



The Inside Scoop

Volume 3 Issue 1
November 17, 2008

Sacred Heart Enumclaw



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The Show must go on:

Next Meeting: Monday Dec 1st

It's A Wonderful Life

Speaker:

Creating special Christmas memories with your kids with Hollylu Coon.

Food:

Karina/Leah

Next Craft:

Beaded Forks

The ABC's Of Thanksgiving
Author: Unknown

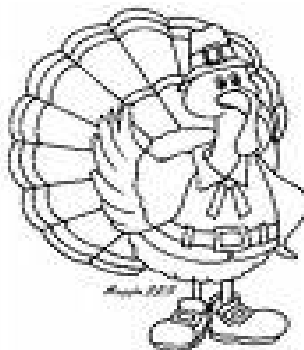
Although things are not perfect
Because of trial or pain
Continue in thanksgiving
Do not begin to blame
Even when the times are hard
Fierce winds are bound to blow
God is forever able
Hold on to what you know
Imagine life without His love
Joy would cease to be
Keep thanking Him for all the things
Love imparts to thee
Move out of "Camp Complaining"
No weapon that is known
On earth can yield the power
Praise can do alone
Quit looking at the future
Redeem the time at hand
Start every day with worship
To "thank" is a command
Until we see Him coming
Victorious in the sky
We'll run the race with gratitude
Xalting God most high
Yes, there'll be good times and yes some will
 be bad, but..
Zion waits in glory...where none are ever
 sad!

Thanksgiving Scriptures

- "For all things are for your sakes, that the abundant grace might through the thanksgiving of many redound to the glory of God." 2 Corinthians 4:15
- "Being enriched in every thing to all bountifulness, which causeth through us, thanksgiving to God." 2 Corinthians 9:11
- "For the administration of this service not only supplieth the want of the saints, but is abundant also by many thanksgivings unto God;" 2 Corinthians 9:12
- "Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God." Philippians 4:6
- "Rooted and built up in him, and established in the faith, as ye have been taught, abounding therein with thanksgiving." Colossians 2:7
- "Continue in prayer, and watch in the same with thanksgiving;" Colossians 4:2
- "For every creature of God is good, and nothing to be refused, if it be received with thanksgiving;" 1 Timothy 4:4
- "Let us come before him with thanksgiving and extol him with music and song." Psalm 95:2
- "Enter his gates with thanksgiving and his courts with praise." Psalm 100:4
- "Do not be anxious for anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." Philippians 4:



WHAT ARE YOUR THANKFUL FOR?



THINK "TURKEY DAY"

Fun for kids and the Mom's who love them.

Funny Turkey

The turkey is a funny bird
Its head goes bobble-bobble;

And all he knows is just one word...
And that is GOBBLE-GOBBLE!



Pumpkin Ice-Cream Pie.

INGREDIENTS (serves 8)

- 1 1/2 cups graham cracker crumbs
- 1/4 cup margarine, melted
- 3 tablespoons white sugar
- 1/2 gallon vanilla ice cream, softened
- 1 cup canned pumpkin
- 1/2 cup packed brown sugar
- 1 teaspoon ground ginger
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1 tablespoon orange juice

DIRECTIONS

To prepare crust, combine crumbs, sugar and margarine in a mixing bowl. Press mixture firmly into prepared pan.

Chill 1 hour or until firm. Or bake in a 375 degree F (190 degrees C) oven for 10 minutes or until edges are brown. Cool on rack before filling.

To prepare filling, combine ice cream, pumpkin, brown sugar, ginger, cinnamon, nutmeg, **and orange juice, and pour into crust.** Freeze until ready to serve.

