

## Homemade Playdough

Part of the fun is making it yourself! Let your child do as much of the work as she can.

Ingredients:

2 cups of plain flour

1 cup of salt

4 tablespoons oil

2 cups of water

4 teaspoons cream or tartar

Food coloring, as desired

Directions:

Mix all ingredients together in a microwave-safe bowl. Microwave on a medium low power setting for 5 minutes, stirring occasionally. Further cooking maybe required for 1 minute on low power.

Alternatively, this can be done in a saucepan on the stove stirring continuously until it comes together well...

Knead well. Store in refrigerator in sealed container or zip-lock bag.

Provide various tools to work with: forks, plastic knife or safety scissors, rolling pin and cookie cutters.

Optional: Introduce your kids to different textures by mixing any of the following into your playdough: sand, dry rice, confetti, split peas, glitter, small leaves. (You can split the playdough into parts and then mix different textures into each part.)

## No Fuss Playdough

1 cup cold water

1 cup salt

2 teaspoons vegetable oil

2 cups flour

2 tablespoons cornstarch

Food coloring

In a large bowl, mix together water, salt, oil and a few drops of food coloring. Mix flour and cornstarch and add 1/2 cup at a time, stirring constantly (you may need a little more or a little less than 2 cups flour so make sure you stir in until it is the right consistency). Knead for a few minutes with flour on your hands