

Mountain State Family Alliance

Southwestern West Virginia's System of Care

Complete list of learning opportunities designed to enhance competencies of professionals, caregivers and families who work with children & adolescents experiencing serious emotional disturbances

*****ALL TRAININGS ARE CURRENTLY OFFERED FREE OF CHARGE*****

**FOR AN UPDATED SCHEDULE OF REGIONAL WORKSHOPS OR MORE INFORMATION,
CALL 1-888-711-4334 (REGION 2 FAMILY NETWORK)**

BASIC TRAINING MODULES & LEARNING OBJECTIVES

Family Centered Practice – 6 hours

(Community training that requires a mixed audience of families and professionals from a number of child serving agencies, Social Work CEU's available)

- Participants will be able to explain what family centered practice means and identify practices that are and are not family-centered.
- Participants will be able to explain the definition of "family" from a family-centered perspective, and identify the nine key elements of family-centered practice.
- Participants will be able to identify what systems changes need to occur within their communities and agencies to move toward a more family-centered approach to service delivery.
- Participants will know the definition, essential elements and underlying values and principles of culturally competent service delivery.

Introduction to Systems of Care and the Mountain State Family Alliance

Children's Mental Health Initiative – 1 to 3 hours (Includes video; targeted to audience)

- Participants will understand the principles of collaborative community based care.
- Participants will understand the importance of involving the child and family in all aspects of service planning and support activities.
- Participants will understand the national System of Care movement in children's mental health and how it has been implemented in southwestern West Virginia.
- Participants will learn how family members, professionals or policy level representative in various child serving systems can specifically build toward implementing a System of Care.

Solving the Puzzle of Children with DSM-IV Mental Health Diagnosis & the System of Care – 3 to 4 hours (targeted to audience)

- Participants will understand how the Diagnostic and Statistical Manual (DSM) is used by various agencies and professionals.
- Participants will become familiar with some of the most common DSM-IV diagnosis categories in children, as well as the medications and treatments associated with the diagnosis.
- Participants will understand unique issues facing family members of children with SED.
- Participants will understand what System of Care means and its importance to children with DSM-IV (mental health) Diagnosis.

Marshalling the Troops: Strength-based Individualized Service Planning – 6 hours

(requires mixed audience including family and professional team members; includes Mary Grealish nationally recognized videos. Social Work CEU's available)

- Participants will learn to design highly individualized service plans and supports for youth with serious emotional and behavioral challenges and their families.
- Participants will work in a cooperative and collaborative manner as a team member in the development of a "Wraparound" Service Plan.

Region 2 Resource & Service Fair – 1 to 4 hours (at participant's own pace during annual regional event)

- Participants will be able to identify and access a wide range of community resources, benefits and programs.
- Participants will be able to develop relationships with community representatives from other agencies and systems.

SPECIALIZED MODULES & LEARNING OBJECTIVES: “HONORING FAMILY DIFFERENCES” CULTURAL COMPETENCY SERIES

- Participants will learn to work more collaboratively and effectively as team members in service planning for children and families of different cultures and backgrounds.
- Participants will better understand their own personal, cultural values and beliefs, and appreciate the importance of multicultural identities in the lives of children, adolescents and families.
- Integrate cultural knowledge & sensitivity into programs & services for children and teens with emotional and behavioral challenges.

“Our Town”- A Family Centered Workshop on Honoring Family Differences— 1 to 3 hours; targeted to audiences of 18 to 36 participants

- How does “our town” deal with families and their differences? This lively, interactive workshop helps participants experience and appreciate family differences from a strengths-based, family centered perspective. Participants will utilize a simulation game to learn about family diversity issues and social barriers that limit access to community resources, and gain insight into culturally competent practice with West Virginia families. A variety of additional diversity resources and activities are available to fit the specific cultural competency needs of audience.

“Moving Toward A Culturally Competent System of Care” - Kenley Wade, Owner & Senior Management Consultant, Wade Management Consulting Services - 90-minute self-study video with handout masters

- Presentation covers basic principles & concepts of cultural competence in systems of care; the role of key stakeholders in planning & implementation; cultural competence in the policy arena; and the process of embedding cultural competence in community based systems of care. Presented at 2002 MSFA Conference.

“Appalachian Culture & the System of Care” - Teri Toothman, Mountain State Parents CAN - 90-minute self-study video with handout masters

- A look at Appalachian Values, the historical foundations of Appalachian culture, with a focus on competencies and differences of Appalachian families being served by helping agencies and systems. Presented at 2002 MSFA Conference.