Fun Thanksgiving Facts—

Lets Talk Turkey

- The Turkey Trot, a ballroom dance in the 1900s, was named for the short, jerky steps of the turkey. It became popular mainly because it was denounced by the Vatican as "suggestive."
- Turkeys are known to spend the night in trees! (Maybe to escape the Thanksgiving table?)
- Turkeys can drown if they look up when it's raining!
- A turkey's field of vision is 270 degrees--one of the main reasons they're able to elude some hunters.
- The average age of the Mayflower passenger was 32. The oldest Mayflower passenger was 64.
- There was no milk, cheese, bread, butter or pumpkin pie at the original Thanksgiving Day feast.
- Contrary to popular belief, the Pilgrims did not have big buckles on their clothing, shoes, or hats.
- Buckles did not come into fashion until the late 1600s – more appropriate for the Salem Witchcraft trial time period.
- The cranberry got its name because the pale pink blossoms on the plant resembled a crane's head and neck. The name craneberry stuck, eventually becoming cranberry.
- Fresh cranberries are ideal for cranberry sauce. Cranberries of the highest quality will always bounce! (If you try this at home, please wash the cranberries before eating.)
- President Abraham Lincoln established the original date for our National Thanksgiving Day celebration in 1863.
- President Thomas Jefferson scoffed at the idea of establishing a national "Thanksgiving Day."
- Congress did not declare Thanksgiving a national holiday until 1941.
- The average person consumes 4,500 calories on Thanksgiving Day. (Now that's a lot of turkey!)

May your stuffing be tasty

May your turkey plump,

May your potatoes and gravy

Have nary a lump.

May your yams be delicious

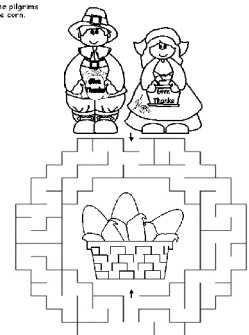
And your pies take the prize,

And may your Thanksgiving dinner

Stay off your thighs!

Thanksgiving Maze

Help the pilgrims find the corn.



Mommy and Me

Discount Swim at Enumclaw Pool
MWF 10:30-11:30AM \$1.00 Res
\$1.25 non-Res

Enumclaw Library-Fall story times
begin Sept 16th for more info. Call
the library at 360-825-2938

Tiny Tot Skate- Tues & Sat, Auburn
Skate Connection 10:30AM-
stroller skate with your baby or bring
your walking child and skate to-
gether for a fun filled hour. Price
includes skate rental and chilly willy
drink \$4 each (8 and younger); par-
ents skate free. 1825 Howard Road
Auburn 253-833-4990
www.auburnskate.com

Free MOPS Meetings. Would
you like to get your MOPS meet-
ings free? We are looking for a full
time steering Childcare worker.
This position would require you to
provide Childcare for the Steering
Team while they meet every other
Monday If you are interested
Please let your Table Leader
know.



off the mark by Mark Parisi
www.offthemark.com

**Mom's Night Out**

Mom's Night at the Mint. Once a
month we will be meeting at the
MINT in Enumclaw . All moms
are invited to join us. There will
always be at least 2 members of
Steering team there to meet you.

Next meeting.

Wednesday December 3rd 7PM

For Holiday events in Seattle
check out the Holiday Events
Planner at....

[http://seattle.citysearch.com/
roundup/39167/](http://seattle.citysearch.com/roundup/39167/)

**December Swap:**

Our December SWAP will be
Christmas decorations.

Remember to take home your
items if no one takes them.



Movie Club: Just like book clubs, movie clubs offer
an opportunity to gather with friends for entertain-
ment, fun discussion, food and drinks.

If anyone is interested in joining a movie club-
please contact Susan at 253-862-6936 or
sj_herman@yahoo.com

Family Fun

Stage Door Productions Presents:
A Christmas Story at JJ Smith
Elementary, 1640 Fell Street, No-
vember 29th, 6 PM Dessert &
Coffee; Show at 7:00 PM; Novem-
ber 30th, 1 PM Dessert & Coffee;
Show at 2 PM

Plateau Community Orchestra's
"HOLIDAY HIGHLIGHTS!" Con-
cert EHS Auditorium, Tuesday,
Dec. 2nd, 7:30pm

Program includes both classical
selections and traditional carols
presented by members of our own
community. Admission is by dona-
tion at the door. For Information
Call: Suzanne 360-825-8520.

