challenging for both mom and child. Occasionally you may feel the need to “peek in” on your child. We ask that you refrain from doing so as it can cause your child to “want mommy” just that much more.

With toddlers often if one cries, then pretty soon all of them are crying. Our policy is for the MOPPETS Coordinator to contact you if your child needs you. Rest assured in knowing your children are in good hands.

Labeling

Any necessary items that your child may bring should be labeled with his/her name. These items include: diaper bags, bottles, and special comfort item, etc. Please do not bring unnecessary toys, as we cannot be responsible if the toys/items become lost or broken.

Snacks

Snacks will be provided for your child so please don't bring any snacks from home. If your child has special needs or allergies, please remind the teacher.

Infants

The minimum age for infants to enter the MOPPETS nursery is two months. Infants up to six months of age are welcome to join you during the meetings. For infants over six months we encourage you to utilize the nursery. Out of respect for others in the programs/meetings, please be mindful of the appropriate age of your baby to enter the nursery.



MOPPETS Ministry Opportunities

We are always looking for help in our MOPPETS program. If you know of someone who loves kids and is available to work with our precious children, please contact the MOPPETS coordinator.

Notes:



MOTHERS OF PRESCHOOLERS
At Sacred Heart Church
1614 Farrelly Street
Enumclaw, WA 98022
(360) 825-2333