“The Effect of Culture on the Special Needs Child” - Joyce Canter, M.A., Kanawha County Schools- 90-minute self-study video with handout masters

- Presented at 2002 MSFA Conference.

“How Culturally Competent Are You? Self-Assessment for Individuals & Organizations” - Tammy Pearson, M.A., Region II System of Care Evaluation Team, Marshall University School of Medicine – 90-minute self-study video with handout masters

- Participants identify cultural threads that weave into their own cultural identity, explore acceptance of others, and find out how individuals and organizations can become more culturally competent. Presented at 2002 MSFA Conference.

“Multicultural Assessment of Children & Adolescents” - Elizabeth Kelley Boyles, Ph.D., S.S.P., Marshall University Graduate College - 90-minute self-study video with handout masters

- A look at some of the cultural factors that are vital to conducting a “culturally competent” assessment, and how to read the assessment results of others with a multicultural view. Discussion of how various disabilities may present differently in various cultural groups and the many factors that complicate cross cultural assessment. Presented at 2002 MSFA Conference.

“Gay & Lesbian Issues of Adolescents & Families” - Cam Moore, M.A., LPC, Pretera Center for Mental Health Services

- Participants will learn about mental health issues typical of gay, lesbian and bisexual youth, as well as issues for children of gay and lesbian parents. Presented at 2002 MSFA Conference.

SPECIALIZED MODULES & LEARNING OBJECTIVES: SKILLS FOR PARENTS AND CARE PROVIDERS

- Participants will learn specific knowledge and hands-on skills to enhance the role of biological, kinship, foster and adoptive parents as well as residential care workers, mentors, teachers and anyone else serving the special needs of adolescents and children.

Families and the System of Care - 4 hours, facilitated by Parent Liaison

- What do families need to be active, equal team members when working with professionals to meet a child's special needs? This workshop focuses on documentation, working effectively with professionals in a "system of care" approach, and building on strengths to help children succeed in their homes, schools and communities. Training includes a priceless family resource: an individual **Care Notebook** to help families with record-keeping and care/service planning.

ADDITIONAL VIDEOTAPED WORKSHOPS CAN BE VIEWED AS SELF-STUDY OR PRESENTED IN FACILITATED PARENT-TO-PARENT WORKSHOPS:

A Parent's Introduction to Positive Behavior Support - presented by Cindy Bryant & Tamara Swinson of the Mountain State Family Alliance. Presented at 2004 MSFA Conference - 4 hours, facilitated by Parent Liaison

- Positive Behavioral Support (PBS) is a process for designing an individualized behavioral support plan that promotes positive changes in behavior, and impacting the overall quality of life in home, school, and in the community. This training includes a 90-minute video presentation by Cynthia Bryant and Tamara Swinson of the Mountain State Family Alliance, to introduce and discuss the concepts, guiding principles and results of effective Positive Behavioral Support plans. The Parent Liaison will help guide participants in activities designed to better understand and apply the PBS principles.

Solving the Puzzle of Children with DSM-IV Diagnosis & the System of Care - presented by Karen Yost of River Park Hospital, with parent vignettes.. - 4 hours, facilitated by Parent Liaison

MR/DD Co-occurring with Serious Emotional Disorders - presented by Lora Stanley of Braley & Thompson, Inc. Presented at 2004 MSFA Conference - 90-minute self-study video with handout masters

Panel: Meeting the Educational Needs of Children with Behavioral Challenges - presented by teacher and parent representatives from Cabell County & Kanawha County, WV. Presented at 2004 MSFA Conference - 90-minute self-study video with handout masters

Asperger's Syndrome - presented by Lora Stanley of Braley & Thompson, Inc. Presented at 2004 MSFA Conference - 90-minute self-study video with handout masters

Creating Lifebooks for Foster & Adoptive Children - presented by Stephanie Ward of Creative Memories & WV-DHHR Staff. Presented at 2004 MSFA Conference- 90-minute self-study video with handout masters

Reactive Attachment Disorder - presented by Lucy Earles & Megan Mansour Mynes of Goodwill Family Services, Huntington Presented at 2004 MSFA Conference - 90-minute self-study video with handout masters – **ADDITIONAL RESOURCE VIDEOS ALSO AVAILABLE ON ATTACHMENT ISSUES**

Caring for Sexually Reactive Youth - presented by Karen Yost of River Park Hospital. Presented at 2004 MSFA Conference - 90-minute self-study video with handout masters

Grant site of the federal Comprehensive Community Mental Health Services for Children & Their Families Program (SAMHSA), in conjunction with WV families, Region 2 Children's Summit, WV Department of Health & Human Resources, Office of Special Education, Division of Juvenile Services and provider agencies