December 6th Annual Christmas
Parade Cole Street, 6pm Parade
entry deadline is 12/1/08, Call
(360) 825-7666 for more info

Dec 6th Magical Morning with
Santa Thunder Mountain Middle
School, 9:30-11:30a

Cascade Foothills Chorale Concert
EHS Auditorium, 2:30pm, Dec. 6
& 7

Kick off your holiday season with
the Fantasy Lights WALK Sneak
Preview on Sunday, November
23, 2008 from 5:00-7:00 p.m. at
Spanaway Park Nov. 27, 2008 -
Jan. 4, 2009

5:30 - 9:30 p.m. at Spanaway Park

15 & 16 Enumclaw High School
Choir's "Silent Night" EHS Audito-
rium, 7:00pm \$2 Admission



Volleyball Anyone?

If you are interested in joining a volley ball league in Maple Valley Contact Stacie Webb at 360-886-9932. The league is co-ed and starts in January.

THANKYOU!!!!

A big thanks to Karina's group for providing Steering Childcare last week. Thank you: Ana Gwerder and Jordie VanHollebeke

All Mom's who provide steering childcare receive a free MOPS meeting.

Arbonne International

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Lisa Longtine
Independent Arbonne Consultant
253-332-0137
lisalongtine@myarbonne.com
www.puresafebeauty.myarbonne.com



Play is the language of children... and the right educational products are their words!



Discovery toys offer educational, stimulation, and safe toys for your child. When your child plays with Discovery Toys you don't have to worry about the safety and durability of the toys. The reason why is because of their quality and safety promise to parents. I would love to share these exciting and fun products with you. You may visit my website www.discoverytoyslink.com/John316 or call Lisa Hofer at 360-719-8188.

Sacred Heart MOPS would like to thank Enumclaw Self-Storage for use of their facility for the MOPS garage sale.

Enumclaw Self storage Your Storage solution

800 Blake Street,

Enumclaw WA 360-825-4143

Sacred Heart MOPS Classifieds-

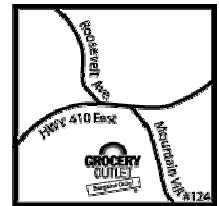
If you would like to put an ad in the MOPS classified

please email Susan Herman at sj_herman@yahoo.com

Feb 14th

Looking for a bargain- Don't forget to visit our Sponsor GROCERY OUTLET- in Enumclaw.

960 Roosevelt Ave
Enumclaw, WA 98022
360-825-9148



MOPS 2008-2009 Steering Team

Co-Coordinator: Jackie Morgan and Angela Ward

DGL Coordinator: Hollie Rubin.

Fundraising: Zoë Wyrsh.

Finance: Amy Zuydhoek.

Co-Hospitality: Kim Mckeighen and Nadine Hayes.

Co-Publicity: Susan Herman and Lisa Longtine.

Co-Craft: Tanya Brauer and Nicole McCoy

DGL's:

- Alicia Dickerson
- Charity Rohner
- Karina Dunlap
- Leah Tobin
- Shannon Galvin and Shawna Kelly

Mentors:

- Lu Blair
- Dianne Broaddus
- Michelle Bloye
- Camille Howard and Jouella Longtine

You're a Hot Mama!

Get your pre-baby Body Back!

Check out the [Transitions Lifestyle System](http://www.transitions.com)®, a total lifestyle and common-sense program to health and weight management. The system features cutting edge dietary supplements, delicious entrées, On the Go Bars and Shakes and a multifaceted approach to healthy living through low-glycemic eating, stress reduction and exercise. Discover some of Market America's best weight loss supplements in the Transitions line, including:

- Thermochrome w/ Advantra Z & Hoodia gordonii
- Carbohydrate Absorption Inhibitor
- Fat Conversion Inhibitor

Check out marketamerica.com/kimkalin
Contact Kimberly at krkalin@msn.com or 253.709.2135

Transitions: Not a diet, but a lifestyle!



Sacred Heart MOPS meetings Every Other Monday at Sacred Heart church in Enumclaw 1614 Farrelly St, Enumclaw 98022.

For More information contact Jackie @ 253-631-7094 Or visit us on the web at

www.orgsites.com/wa/shmops